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The Influence of Thermal Stress on Cadmium Uptake in Arctic Charr (Salvelinus alpinus) and Its Effects on Indicators of Fish Health and Condition, with Implications for Climate Change

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Abstract: Given the implications of heat stress on contaminant uptake and the importance of salmonid fish to Northern Indigenous peoples, investigating temperature-driven patterns in trace metal bioavailability is essential for assessing climate change risks. Here, juvenile Arctic charr were exposed for 8 weeks to cadmium (Cd) at a nominal concentration of 3 $\mu g \cdot L^{-1}$ (measured Cd: 1.81 \pm 0.47 $\mu g \cdot L^{-1}$) or controls (measured Cd: 0.03 \pm 0.03 $\mu g \cdot L^{-1}$) at a low (6 °C) or high (16 °C) temperature. Cd concentrations were measured in dorsal muscle, liver, and kidney tissues, and antioxidant (superoxide dismutase (SOD), catalase (CAT)) and anaerobic (lactate dehydrogenase (LDH)) capacities were assessed in liver tissue. Elevated temperatures significantly increased Cd uptake in analyzed tissues. $Log_{10}SOD$ activity decreased in the 6 °C-Cd treatment, while \log_{10} CAT activity declined in hightemperature treatments and log₁₀LDH activity was reduced in Cd-exposed groups. The results highlight the influence of temperature, but also of combined thermal and trace metal stressors on Arctic charr's antioxidant and anaerobic capacities. Biometric data indicate that temperature exerted a stronger negative influence on growth than Cd, with synergistic effects of temperature and Cd on the hepatosomatic index. Overall, this research highlights the thermal stress impacts on Cd uptake and Arctic charr physiology.

Keywords: arctic charr; cadmium; thermal stress; enzyme activity; climate change Academic Editor: Frank Gobas

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1. Introduction

Northern fish are facing increasing pressures associated with climate change. Initially, fish may be able to avoid suboptimal temperatures through displacement to a more suitable habitat, although some species may have little capacity to accommodate thermal changes [1,2]. Furthermore, temperature-induced costs to swimming capacities [3,4], which are directly related to ecologically and physically relevant behaviours, are expected to limit the energy available for growth and reproduction [5,6], with overall implications for fitness and survival. Adding to these challenges, it is suggested that an increase in the frequency and intensity of hot episodes predicted with climate change models will exacerbate and compound trace metal uptake when contaminant and temperature stressors are applied synergistically, as previous research has indicated that when subjected to heat stress, fish become less resistant to contaminants [7,8].

As numerous physiological and behavioural disruptions are associated with elevated tissue trace metal uptake in fish, the combined effect of warming water temperatures and trace metal contamination may pose a significant threat to fish health in populations near contaminant sources. Detoxification and the repair of affected biological tissues or systems result in costs that reduce energetic reserves [9,10], subsequently limiting their availability for other vital functions. A decline in growth efficiency [11,12] can then occur, ultimately diminishing overall fish health and survival. There is also evidence that certain trace metals are biomagnified throughout the food web [13,14] and can reach high concentrations in large-bodied predatory fish. This is of significant concern to Northern Indigenous peoples, who may practice subsistence fishing on traditional territories proximate to sources of potential trace metal contamination and who consume large quantities of fish, especially from the family Salmonidae. Northern salmonids such as Arctic charr (Savlelinus alpinus) are an economic and culturally important food resource [15]. Essential for mitigating Northern food insecurity [16], salmonids are a principal component of the year-round diet of Indigenous people across the circumpolar Arctic. Despite the negative implications of trace metals for fish and human health [17,18], research exploring trace metal contamination in Northern salmonids has been poorly represented in the literature beyond investigations into mercury (Hg) concentrations. In controlled laboratory-based settings, available research again has focused primarily on the uptake, handling, and accumulation of Hg (e.g., [19,20]). This highlights the need to examine the critical thresholds of metal contamination for Northern salmonids in conjunction with temperatures anticipated under climate change scenarios.

To address these shortcomings, here, Arctic charr were exposed for 8 weeks to Cd at both 6 °C and 16 °C, to assess the response of health and condition indicators to heat and metal stressors, as well as their combined effects. Cadmium was selected as it is a non-essential metal, toxic even at low concentrations, with no known biological benefit [21]. Anthropogenic activity, including mining, accounts for the majority of Cd released into receiving aquatic environments [22–24]. In fish, uptake occurs across the gills and via digestive and transcutaneous absorption [25,26]. Initial biomarkers of Cd contamination include biochemical or cellular changes which eventually result in whole system physiological and metabolic dysfunction [27,28]. There is also some evidence of Cd biomagnification through aquatic food webs [29,30] and, in humans, acute Cd exposure can result in flu-like symptoms, while prolonged contamination can cause subsequent deleterious nephrotoxic, immunotoxic and carcinogenic effects [31,32].

To assess whether tissue Cd accumulation would be higher in Arctic charr exposed to the combined trace metal and thermal stressors, uptake in consumed tissue (e.g., dorsal muscle) and detoxifying organs (e.g., liver, and kidney) were evaluated. Modifications in the activity levels of the indicators of stressor-induced disruption to antioxidant defence capacities in fish [33,34], superoxide dismutase (SOD) and catalase (CAT) in liver, were used to assess whether co-exposure to thermal stress and Cd resulted in higher activity of oxidative stress marker values from Arctic charr subjected to control, contaminant or temperature stressors alone. Oxidative stress biomarkers have been increasingly recognized as important tools for ecotoxicological research [35,36], as trace metals induce oxidative stress through the generation of reactive oxygen species, which are detoxified by key enzymatic compounds in the antioxidant defence system, such as SOD and CAT [37,38]. Trace metals are also known to impair metabolic and energetic processes [11,39,40], which may have negative implications for essential behaviours and subsequent repercussions for overall fish health and condition. Therefore, we also investigated whether combined thermal and trace metal stressors would prompt a greater reliance on anaerobic metabolism for energetic production in Arctic charr than control, contaminant, or temperature stressors alone. The anaerobic metabolism was evaluated by measuring the activity levels of the glycolytic enzyme LDH, which has been documented to increase after contaminant exposure [41,42].

Additionally, the effects of Cd and thermal stress on integrative whole system responses were evaluated via measured differences in biometric (fork length, whole weight, Fulton's condition factor (K), and hepatosomatic index (HSI)) variables. Biometric biomarkers, such as K and HSI, can be used as diagnostic tools for determining fish health in contaminant studies. Declines in K [43–45] and HSI [46–48] values have been consistently documented with the accumulation of trace metals and can suggest a decline in growth efficiency [11,12] with energy resources being allocated to detoxification and depuration [9,10,49]. Correlations between tissue Cd concentrations and biometric and physiological biomarkers of effects were also investigated. Finally, a principal component analysis (PCA) was performed to investigate the relationships between tissue Cd concentrations and SOD, CAT, LDH and biometric biomarkers to reduce the dimensionality of the dataset and to further examine correlations among the studied parameters.

2. Materials and Methods

2.1. Fish and Experimental Design

Exposures were performed following protocols modified from those outlined in Fadhlaoui and Couture [34] and Fadhlaoui, et al. [50]. Juvenile Arctic charr (n = 420) (mass ≈ 20 –80 g) were purchased from Pisciculture des Monts-de-Bellechasse Inc. (Saint-Damien-de-Buckland, Québec City, QC, Canada) and held in a multi-unit aquatic housing system custom designed by Aquaneering Inc. (San Diego, CA, USA) in a temperature-controlled room at the Institut National de la Recherche Scientifique—Centre Eau Terre Environnement (INRS-ETE) in Québec City, Québec, Canada. The system includes four closed, recirculating, self-monitoring units with individual temperature control. Each of the four units house three constantly oxygenated 75 L polycarbonate aquaria managed by a four-stage filtration system comprising a mechanical filter, a fluidized bed biofilter, carbon filters, and an ultraviolet light sterilizer.

Aquaria were filled with reverse osmosis water supplied by a reverse osmosis water maker (Aquaneering Inc., San Diego, CA, USA) that combines a carbon pre-filter, sediment filter, and membrane. Water exchanges were performed via mechanical pump connecting a 300 L storage reservoir to the aquaria in the four units. These were completed daily to remove food residues and metabolic wastes, as well as maintain contaminant concentrations, with water volume (approximately 25% of total water volume) being renewed to account for evaporation and exchange volume. Physiochemical parameters (ammonia $(\overline{x} = 0.3 \text{ mg} \cdot \text{L}^{-1})$, nitrates $(\overline{x} = 5 \text{ mg} \cdot \text{L}^{-1})$, nitrites $(\overline{x} = 0.1 \text{ mg} \cdot \text{L}^{-1})$, and water hardness (general hardness (GH) [$\overline{x} = 61-100 \text{ mg} \cdot \text{L}^{-1}$] and carbonate hardness (KH) [$\overline{x} = 20-80 \text{ mg} \cdot \text{L}^{-1}$]) were monitored daily, while system pH (7.4) and conductivity [$450-685 \mu$ S/cm] were continuously monitored with an Aquadose System (Aquaneering Inc., San Diego, CA, USA) that recognizes divergence from pre-programmed pH and conductivity values and will automatically correct levels to ensure consistency in the system. Conductivity and pH values were adjusted with sea salt (crystal sea bioassay formula marine mix, Aquaneering Inc., San Diego, CA, USA) and sodium bicarbonate (powder/certified ACS, Fisher Scientific, Whitby, ON, Canada), respectively.

Prior to beginning the exposure experiments, fish were distributed in each of the 12 tanks (35 fish per tank) to achieve a similar total biomass in each tank. Fish were then acclimatized for 14 days at 11 ± 1.0 °C with a 16 h light and 8 h dark photoperiod. Control acclimatization temperatures were chosen based on previous literature detailing optimal temperatures for laboratory-based growth experiments for Arctic charr [51,52], as well as studies describing temperature preferences and optimal temperatures for growth efficiency under environmental conditions [53,54]. During this period, 35 fish were held in each of the 75 L aquaria, monitored daily, and fed commercial fish pellets ad libitum. After the acclimatization period, water temperature was lowered (in 6 aquaria) or raised (in 6 aquaria) at a rate of 1 °C per day to reach a high temperature treatment of 16 ± 1.0 °C and a cold temperature treatment of 6 ± 1.0 °C. The experimental cold temperature (6 ± 1.0 °C) was chosen

to reflect the conditions observed in the high Arctic and optimal thermal preferences [55,56], as well as conditions described in previous literature detailing laboratory-based Arctic charr experiments [19,57,58], while the temperature chosen for the thermal stress treatment (16 °C \pm 1.0 °C) was based on projected increases in summer water temperatures modelled for Arctic regions [59,60] and thermal limits for Arctic charr [55,61].

For each temperature, 3 aquaria (one unit) were used as a control (uncontaminated), while 3 aquaria for each temperature were contaminated with Cd. Metal exposure began when experimental temperatures were reached with the addition of 3 $\mu g \cdot L^{-1}$ of cadmium chloride (CdCl₂) (analytical grade; 99.9% purity) purchased from Sigma Aldrich (Oakville, ON, CA) from a stock solution prepared with Milli-Q water. To balance ecological relevance with experimental sensitivity, a Cd exposure concentration of $3 \,\mu g \cdot L^{-1}$ was chosen to reflect Cd concentrations in freshwater in areas proximate to mining operations [62–64], those used in prior laboratory-based fish exposure studies [65–69], yet remain sufficient to elicit discernible biological responses within the defined timeframe. Throughout the course of the exposure, water chemistry parameters (pH (\overline{x} = 7.4), conductivity [450–685 µS/cm], and temperature) were constantly monitored via the aquatic housing system, while other variables, such as water hardness (general hardness (GH) [$\overline{x} = 61-100 \text{ mg} \cdot \text{L}^{-1}$] and carbonate hardness (KH) [\overline{x} = 20–80 mg·L⁻¹]), ammonia (\overline{x} = 0.3 mg·L⁻¹) nitrites (\overline{x} = 5 mg·L⁻¹) and nitrates ($\overline{x} = 0.1 \text{ mg} \cdot \text{L}^{-1}$) were evaluated daily. Fish were fed commercial fish pellets ad libitum during the exposures. Metal concentrations were assessed after every water change to correct and maintain the desired elemental concentrations. For Cd, measured water concentrations were $1.806 \pm 0.47 \ \mu g \cdot L^{-1}$ (mean \pm standard deviation, n = 330; two temperatures, three aquaria per temperature, one sampling from each aquarium per day, beginning on exposure day two). The average concentration of Cd in control aquaria were $0.027 \pm 0.03 \ \mu g \cdot L^{-1}$ (mean \pm standard deviation, n = 330; two temperatures, three aquaria per temperature, one sampling from each aquarium per day, beginning on exposure day two). Additionally, 63 water samples from the control aquaria were determined to be below analytical detection limits.

At the end of the exposure period (8 weeks) fish were sacrificed with a sharp blow to the head. Measurements for fork length (mm) and whole weight (g) were then taken and these measurements used to calculate the condition factor K after confirming isometric growth [70], which was determined after performing standardized weight–length regressions and ensuring that the slope of this regression does not significantly deviate from a value of three [70]. Negative associations between K and trace metal concentrations have been suggested to be reflective of declines in growth efficiency [11,12] with energy resources being allocated to detoxification and depuration [9,10]. K was calculated as follows:

$$\mathbf{K} = \frac{W_t}{FL^3} * 100$$

where W_t and FL are the respective measured total weight (g) and fork length (mm) of the individual fish [70]. Fish were then dissected on ice with liver weight (±0.1 mg) recorded and used to calculate fish hepatosomatic index (HSI), which is used as a diagnostic tool for determining fish health in contaminant studies [46,47] and may reflect toxicant induced chemical and cellular changes reflective of organ and organismal damage [71,72]. HSI was calculated as follows:

$$HSI = \frac{W_L}{W_t} * 100 \tag{1}$$

where liver weight (g) and fish total weight (g) are represented by W_L and W_t , respectively. Samples of dorsal muscle, liver, and kidney tissue were then collected for metal analysis and immediately placed in 15 mL trace metal free tubes and frozen at -20 °C for subsequent analysis of Cd concentrations. For enzyme activity assays and protein concentration determination, liver tissue was sub-sampled and stored in cryogenic tubes at -80 °C. All procedures involving Arctic charr were approved by the INRS-ETE institutional animal care committee.

2.2. Cadmium Analysis

Trace metal analysis was performed at the INRS-ETE. For metal determination of the collected water samples, each sample was acidified to a pH of 2 through the addition of optima grade nitric acid and stored at 4 °C until analysis using inductively coupled plasma mass spectrometry (ICP-MS). Results are reported in $\mu g \cdot L^{-1}$. After lyophilisation for 72 h (FTS Systems TMM, Kinetics Thermal Systems, Longueuil, QC, Canada), freeze-dried dorsal muscle, liver, and kidney tissue were weighed to 100–150 mg \pm 0.1 mg (XS205 DualRange Analytical Balance, Mettler Toledo, Mississauga, ON, Canada) to determine dry weight (dw). Samples were then digested in 1500 μ L nitric acid (70%, v/v, Optima grade, Fisher Scientific, Whitby, ON, Canada) for 3 days at room temperature, then heated at 60 °C for 2 h. After cooling, 750 μ L hydrogen peroxide (30%, v/v, Optima grade, Fisher Scientific, Whitby, ON, Canada) was added before dilution with ultrapure water to reach a final digestion volume of 15 mL. Concentrations of Cd were then quantified using ICP-MS (Model x-7, Thermo Elemental, Winsford, England, UK) with all results reported in $\mu g \cdot k g^{-1}$ dw. Certified reference materials from the National Research Council of Canada (NRCC, Halifax, NS, Canada) TORT-3 (Lobster hepatopancreas) and DOLT-5 (Dogfish liver), as well as blanks were also subjected to the same digestion procedure and analyzed concurrently to establish accuracy and recovery. Percent recoveries are reported as mean percentage of certified value \pm standard deviation. For TORT-3, percent recovery was 94.69 \pm 6.04%, while DOLT-5, percent recovery was $90.04\% \pm 7.22\%$.

2.3. Enzyme and Protein Assays

For enzyme assays, liver tissue was homogenized in a buffer solution (20 mM HEPES, 1 mM EDTA, and 0.10% Triton X-100) and activities measured in triplicate using a UV/Vis spectrophotometer (Varian Cary 100, Varian Inc., Palo Alto, CA, USA) on a microplate at room temperature (20 °C). To test for possible variations in individual condition that would affect enzyme activity measurements, enzyme activity was normalized to the protein concentration of individual homogenates, which were determined via the Bradford protocol [73] with a Coomassie Protein Assay Kit (No. 23200) (Thermo Fisher Scientific, Waltham, MA, USA) based on the method described in Lowry, et al. [74].). Bovine serum albumin was used as a standard. Enzyme activities are expressed as international units (IU) (µmol of substrate converted to product per min) per g of protein wet weight and all chemicals used in the enzyme assays were purchased from Sigma-Aldrich Canada (Oakville, ON, Canada) or Cayman Chemicals (Ann Arbor, MI, USA). Reaction conditions for the various enzymes are as follows:

Catalase (CAT; EC 1.11.1.6): Catalase activity was measured using an assay kit (No. 284 707002 purchased from Cayman Chemical Company Inc. (Ann Arbor, MI, USA)), following the manufacturer's protocol at 540 nm.

Superoxide dismutase (SOD; EC 1.15.1.1): Superoxide dismutase activity was performed using an assay kit (No. 706002 purchased from Cayman Chemical Company Inc. (Ann 288 Arbor, MI, USA)), following the manufacturer's protocol at 450 nm.

Lactate dehydrogenase (LDH; EC 1.1.1.27): Phosphate buffer (100 mM, pH 7.2), β -nicotinamide adenine dinucleotide (β -NADH) 0.16 mM, pyruvate 5.0 mM (omitted in controls) at a wavelength of 340 nm [75,76] for 7 min.

2.4. Statistical Analysis

Statistical analyses were performed using JMP (v. 17.0.0, SAS Institute Canada Inc., ON, Canada) with Type I error set to $\alpha = 0.05$. Data consistency with normality assumptions was verified using residual diagnostic histograms, visual assessment of Q-Q plots, and the Shapiro–Wilk test [77], while homoscedasticity assumptions were validated using the Bartlett's test or the Levene's test. Data that did not meet parametric assumptions were \log_{10} transformed [78]. Linear regressions were used to determine the relationship significance among variables, while generalized linear models (GLMs) with a normal distribution and identity link function were employed to evaluate the effects of tissue Cd concentrations, treatment temperature, and their interaction on measured biometric parameters (fork length, whole weight, K, and HSI) [79,80]. Additional GLMs were performed to investigate the relationship between liver Cd concentrations, temperature, and the interaction between liver Cd and temperature on enzymatic activity levels (SOD, CAT, and LDH). Unpaired, one-way and two-way analysis of variances (ANOVAs), including interaction terms were also used to determine significant differences among exposure treatment conditions [78]. Both ANOVA models were followed by Tukey-Kramer honestly significant difference post hoc tests to assess significant differences between treatment means [78].

Kruskal–Wallis one way analysis of variances, and non-parametric two-way ANOVAs were used when the data did not conform to the required parametric assumptions with Dunn's test being used for post hoc assessment [78]. Partial eta-squared (ηp^2) were additionally calculated for both ANOVA and Kruskal–Wallis models to assess the proportion of variance in investigated parameters (biometric variables, tissue Cd uptake, and measured changes in enzymatic activity) attributed to treatment conditions. Finally, a principal component analysis (PCA) was computed for each exposure-treatment condition to investigate relationships between biomarkers and Cd concentrations in Arctic charr liver tissue to reduce the dimensionality of the dataset. Subsequently, major outputs from the PCA were then evaluated with Spearman correlations (r_s) to identify significant relationships between tissue Cd concentrations and biomarkers.

3. Results

3.1. Variation in Biometric Variables and Fish Condition Across Exposure Treatments

Biometric variables for each of the four treatments can be found in Table 1. Fork length varied significantly by treatment ($X^2_{(3,406)} = 30.59$, p < 0.0001), with treatment condition explaining 6.32% of the variability in observed fork length measurements. Fork lengths of fish in 6 $^{\circ}$ C treatment were significantly greater than those seen with fish held in the 16 $^{\circ}$ C (p = 0.0002) and 16 °C-Cd treatment (p < 0.0001). Arctic charr in the 6 °C-Cd treatment also had significantly greater average fork lengths than those in the 16 °C (p = 0.0185) and the 16 °C-Cd treatment (p = 0.0003). No significant differences were determined for fork length comparisons between 6 °C and 6 °C-Cd treatments (p = 0.1723), or between 16 °C and 16 °C-Cd treatments (p = 0.3550). Two-way ANOVAs were also performed to evaluate the influences of Cd, temperature, and their interactions on significant differences in measured biometric variables among exposure treatments, with results from these tests also displayed in Table 1. Temperature significantly influenced the variability in fork length measurements observed among treatment conditions, while the effect of Cd and the interaction between temperature and Cd was not significant. Whole weight also varied significantly by treatment ($X^{2}_{(3,409)} = 21.09$, p = 0.0001) with treatment condition explaining 4.24% of the variability in observed whole weight measurements and with greater values seen in the 6 °C treatment than those observed in the 16 °C (p = 0.0005) and the 16 °C-Cd treatment (p < 0.0001). Arctic charr in the 6 °C-Cd treatment also had significantly greater average whole weights than those in the 16 $^{\circ}$ C (p = 0.0496) and the 16 °C-Cd treatment (p = 0.0179). No significant differences were determined for fork length comparisons between 6 °C and 6 °C-Cd treatments (p = 0.0838), as well as between 16 °C and 16 °C-Cd treatments (p = 0.8521). A two-way ANOVA again highlighted the significant influence of temperature, but not of Cd, on the variability in whole weight measurements.

Table 1. Means \pm standard deviations and ranges (minimum; maximum) for fork length (mm), total weight (g), somatic condition (K), and hepatosomatic index (HSI) of Arctic charr for each treatment. Sample sizes (*n*) are indicated in brackets. Different letters indicate significant differences among treatments with bolded values identifying significant models and significant effects of independent variables for the two-way ANOVA.

	Exposure Treatment				Two-Way ANOVA					
	6 °C (101)	6 °C-Cd (105)	16 °C (99)	16 °C-Cd (105)	Model	Temperature	Cd	Interaction		
Fork length	165 ± 12 a $126;197$	162 ± 13 a $117;191$	159 ± 12 ^b 128;190	157 ± 11 ^b 125;192	$\begin{array}{l} F_{(3,409)} &= 9.158 \\ p &< 0.0001 \end{array}$	<0.0001	0.0642	0.6521		
Whole weight	40.6 ± 9.8 a 19.0;78.0	38.3 ± 10.0 _{ab} 12.0;71.0	35.5 ± 9.1 ^b 15.0;64.0	35.2 ± 7.8 ^b 16.0;65.0	$F_{(3,409)} = 7.600$ p < 0.0001	<0.0001	0.1640	0.2866		
К	0.90 ± 0.07 a $0.69;1.08$	0.88 ± 0.79 a $0.63;1.13$	0.87 ± 0.09 a $0.67;1.09$	0.90 ± 0.08 ^a $0.73;1.13$	$F_{(2,407)} = 0.6009$ p = 0.5488	0.7314	0.2993	-		
HSI	1.16 ± 0.22 a $0.55;2.00$	1.22 ± 0.22 a 0.69;1.96	0.98 ± 0.16 c 0.44;1.38	1.04 ± 0.18 ^b 0.64;1.66	$F_{(3,409)} = 31.75$ p < 0.0001	<0.0001	0.0016	0.8906		

Statistical testing of the slope of the standardized weight-length regression confirmed isometric growth, thereby allowing the use of Fulton's K. However, no significant differences in average K values were observed among treatments ($X^2_{(3,409)} = 5.802$, p = 0.1217) and treatment condition only explained 0.68% of the observed variability in K values. A two-way ANOVA confirmed that neither temperature nor Cd significantly influenced K values, even after removing the interaction factor. Unlike K, HSI values exhibited significant differences among treatments ($X^{2}_{(3,409)}$ = 91.029, *p* < 0.0001) and treatment condition explained 17.7% of the observed variability in HSI values. Non-parametric post hoc testing indicated that fish maintained at 16 °C exhibited significantly lower HSI values than those at 6 °C, regardless of Cd exposure (p < 0.0001). Arctic charr in the 16 °C-Cd treatment also had significantly lower HSI values than those at 6 °C, regardless of Cd exposure (p < 0.0001). Significant differences in HSI values were also observed between Arctic charr exposed to the 16 °C and 16 °C-Cd treatments (p = 0.0117), while no significant differences were determined between fish held in the 6 °C and 6 °C-Cd treatments (p = 0.1562). Finally, the two-way ANOVA indicated the significant influence of both temperature and Cd on the variability in HSI values observed among treatments. However, the interaction between temperature and Cd was not significant.

3.2. Variation in Cd Uptake in Dorsal Muscle, Liver, and Kidney Tissues and Relationships with Biometric Variables

Significant differences in uptake among exposure conditions for dorsal muscle, liver, and kidney tissues are illustrated in Figure 1. Dorsal muscle Cd concentrations varied significantly by treatment ($X^2_{(3,398)} = 241.2$, p < 0.0001), with treatment condition explaining 37.3% of the variation in observed dorsal muscle Cd concentrations. Cadmium values from fish exposed to the 6 °C-Cd were significantly greater than those observed in the 6 °C treatment (p < 0.0001), and dorsal muscle from the 16 °C-Cd treatment also exhibited significantly greater Cd concentrations than those observed in Arctic charr held in the 6 °C (p < 0.0001) and 6 °C-Cd treatment (p < 0.0001). However, unexpectedly, Cd dorsal muscle concentrations in the 16 °C treatment were also significantly greater than

those observed in dorsal muscle of Arctic charr held in the 6 °C (p < 0.0001), 6 °C-Cd (p < 0.0001), and the 16 °C-Cd treatment (p < 0.0001). A two-way ANOVA suggested that while temperature significantly influenced the observed variability in dorsal muscle log₁₀Cd concentrations, Cd as an explanatory variable had no significant effect. However, the interaction between temperature and Cd significantly affected the variability in dorsal muscle Cd concentrations.



Figure 1. Means \pm standard error of Cd concentrations ($\mu g \cdot k g^{-1}$ dry weight) in dorsal muscle (**top**), liver (**middle**), and kidney (**bottom**) from Arctic charr (n = 410) for each treatment after 8 weeks. Different letters indicate significant differences among treatments.

Arctic charr liver Cd concentrations also varied significantly by treatment ($X^2_{(3,408)} = 329.5$, p < 0.0001) with 44.5% of the variability in liver Cd concentrations explained by the exposure-treatment condition. Samples from the 6 °C-Cd treatment exhibited significantly greater Cd concentrations than those observed in the 6 °C (p < 0.0001) and 16 °C treatment (p < 0.0001). Liver samples from Arctic charr exposed to 16 °C-Cd conditions also had significantly greater liver Cd concentrations than those in the 6 °C (p < 0.0001) and 16 °C treatment (p < 0.0001). However, liver Cd concentrations measured in the 16 °C-Cd treatment (p < 0.0001). However, liver Cd concentrations measured in the 16 °C-Cd treatment were significantly greater than those from the 6 °C-Cd treatment (p < 0.0001). The influence of temperature on Arctic charr liver Cd uptake was further evident, with liver Cd concentrations being significantly greater in the 16 °C treatment when compared to the concentrations from the 6 °C treatment (p < 0.0001). A two-way ANOVA indicated a significant effect of temperature and Cd on the variability in liver log₁₀Cd concentrations across treatments, yet the interaction between temperature and Cd was non-significant.

Similar to the trends in liver, the kidney Cd concentrations also varied significantly by treatment ($X^2_{(3,409)} = 363.7$, p < 0.0001), with the treatment explaining 47.2% of the observed variation in kidney Cd concentrations. Kidney samples from fish exposed to the 6 °C-Cd treatment demonstrated significantly greater Cd concentrations than those observed in Arctic charr held in the 6 °C (p < 0.0001) and 16 °C treatment (p < 0.0001). Kidney tissue subsampled from the 16 °C-Cd treatment also exhibited greater kidney concentrations than samples originating from the 6 °C (p < 0.0001) and 16 °C treatment (p < 0.0001). Similar to that observed with liver Cd concentrations, kidney Cd concentrations from the 16 °C-Cd treatment were significantly greater than those from the 6 °C-Cd treatment (p < 0.0001). Finally, a two-way ANOVA suggested that temperature, Cd, and the interaction between temperature and Cd significantly influenced the observed variability across the four treatments.

Significant relationships between dorsal muscle, liver, and kidney Cd and biometric variables and the results from the GLMs can be found in Table 2. For dorsal muscle, relationships with Cd concentrations and biometric variables were generally not significant, with the exception of the negative relationship between \log_{10} Cd and fork-length in Arctic charr from the 6 °C-Cd treatment. For liver tissue, a greater frequency of significant relationships between Cd concentrations and biometric variables was observed, but mostly for the 6 $^\circ C$ treatments. In the 16 °C treatment, \log_{10} Cd liver concentrations significantly increased with associated decreases in HSI values. However, in the 6 °C treatment, liver \log_{10} Cd concentrations significantly increased with declines in fork length, whole weight, fish condition, and HSI values. Finally, for the 6 °C-Cd treatment, liver log₁₀Cd concentrations were positively correlated with fork length and whole weight but again liver \log_{10} Cd concentrations were negatively correlated with HSI values. Relationships between kidney log₁₀Cd concentrations and biometric correlates were similar to those observed with liver tissue. In the 16 °C treatment, kidney \log_{10} Cd concentrations significantly increased with reduced fish condition and HSI values. Again, in the 6 °C treatment, kidney log10Cd concentrations significantly increased with diminishing fork length, whole weight, fish condition, and HSI values. In the 16 °C-Cd treatment, Cd kidney concentrations only correlated positively with fish condition, while in the 6 $^{\circ}$ C-Cd treatment kidney log₁₀Cd significantly increased with fish weight and somatic condition. Given the limited number of significant relationships identified between Cd concentrations and biometric variables in the linear regression models, GLMs were performed to enhance explanatory power and account for shared variance not captured in the individual regressions. The GLMs revealed significant effects of temperature, Cd exposure, or their interaction on several biometric variables. For dorsal muscle Cd, significant models were observed for fork length, whole weight, and HSI, with Cd and the Cd-temperature interaction significantly

contributing to the observed variation in fork length and whole weight measurements. For HSI, temperature was the only independent variable that had a significant effect on this biometric parameter. In liver Cd models, all biometric variables, excluding K, demonstrated significant model effects, with temperature significantly influencing fork length, whole weight, and HSI measurements. For kidney Cd, all biometric variables were associated with significant model outcomes. However, temperature was the only independent variable with a significant effect on HSI in this tissue.

Table 2. Linear regressions between dorsal muscle, liver, and kidney Cd concentrations (μ g·kg⁻¹ dry weight) and biometric variables (fork length, total weight, somatic condition (K), and hepatosomatic index (HSI)) from the four exposure treatments combined (n = 410). Positive significant relationships are bolded and negative significant relationships are bolded and underlined (p < 0.05). Bolded values also identify significant models and significant effects of independent variables for the generalized linear models (GLMs).

Dorsal Muscle Cd										
	Linear Regressions 6 °C 6 °C-Cd 16 °C			16 °C-Cd Model		GLMs Temperature	Cd	Interaction		
Fork length	$r^{2}_{(1,93)} = 0.011$ p = 0.2937	$\frac{r^2_{(1,102)} = 0.051}{p = 0.0218}$	$r^{2}_{(1,94)} = 0.000$ p = 0.4927	$r^{2}_{(1,103)} = 0.011$ p = 0.2750	$X^{2}_{(4,397)}$ = 32.79 p < 0.0001	0.0543	0.0025	0.0028		
Whole weight	$r^{2}_{(1,93)} = 0.020$ p = 0.1690	$r^{2}_{(1,102)} = 0.027$ p = 0.0975	$r^{2}_{(1,94)} = 0.001$ p = 0.7898	$r^{2}_{(1,103)} = 0.016$ p = 0.1930	$X^{2}_{(4,397)} = 27.14$ p < 0.0001	0.0682	0.0049	0.0057		
К	$r^{2}_{(1,93)} = 0.009$ p = 0.3516	$r^2_{(1,102)} = 0.001$ p = 0.7348	$r^{2}_{(1,94)} = 0.000$ p = 0.8559	$r^{2}_{(1,103)} = 0.016$ p = 0.1930	$X^{2}_{(4,397)} = 1.972$ p = 0.7409	0.2266	0.2528	-		
HSI	$r^{2}_{(1,93)} = 0.009$ p = 0.3721	$r^{2}_{(1,102)} = 0.032$ p = 0.0697	$r^{2}_{(1,94)} = 0.000$ p = 0.1881	$r^{2}_{(1,103)} = 0.001$ p = 0.7364	$X^{2}_{(4,397)} = 77.06$ p < 0.0001	0.0006	0.1207	0.0973		
Liver Cd										
	Linear regressions 6 °C 6 °C-Cd 16 °C			16 °C-Cd	Model	GLMs Temperature	Cd	Interaction		
Fork length	$\frac{r^2_{(1,98)} = 0.113}{p = 0.0006}$	$r^{2}_{(1,103)} = 0.085$ p = 0.0025	$r^{2}_{(1,96)} = 0.005$ p = 0.4591	$r^{2}_{(1,101)} = 0.006$ p = 0.4503	$X^{2}_{(4,404)} = 23.61$ p < 0.0001	<0.0001	0.7704	0.4906		
Whole weight	$\frac{r^2_{(1,98)} = 0.139}{p = 0.0001}$	$r^{2}_{(1,103)} = 0.069$ p = 0.0066	$r^{2}_{(1,96)} = 0.013$ p = 0.2673	$r^{2}_{(1,101)} = 0.022$ p = 0.1363	$X^{2}_{(4,404)} = 19.07$ p < 0.0001	<0.0001	0.9892	0.9681		
К	$\frac{r^2_{(1,98)} = 0.073}{p = 0.0066}$	$r^{2}_{(1,103)} = 0.007$ p = 0.4063	$r^{2}_{(1,96)} = 0.013$ p = 0.2649	$r^{2}_{(1,101)} = 0.036$ p = 0.0549	$X^{2}_{(4,404)} = 7.573$ p = 0.1085	0.9669	0.2252	-		
HSI	$\frac{r^2_{(1,98)} = 0.224}{p < 0.0001}$	$\frac{r^2_{(1,103)} = 0.056}{\underline{p = 0.0151}}$	$\frac{r^2{}_{(1,96)} = 0.059}{\underline{p} = 0.0153}$	$r^{2}_{(1,101)} = 0.000$ p = 0.9893	$X^{2}_{(4,404)} = 80.60$ p < 0.0001	<0.0001	0.2390	0.2036		
				Kidney Cd						
	Linear regressions 6 °C 6 °C-Cd 16 °C			16 °C-Cd	Model	GLMs Temperature	Cd	Interaction		
Fork length	$\frac{r^2{}_{(1,97)} = 0.219}{p < 0.0001}$	$r^{2}_{(1,102)} = 0.028$ p = 0.0896	$r^{2}_{(1,97)} = 0.000$ p = 0.9144	$r^{2}_{(1,103)} = 0.000$ p = 0.9902	$X^{2}_{(4,404)} = 25.17$ p < 0.0001	0.1958	0.3226	-		
Whole weight	$\frac{r^2_{(1,97)} = 0.293}{p < 0.0001}$	$r^{2}_{(1,102)} = 0.044$ p = 0.0320	$r^{2}_{(1,97)} = 0.007$ p = 0.4179	$r^{2}_{(1,103)} = 0.004$ p = 0.5620	$X^{2}_{(4,404)} = 20.33$ p = 0.0004	0.2603	0.3157	-		
K	$\frac{r^2_{(1,97)} = 0.130}{p = 0.0002}$	$r^{2}_{(1,102)} = 0.042$ p = 0.0379	$\frac{r^2_{(1,97)} = 0.054}{\underline{p} = 0.0211}$	$r^{2}_{(1,103)} = 0.044$ p = 0.0313	$X^{2}_{(4,404)} = 10.67$ p = 0.0305	0.9181	0.9824	-		
HSI	$\frac{r^2_{(1,97)} = 0.081}{p = 0.0043}$	$r^{2}_{(1,102)} = 0.000$ p = 0.9283	$\frac{r^2_{(1,97)} = 0.086}{\underline{p = 0.0033}}$	$r^{2}_{(1,103)} = 0.002$ p = 0.6416	$\begin{array}{l} X^2_{(4,404)} = 83.91 \\ p < 0.0001 \end{array}$	<0.0001	0.0550	0.3410		

3.3. Variations in SOD, CAT, and LDH Activity and Relationships with Biometric Variables and Tissue Cd Concentrations

Significant differences in the enzyme activities of SOD, CAT, and LDH in Arctic charr liver are illustrated in Figure 2, while relationships between enzyme activities, biometric parameters, and dorsal muscle, liver, and kidney Cd and biometric variables can be found in Table 3. Liver log₁₀SOD activity varied significantly by treatment ($F_{(3,96)} = 17.22$, p < 0.0001) with treatment conditions explaining 35.0% of the observed variability in log₁₀SOD activity. Log₁₀SOD activity was significantly reduced in Arctic charr from the 6 °C-Cd treatment when compared to this enzyme's activity in fish from the 6 °C (p < 0.0001), 16 °C (p < 0.0001), and 16 °C-Cd (p < 0.0001) treatment. A two-way ANOVA ($F_{(3,96)} = 17.22$, p < 0.0001) indicated that temperature (p < 0.0001), Cd (p = 0.0003), and the interaction between temperature and Cd (p = 0.0050) all significantly influenced the observed variability in \log_{10} SOD enzymatic activity, across the four treatment conditions.



Treatment

Figure 2. Means \pm standard error for enzyme activities of log₁₀SOD (**top**), log₁₀CAT (**middle**), and log₁₀LDH (**bottom**) biomarkers in the livers of Arctic charr (n = 100) from each treatment after 8 weeks. Different letters indicate significant differences among treatments (p < 0.05).

Table 3. Linear regressions between liver enzyme activities (SOD, CAT, and LDH) and biometric variables (fork length, total weight, somatic condition (K), and hepatosomatic index (HSI)), as well as Cd concentrations (μ g·kg⁻¹ dry weight) in dorsal muscle, liver, and kidney tissues (*n* = 100). Positive significant relationships are bolded and negative significant relationships are bolded and underlined (*p* < 0.05).

	SOD								
	6 °C	6 °C-Cd	16 °C	16 °C-Cd					
Fork length	$r^{2}_{(1,24)} = 0.025$	$r^{2}_{(1,24)} = 0.022$	$r^{2}_{(1,24)} = 0.019$	$r^{2}_{(1,24)} = 0.050$					
	p = 0.4475	p = 0.4832	p = 0.5109	p = 0.2832					
Whole weight	$r^{2}_{(1,24)} = 0.068$	$r^{2}_{(1,24)} = 0.031$	$r^{2}_{(1,24)} = 0.050$	$r^{2}_{(1,24)} = 0.052$					
	p = 0.2089	p = 0.3691	p = 0.2837	p = 0.2724					
К	$r^{2}_{(1,24)} = 0.030$	$r^{2}_{(1,24)} = 0.004$	$r^{2}_{(1,24)} = 0.036$	$r^{2}_{(1,24)} = 0.001$					
	p = 0.4077	p = 0.7668	p = 0.3618	p = 0.9135					
HSI	$r^{2}_{(1,24)} = 0.027$	$r^{2}_{(1,24)} = 0.017$	$r^{2}_{(1,24)} = 0.001$	$r^{2}_{(1,24)} = 0.111$					
	p = 0.4288	p = 0.5395	p = 0.5709	p = 0.1032					
Cd dorsal muscle	$r^{2}_{(1,24)} = 0.000$	$r^{2}_{(1,24)} = 0.071$	$r^{2}_{(1,23)} = 0.050$	$r^{2}_{(1,24)} = 0.000$					
	p = 0.9209	p = 0.1965	p = 0.2843	p = 0.9182					
Cd liver	$r^{2}_{(1,24)} = 0.021$ p = 0.4933	$r^{2}_{(1,23)} = 0.012$ p = 0.6089	$\frac{r^2_{(1,22)} = 0.344}{p = 0.0033}$	$r^{2}_{(1,24)} = 0.129$ p = 0.0788					
Cd kidney	$r^{2}_{(1,24)} = 0.007$	$r^2_{(1,24)} = 0.003$	$r^2_{(1,24)} = 0.079$	$r^{2}_{(1,24)} = 0.031$					
	p = 0.6845	p = 0.7834	p = 0.1722	p = 0.4016					
	6 °C	C. 6 °C-Cd	AT 16 °C	16 °C-Cd					
Fork length	$r^{2}_{(1,24)} = 0.006$	$r^{2}_{(1,24)} = 0.010$	$r^{2}_{(1,24)} = 0.032$	$r^{2}_{(1,24)} = 0.034$					
	p = 0.7180	p = 0.6351	p = 0.3957	p = 0.3776					
Whole weight	$r^{2}_{(1,24)} = 0.002$	$r^{2}_{(1,24)} = 0.002$	$r^{2}_{(1,24)} = 0.078$	$r^{2}_{(1,24)} = 0.078$					
	p = 0.8427	p = 0.8489	p = 0.1772	p = 0.1752					
К	$r^{2}_{(1,24)} = 0.001$	$r^{2}_{(1,24)} = 0.144$	$r^{2}_{(1,24)} = 0.079$	$r^{2}_{(1,24)} = 0.004$					
	p = 0.8595	p = 0.0612	p = 0.1791	p = 0.7767					
HSI	$r^{2}_{(1,24)} = 0.011$	$r^{2}_{(1,24)} = 0.053$	$r^{2}_{(1,24)} = 0.003$	$r^{2}_{(1,24)} = 0.044$					
	p = 0.6189	p = 0.2574	p = 0.7791	p = 0.3128					
Cd dorsal muscle	$r^{2}_{(1,24)} = 0.033$	$r^{2}_{(1,24)} = 0.014$	$r^{2}_{(1,24)} = 0.028$	$r^{2}_{(1,24)} = 0.140$					
	p = 0.3866	p = 0.5675	p = 0.4213	p = 0.0650					
Cd liver	$r^{2}_{(1,24)} = 0.046$	$r^{2}_{(1,23)} = 0.156$	$r^{2}_{(1,24)} = 0.027$	$r^{2}_{(1,24)} = 0.058$					
	p = 0.3046	p = 0.0537	p = 0.4311	p = 0.2450					
Cd kidney	$r^{2}_{(1,24)} = 0.081$ p = 0.1684	$\frac{r^2_{(1,24)} = 0.174}{p = 0.0382}$	$r^2_{(1,24)} = 0.080$ p = 0.1720	$r^{2}_{(1,24)} = 0.000$ p = 0.9896					
	6 °C	LDH 6 °C 6 °C-Cd 16 °C							
Fork length	$r^{2}_{(1,24)} = 0.001$ p = 0.6593	$r^{2}_{(1,24)} = 0.001$ p = 0.8613	$r^{2}_{(1,24)} = 0.004$ p = 0.7628	$\frac{16 \text{ °C-Cd}}{r^2_{(1,24)} = 0.018}$ $p = 0.5180$					
Whole weight	$r^{2}_{(1,24)} = 0.000$	$r^{2}_{(1,24)} = 0.015$	$r^{2}_{(1,24)} = 0.020$	$r^{2}_{(1,24)} = 0.027$					
	p = 0.8288	p = 0.5603	p = 0.4980	p = 0.4299					
К	$r^2 = 0.000$		$r^2_{(1,24)} = 0.024$ p = 0.4629	$r^{2}_{(1,24)} = 0.003$ p = 0.7950					
HSI	$r^{2}_{(1,24)} = 0.014$ p = 0.5770	$\frac{r^2_{(1,24)} = 0.161}{p = 0.0469}$	$r^2_{(1,24)} = 0.000$ p = 0.9434	$r^{2}_{(1,24)} = 0.001$ p = 0.8729					
Cd dorsal muscle	$r^{2}_{(1,24)} = 0.059$ p = 0.2398	$r^{2}\overline{_{(1,24)} = 0.027}$ p = 0.4293	$r^2_{(1,23)} = 0.000$ p = 0.9629	$\frac{r^2_{(1,24)} = 0.179}{p = 0.0353}$					
Cd liver	$r^{2}_{(1,24)} = 0.021$	$r^{2}_{(1,23)} = 0.152$	$r^{2}_{(1,24)} = 0.025$	$r^{2}\overline{(1,24)} = 0.000$					
	p = 0.4920	p = 0.0601	p = 0.4471	p = 0.9223					
Cd kidney	$r^{2}_{(1,24)} = 0.030$	$r^{2}_{(1,24)} = 0.026$	$r^{2}_{(1,24)} = 0.044$	$r^{2}_{(1,24)} = 0.065$					
	p = 0.4098	p = 0.4442	p = 0.3130	p = 0.2195					

Liver log₁₀CAT activity also significantly varied by treatment ($F_{(3,96)} = 8.235$, p < 0.0001) with 20.5% of the variability seen in log₁₀CAT activity explained by exposure treatment. Log₁₀CAT activity was significantly reduced in the high temperature treatments (16 °C (p < 0.0001) and 16 °C-Cd (p = 0.0027)) when compared to the log₁₀CAT activity values that were observed with the 6 °C treatment. For this enzyme, a two-way ANOVA ($F_{(3,96)} = 808.4$, p < 0.0001) highlighted the influence of temperature (p < 0.0001) and the interaction between temperature and Cd (p = 0.0256) on the observed variability in log₁₀CAT enzymatic activity across the four exposure conditions. However, Cd concentrations did not have a significant effect (p = 0.4510).

The activity of log₁₀LDH varied across the four exposure treatments ($F_{(3,96)} = 18.69$, p < 0.0001), with 36.9% of the observed variability in log₁₀LDH activity explained by exposure treatment and with reduced log₁₀LDH activity observed in the treatments that exposed Arctic charr to Cd. Arctic charr in the 6 °C-Cd treatment exhibited significantly reduced liver log₁₀LDH activity when compared to fish held in the 6 °C (p = 0.0013) and 16 °C (p = 0.0218) treatments. The same trend was observed with liver log₁₀LDH activity in Arctic charr exposed to the 16 °C-Cd treatment, which was significantly lower than the activity observed in the 6 °C (p < 0.0001) and 16 °C (p < 0.0001) treatments. However, log₁₀LDH activity quantified from Arctic charr from the 16 °C-Cd treatment was also significantly lower compared to the 6 °C-Cd treatment (p = 0.0225). A two-way ANOVA ($F_{(3,96)} = 18.69$, p < 0.0001) indicated a significant effect of temperature (p = 0.0083) and Cd (p < 0.0001) on the variability in liver log₁₀LDH enzymatic activity exhibited across treatment conditions, yet the interaction between temperature and Cd (p = 0.1564) was non-significant.

There were few relationships between the enzyme activities of investigated biomarkers and biometric variables. Only $log_{10}LDH$ activity was significantly negatively correlated with HSI values in the 6 °C-Cd treatment. Relationships between the enzymatic activities and tissue Cd concentrations were also limited as SOD activity was solely significantly negatively correlated with liver Cd concentrations in Arctic charr housed at 16 °C. CAT activity was also significantly negatively correlated with kidney Cd concentrations, again in the 6 °C-Cd treatment, while LDH significantly declined with increasing Cd dorsal muscle concentrations in the 16 °C-Cd treatment.

Given the limited number of significant relationships between measured enzyme activities and tissue Cd concentrations, GLMs incorporating SOD, CAT, LDH, Cd liver concentrations, temperature, and the interaction between Cd and temperature were employed to enhance explanatory power. For SOD activity, the model was significant ($X^2_{(4,95)} = 23.10$, p = 0.0001), with both temperature (p < 0.0001), and liver Cd concentrations (p = 0.0087) significantly influencing SOD activity. The interaction term was not significant (p = 0.9384). With CAT, model significance was again observed ($X^2_{(4,95)} = 22.53$, p = 0.0002) and both liver Cd concentrations (p = 0.0128) and temperature (p = 0.0029) significantly influencing liver CAT activity, but not their interaction (p = 0.0813). Finally, for LDH, the model was again significant ($X^2_{(4,95)} = 40.73$, p < 0.0001) with liver Cd concentrations significantly driving observed changes to measured LDH activity (p < 0.0001). However, neither the influence of temperature (p = 0.8459), nor the interaction between Cd liver concentrations and temperature (p = 0.6347), were significant.

3.4. Principal Component Analysis

The Spearman correlations and PCA performed to assess the relationships between liver Cd concentrations and SOD, CAT, and LDH are presented in Table 4 and Figure 3, respectively. The computed PCA resulted in two principal components explaining 45.4% of the total variability observed. The first dimension (Dim1) explained 24.9% of the overall

variance and it also permitted the discrimination between Cd treatments (on the left side) and controls (6 °C and 16 °C) on the right side. Tissue Cd concentrations correlated negatively with Dim1, while biometric variables (fork length, whole weight, as well as K and HSI values) and biomarkers of enzymatic activity (SOD, CAT, and LDH) exhibited a positive correlation with this dimension. The second principal component (Dim2) explained 20.5% of the total variability for the examined variables. Indicators of fish size (fork length, whole weight, and K values) along with tissue Cd concentrations were negatively correlated with Dim2, while HSI values, SOD, CAT, and LDH activities positively correlated with Dim2. The computed Spearman correlations for liver samples confirm the findings of the PCA. Indicators of growth with known biological redundancy (fork length, whole weight and K values) were highly positively correlated, along with liver and kidney Cd concentrations. Kidney Cd concentrations were also negatively correlated with fork length measurements, while CAT actively exhibited a positive correlation with HSI values. Liver and kidney Cd concentrations were significantly negatively correlated with LDH activity, while all enzymatic activity was positively correlated with the activity of the other enzymes assessed (positive correlations observed between SOD with both CAT and LDH activity, as well as positive correlations between CAT and LDH activity).



Figure 3. Principal component analysis (PCA) of Cd concentrations in dorsal muscle, liver, and kidney tissues, biometric variables (fork length, whole weight, fish somatic condition (K), and HSI) and enzymatic biomarkers (SOD, CAT, and LDH) in the liver of juvenile Arctic charr (n = 100) from the different exposure treatments. Each point indicates an individual fish and ellipses represent individuals from the same exposure treatment.

Table 4. Spearman correlations (r_s) among Cd concentrations ($\mu g \cdot k g^{-1}$ dry weight), biometric variables (fork length (mm), total weight (g), somatic condition (K), and hepatosomatic index (HSI)), and enzymatic biomarkers (SOD, CAT, and LDH) in the liver of juvenile Arctic charr (n = 100) from each of the four treatments combined. Significant correlations (p < 0.05) are bolded.

	Fork length	Whole weight	К	HSI	Dorsal muscle Cd	Liver Cd	Kidney Cd	SOD	CAT	LDH
Fork length	1.0000									
Whole	0.9162	1.0000								
weight	<0.0001	-								
K	0.1142 0.2578	0.4613 <0.0001	1.0000 -							
HSI	-0.1047	-0.0894	0.0294	1.0000						
1151	0.3001	0.3763	0.7713	-						
Dorsal	0.0891	0.0724	-0.0261	-0.1695	1.0000					
muscle Cd	0.3781	0.4742	0.7964	0.0919	-					
Liver Cd	-0.0736	-0.0029	0.1344	0.0313	-0.0588	1.0000				
Liver Cu	0.4667	0.9771	0.1825	0.7574	0.5609	-				
Vide av Cd	-0.2002	-0.1303	0.1294	-0.0675	-0.0605	0.6848	1.0000			
Kidney Cd	0.0458	0.1963	0.1995	0.5045	0.5496	< 0.0001	-			
SOD	-0.0396	-0.0029	0.1283	-0.1456	-0.0198	-0.0635	0.0377	1.0000		
300	0.6960	0.9772	0.2034	0.1482	0.8451	0.5302	0.7093	-		
CAT	0.1099	0.0612	-0.0283	0.2034	-0.1924	-0.1290	-0.1615	0.2543	1.0000	
CAI	0.2765	0.5453	0.7795	0.0423	0.0551	0.2007	0.1084	0.0107	-	
LDH	0.0651	0.0463	0.0186	0.0058	-0.0198	-0.4094	-0.4365	0.5535	0.6476	1.0000
LDU	0.5201	0.6474	0.8541	0.9544	0.4636	<0.0001	< 0.0001	< 0.0001	<0.0001	-

4. Discussion

4.1. Variation in Biometric Variables and Fish Condition Across Exposure Treatments

Contrary to what was anticipated, Cd appeared to have no effect on fork length and whole weight measurements, while thermal stress significantly drove measured variation of these parameters among the exposure treatments. This trend has been observed previously in studies evaluating the effects of thermal stress on juvenile rainbow trout (*Oncorhynchus mykiss*), damselfish (*Abudefduf saxatilis*) and blenny (*Scartella cristata*) [81,82]. Researchers proposed that after a certain temperature threshold, exposure to semi chronic thermal stress incurs a physiological debt [81], and when coupled with the present study's outcomes, could suggest elevated temperatures, such as those anticipated with climate warming, will elicit somatic responses in fish that may culminate in smaller body sizes for Arctic charr given chronic exposure. Despite recorded reduced fork length and whole weight measurements in the thermal stress treatments (16 °C and 16 °C-Cd), no changes to K values were observed across experimental conditions. However, this pattern of diminished body size, but maintained somatic condition has been seen in other thermal stress research [83], which authors attributed to energy allocation trade-offs between growth and other energic expenses during physiological responses to thermal stress [84,85].

Unlike fish condition, HSI values varied significantly between exposure treatments with fish exposed to similar temperature conditions (16 °C and 16 °C-Cd) exhibiting similar mean HSI values. The influence of Cd was also observed. with both thermal stress and Cd exposure having previously documented significant negative associations with HSI values in fish [7,34,47]. Though exhibiting temporal variability in response to Cd, HSI typically demonstrates a reduction following sublethal Cd exposure [27,86–88]. This has been attributed to the depletion of hepatic energetic reserves [87,88] and hepatocellular injury culminating in cellular necrosis [27]. The latter has been suggested for the Spiny chromis (*Acanthochromis polyacanthus*) [89], where researchers reported a positive correlation be-

tween HSI values and an accompanying upregulation of genes related with inflammation, apoptosis, and tumor suppression [89]. Therefore, this parameter may also indicate potential cellular and chemical changes reflective of stressor-induced liver damage [90,91]. This can have further significant negative repercussions for overall fish health and ultimately survival, with results from our study suggesting that warming water temperatures and anthropogenic contaminant sources pose a risk to Arctic charr health.

4.2. Variation in Cd Uptake in Dorsal Muscle, Liver, and Kidney Tissues and Relationships with Biometric Variables

The results for tissue Cd concentrations obtained from this research appear similar to the limited available ecotoxicological research detailing Cd concentrations in Arctic charr [92,93]. Dorsal muscle Cd concentrations were higher in Arctic charr held in the 16 °C and 16 °C-Cd treatments than those observed in both the 6 °C and 6 °C-Cd treatments, despite only background water Cd concentrations measured in Cd controls. Despite lower Cd concentrations observed in dorsal muscle compared to Arctic charr liver and kidney samples, this uptake pattern was not seen in the latter two tissues, which may signify a tissue specific pattern. Cadmium uptake has also been linked with summer water temperatures and associated increases in metabolic rates in other Arctic charr field studies [93,94], as well as with other fish species [95]. Köck, Triendl and Hofer [94] attributed this to exposure time, uptake dynamics [96–98], and ambiguity associated with the relative importance of various Cd depuration channels [99–103]. Given previous associations between temperature and Cd concentrations, the results from this study suggest a risk for Cd uptake in dorsal muscle even at low background environmental concentrations at elevated temperatures in Arctic charr, with thermal stress potentially more effective at increasing dorsal muscle Cd uptake compared to environmental Cd exposure at low temperatures.

With this increased uptake comes the corresponding concern that climate change may elicit consumption risks for Cd in Arctic charr even in locations with no notable sources of Cd contamination. Currently, limited consumption guidelines for Cd in fish tissues exist, but the Food and Agricultural Organization of the United Nations (FAO) recommends a limit of $0.05 \text{ mg} \cdot \text{kg}^{-1}$ of total Cd in edible fishery products, though this limit does increase to $0.1 \text{ mg} \cdot \text{kg}^{-1}$ with certain species. As nine dorsal muscle samples, all from the high temperature treatments (16 °C and 16 °C-Cd), exhibited Cd concentrations that surpassed the FAO guideline of $0.05 \text{ mg} \cdot \text{kg}^{-1}$ after only 8 weeks of Cd exposure, warming water temperatures and Cd may pose a significant threat to this important food resource. However, further research is necessary to evaluate the chronic effects of thermal stress on Cd uptake in dorsal muscle under varying gradients of contamination in the field, as well as the specific implications of prolonged Cd exposure through fish consumption on human health.

Cadmium uptake in liver and kidney tissues was greatest in Cd-exposed fish, with the highest mean Cd concentrations measured in the combined stressor treatment (16 °C-Cd) for both tissues. Other experiments evaluating the interaction of elemental exposure and thermal stress have seen similar trends [34,50], which have been attributed to increased metabolic and respiratory rates at higher temperatures [104]. This has significant implications in the context of climate change as elevated Cd burden in fish has been linked to negative consequences for fish health [27,28], which have subsequent ramifications for overall population health and survival. It is evident that further research is necessary to clarify the mechanisms by which thermal stress facilitates trace metal uptake to gain a broader understanding of the implications of elevated water temperatures on elemental uptake in this species, among others.

The most consistent relationships observed between tissue Cd concentrations and biometric variables were observed in the 6 °C treatment. Liver and kidney Cd concen-

trations all significantly declined with increasing fork length, whole weight, K and HSI values. In the absence of thermal stress with minimal environmental contamination (6 °C treatment), the decreasing concentration of Cd with increasing body size could be attributed to fish metabolism as rates of uptake and loss of Cd have been demonstrated to vary with metabolic rate in the Stone loach (*Noemacheilus barbatulus*) [105]. *This trend has also been observed with other elements (As, Cd, Cs, Hg, Pb, Se, and Zn)* [106,107]. Significant relationships between biological variables and Cd concentrations were also observed in the 6 °C-Cd treatment, but they were less numerous and consistent than those observed in the control treatment for this temperature. The addition of Cd at 6 °C prompted increases in kidney and liver Cd concentrations with fork length and whole weight, which have been observed previously with fish in response to trace metal accumulation [94,108], while declines in HSI values with increasing Cd uptake also remain consistent with previous research [72,109].

Minimal relationships were observed between biometric variables and Cd concentrations in both high temperature treatments (16 °C and 16 °C-Cd). Douben [105] demonstrated that rates of uptake and loss of Cd varied with metabolic rate in the Stone loach and with temperatures exceeding 16 °C; the researchers suggested that thermal stress disrupts normal depuration processes. As Arctic charr is considered one of the least resistant salmonid species to high temperatures [110,111], results obtained from this study suggest that thermal stress may be sufficient to disturb metabolic functioning and depuration processes in this species, prompting the minimal and inconsistent relationships observed here. Furthermore, the lack of consistent single variable relationships between Cd concentrations and fish biometric measurements in the higher temperature treatments (16 °C and 16 °C-Cd treatments) suggests that these variables are not the best descriptors of elemental concentrations when fish are subjected to thermal stress even in the case of Cd exposure. However, further research is necessary to elucidate the mechanisms by which thermal stress modifies relationships between Cd uptake and whole system health biomarkers from those that are observed at optimal temperatures.

While initial linear regression analyses identified few significant associations, the GLMs revealed that temperature, Cd, and their interaction mediated several biometric endpoints, though the significance and nature of these effects varied across tissues and biometric parameters. In dorsal muscle, both Cd and the Cd-temperature interaction significantly contributed to observed variations in fork length and whole weight, reinforcing reported links in previous Arctic charr field studies between temperature and Cd concentrations in this tissue [93,94]. The results from these models also suggest potential impacts on growth and size in Arctic charr populations near Cd contaminant sources, under warming climate scenarios. With liver Cd concentrations, all biometric variables except K exhibited significant associations with temperature, which emphasizes the importance of thermal conditions in shaping indicators of whole system physiological responses to Cd exposure. Kidney Cd models also revealed significant effects across all biometric variables. However, a post hoc evaluation of parameter estimates indicated that only temperature was significantly associated with HSI in this model. Collectively, these results emphasize the need for incorporating temperature as a critical factor in future ecotoxicological assessments, especially for cold-adapted species like Arctic charr, that may be disproportionately affected by the combined pressures of climate change and contaminant exposure in northern ecosystems.

4.3. Variation in SOD, CAT, and LDH Activity, as Well as Relationships with Biometric Variables and Tissue Cd Concentrations

Activities of SOD, CAT, and LDH enzymes exhibited significant variation across exposure conditions. While declines in SOD activity in response to Cd exposure have been seen in other studies [68,112], in our study, significant reductions in SOD activity

were only observed in the 6 °C-Cd treatment. Statistically similar SOD activity recorded at 6 °C, 16 °C-Cd, and 16 °C-Cd could suggest thermal inactivation of antioxidant responses to stressors is occurring as temperatures reach species-specific critical thermal maximums (CTMax). As CTMax represents the physiological limit of acute thermal tolerance in fish, antioxidant activity disruption may appear as extreme temperatures promote protein denaturation and degradation, which inactivates and damages the associated enzymes [113,114]. Temperature-dependent effects on enzyme activity have been demonstrated in the pathogenic nematode *Meloidogyne arenaria* and the sponge *Suberites domuncula*. In vitro incubations of *M. arenaria* revealed that superoxide dismutase (SOD) activity exhibited rapid denaturation above the maximal habitat temperature (18–20 $^{\circ}$ C), with activity losses of 40% at 25 °C and 70% at 30 °C [115]. Similarly, Bachinski, et al. [116] documented in S. domuncula that warming from 21 °C to 31 °C induced heat shock protein 70 (HSP70) and concurrently caused a 40% decrease in glutathione S-transferase activity within 5 min, followed by a 50% reduction in glutathione concentration within 15 min. This hypothesis could also assist with the interpretation of CAT results, since at low temperatures Cd did not appear to be sufficient to elicit a response in CAT activity, but declines in CAT activity were seen in both high temperature treatments (16 °C and 16 °C-Cd treatments), which is consistent with previous research [34,117]. Overall, results from this study highlight the potential risks of warming water temperatures on Arctic charr antioxidant capacities and suggest negative implications for fish health and survival.

Contrary to initial expectations, LDH activity was significantly reduced in Cd exposed fish (6 °C-Cd and 16 °C-Cd treatments), with the performed PCA also revealing negative associations between LDH activity and Cd concentrations in both liver and kidney. As LDH is a key enzyme in the glycolytic pathway that functions under oxygen-limited conditions [118], these results suggest that Cd exposure at the concentrations applied in this research may have negative implications for Arctic charr anaerobic metabolism. Diminished capacity for anaerobic metabolism in these fish could infer adverse consequences for essential behaviours in fish, such as swimming, predator avoidance, and foraging abilities [3,4,119]. The addition of thermal stress to Cd exposure further reduced liver LDH activity in Arctic charr and may serve to highlight the threat of warming water temperatures on Arctic charr metabolic performance in locations proximate to sources of Cd contamination. Finally, significant relationships between activities of all enzymes and biometric variables, as well as tissue Cd concentrations were minimal in linear regression models. This suggests that regulation of enzyme activity is generally responsive to the presence of stressors as opposed to the magnitude of elemental tissue deposition, while indicators of whole system health may not be reflective of changes to antioxidant and anaerobic responses.

However, the results of the GLMs demonstrated that enzymatic activity in Arctic charr was significantly associated with liver Cd concentrations and modulated by temperature. Liver Cd concentrations were a significant predictor of enzyme activity for SOD, CAT, and LDH while temperature also emerged as a consistent driver of activity across models for SOD and CAT. However, as the Cd–temperature interaction term was not significant, this indicates that the effects of liver Cd and temperature were generally additive, and that temperature may influence enzyme activity independently of Cd burden. These results suggest that climate warming may modify physiological responses to metal exposure by altering enzymatic regulation and contaminant dynamics. The temperature-dependent relationships observed highlight the potential for compounded stress in cold-adapted species, again reinforcing the essentiality of incorporating climate change associated variables into ecotoxicological assessments to more accurately predict the impacts of contaminant exposure in a warming Arctic.

5. Conclusions

This research demonstrated the negative influence of elevated temperature on tissue Cd burden in Arctic charr, but also on indicators of fish health and metabolic performance. Thermal stress significantly increased liver and kidney Cd concentrations in comparison to Cd exposure at simulated current Arctic water temperatures, while even at low background environmental concentrations, temperature appears sufficient to promote Cd uptake in dorsal muscle tissues. As Arctic charr are a culturally and economically important species for Northern Indigenous people and are an essential component of subsistence fisheries throughout the circumpolar globe, this could pose significant risks for people consuming large quantities of fish even if no significant sources of Cd contamination are evident. Thermal stress also appeared to inhibit proper functioning of antioxidant responses and limit anaerobic metabolism, which could have significant harmful implications for fish health and behaviours essential for survival. To inform future management decisions, additional research is necessary to clarify the mechanisms through which thermal stress facilitates trace metal uptake and modifies antioxidant and anaerobic metabolism responses in fish and specifically Arctic charr. Furthermore, additional research examining the combined influences of thermal stress and contamination from other trace elements and their effects on other enzymatic and genetic biomarkers of fish health and function is required to assist in clarifying the potential influential magnitude these combined stressors may have on this culturally and economically important species.

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