

# Thermal exposure risk in different life stages of Chinook salmon in the Nechako River system, British Columbia

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## Research Article

**Keywords:** Climate change, Freshwater systems, Water temperatures. Chinook salmon, Thermal exposure risk, Management plan.

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1 **Title: Thermal exposure risk in different life stages of Chinook salmon in the Nechako**  
2 **River system, British Columbia**

3 **Abstract**

4 Climate change is affecting freshwater systems, leading to increased water temperatures,  
5 which is posing a threat to freshwater ecological communities. In the Nechako River, a  
6 water management program has been in place since the 1980s to maintain water  
7 temperatures at 20°C during the migration of Sockeye salmon. However, the program's  
8 effectiveness in mitigating the impacts of climate change on resident species like Chinook  
9 salmon's thermal exposure is uncertain. In this study, we utilised the CEQUEAU  
10 hydrological model and life stage-specific physiological data to evaluate the consequences  
11 of the current program on Chinook salmon's thermal exposure under two contrasting  
12 climate change and socio-economic scenarios (SSP2-4.5 and SSP5-8.5). The results  
13 indicate that the thermal exposure risk is projected to be above the optimal threshold for  
14 parr and adult life stages under both scenarios relative to the 1980s. These life stages could  
15 face an increase in thermal exposure ranging from up to 2 and 5 times by 2090s relative to  
16 the 1980s during the months they occurred under the SSP5-8.5 scenario, including when  
17 the program is active (July 20th to August 20th). Additionally, our study shows that climate  
18 change will result in a substantial rise in cumulative heat degree days, ranging from 1.9 to  
19 5.8 times (2050s) and 2.9 to 12.9 times (2090s) in comparison to the 1980s under SSP5-  
20 8.5. Our study highlights the need for a holistic approach to review the current Nechako  
21 management plan and consider all species in the Nechako River system in the face of  
22 climate change.

- 23 **Keywords:** Climate change, Freshwater systems, Water temperatures. Chinook salmon,
- 24 Thermal exposure risk, Management plan.

25 **1.0 Introduction**

26 Freshwater systems are being significantly affected by climate change altering water  
27 cycles, nutrient content, physio-chemical parameters, and species habitat structures and  
28 distributions (Knouft & Ficklin, 2017; Vörösmarty et al., 2010), especially with changes  
29 in seasonal runoff resulting from snow-dominated and influenced water flow (Wieder et  
30 al., 2022). Moreover, freshwater systems are also subject to other stressors such as  
31 urbanisation, vegetation removal, dams, and river regulation, which can exacerbate the  
32 effects of climate change (Best, 2019; Carpenter et al., 2011; Palmer et al., 2009). These  
33 stressors can lead to changes in the river's thermal regime and the ecosystem community  
34 (Birk et al., 2020; Pletterbauer et al., 2018). Therefore, it is crucial to understand the impact  
35 of both anthropogenic climate change and stressors on aquatic species.

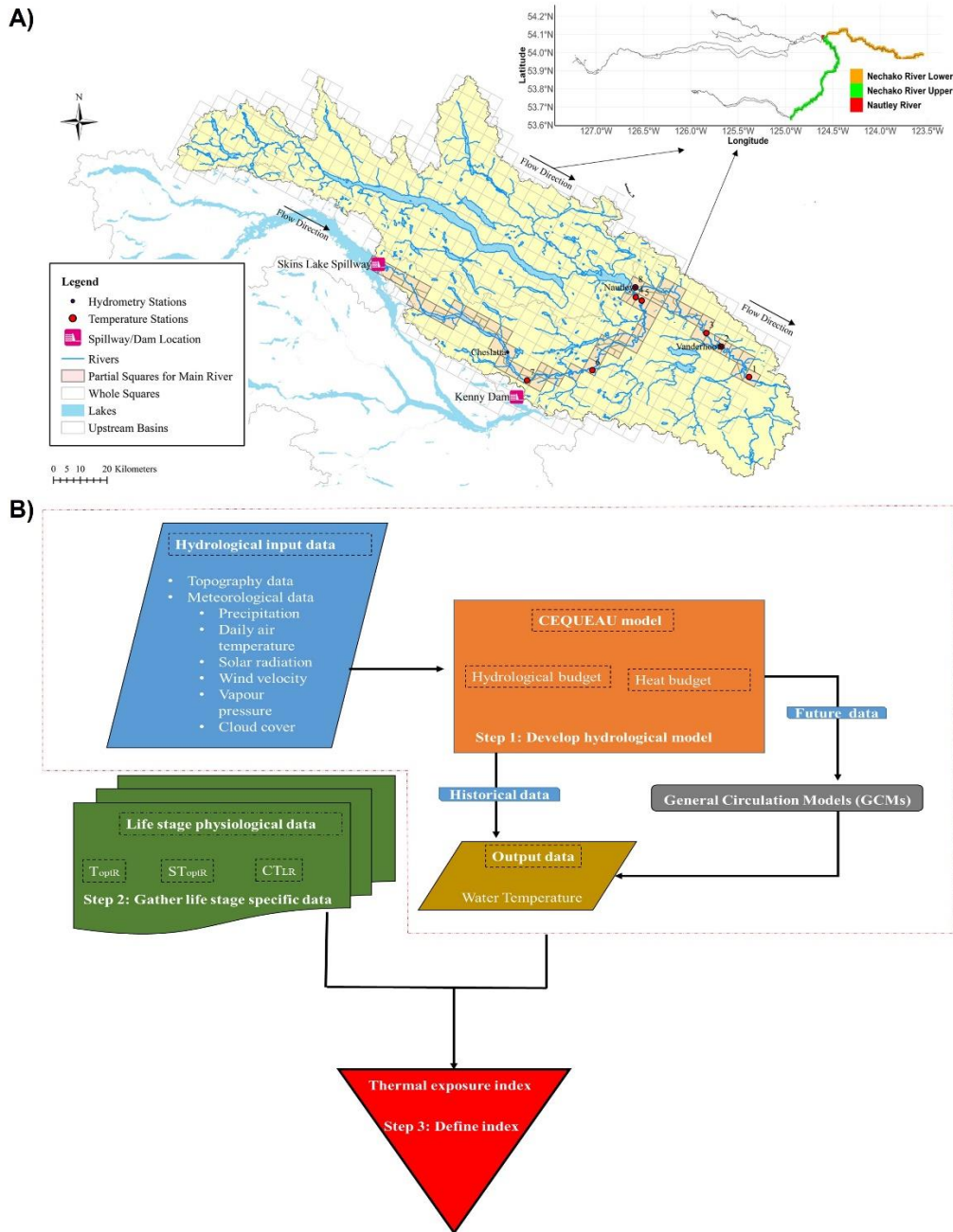
36 The thermal regime of rivers plays a key role in overall aquatic ecosystems' health. The  
37 thermal regime of a river influences water quality and quantity, biological processes,  
38 community structure, species composition, and distribution (Dugdale et al., 2017; Maheu  
39 et al., 2016). As most freshwater species are poikilothermic ectotherms, temperature is  
40 important in their survival, distribution, growth, and development. Their physiology is also  
41 greatly influenced by environmental temperature, including their metabolic rate, which  
42 increases with temperature by accelerating biochemical kinetic energy reaction rates  
43 (Abram et al., 2017; Alfonso et al., 2021; Schulte, 2015). This, in turn, affects organisms'  
44 functioning and performance in the ecosystem. However, climate change is transforming  
45 the heat budget of streams. Atmospheric fluxes such as short-wave solar radiation,  
46 convection and long-wave atmospheric radiation can increase warming in rivers (Benyahya  
47 et al., 2012; Evans et al., 1998). In addition, water flow friction, heat gains from  
48 precipitation, and groundwater contribute to stream temperature warming (Caissie, 2006).

49 Climate change is increasing freshwater system temperatures which can eventually exceed  
50 temperature thresholds for optimal physiological performance of resident fishes (Farrell,  
51 2016). When fish begin to experience temperatures above their optimal level, they  
52 experience a reduced aerobic scope i.e., less energy available for daily behaviours beyond  
53 just maintenance, including, swimming, eating, and competition among other traits)  
54 (Eliason et al., 2011; Farrell, 2016). This can impact growth and reproduction, ultimately  
55 hindering long-term survival and population success (Mantua et al., 2010).

56 Climate change impacts on rivers' thermal regimes are not the only challenge that aquatic  
57 species face. Anthropogenic activities such as deforestation, urbanisation, agriculture and  
58 dams can also impact water temperatures in rivers and negatively affect aquatic ecosystems  
59 (Lessard & Hayes, 2003; Maheu et al., 2016; Prats et al., 2012). In particular, dam  
60 regulation (e.g., mode of operation, size, and depth of water release) can have profound  
61 impacts on downstream conditions including temperature, dissolved oxygen, and pollutant  
62 concentrations (Weber et al. 2017; Zaidel et al. 2021).

63 Flow management programs could assist in mitigating these downstream impacts. One  
64 such program is the Summer Temperature Management Program (STMP), which was  
65 implemented in the Nechako River in central British Columbia, Canada (Macdonald et al.,  
66 2012). The Nechako River is a culturally, ecologically and economically important system  
67 to the Indigenous people and the presence of Kenny Dam has altered the flow patterns  
68 impacting the fish population and habitats. The STMP was established in the 1980s to  
69 maintain a water temperature below or equal to 20°C at a specific location (Finmoore)  
70 between July 20 and August 20 annually during the migration and spawning season of  
71 Sockeye salmon (*Oncorhynchus nerka*) (Macdonald et al., 2012). This program is achieved

72 by releasing water discharges of up to 453 m<sup>3</sup>/s through the Skins Lake Spillway (Fig. 1A)  
 73 into the Nechako River (Ouellet-Proulx et al., 2017).



74

75 **Fig. 1** A) A map of the Nechako River watershed is shown, featuring the Skins Lake  
 76 spillway and the Kenny Dam. An insight map displays the classification of the river into  
 77 three sections based on the distribution of Chinook salmon across the river. B) Schematic  
 78 diagram of the framework adopted from Oyinlola et al. (2023) used in this study.

79 However, the effectiveness of flow management programs like STMP to maintain  
80 temperature depends on a range of factors, including the timing and volume of water  
81 releases, the size and depth of water, as well as the specific characteristics of the river and  
82 its ecosystem (Chandesris et al., 2019; Seyedhashemi et al., 2021). STMP has effectively  
83 reduced the negative impacts of dams on the Nechako River sockeye salmon  
84 (*Oncorhynchus nerka*) by ensuring suitable migration conditions (Macdonald et al., 2012).  
85 The implementation of flow management programs such as STMP has shown the potential  
86 to mitigate the deleterious effects of dams on riverine ecosystems. Nevertheless, STMP  
87 was designed to assist a single species (sockeye salmon) during its upstream migration,  
88 and the program's reliance on a predetermined temperature-only assessment poses a  
89 potential limitation, as it may not fully account for the complexities of species-specific  
90 physiological tolerance. It is important to revisit and assess the effectiveness of such  
91 programs with an integrated approach to promoting the health and sustainability of the  
92 entire river ecosystem.

93 In British Columbia, Pacific salmon are important for Indigenous people's food, culture  
94 and spirituality (Jacob et al., 2010), and they are economically important in terms of  
95 commercial and recreational fisheries (BCFFS, 2013; Gislason et al., 2017). A prominent  
96 species in the Nechako River that is not considered in the STMP is the Chinook salmon  
97 (*Oncorhynchus tshawytscha*). Chinook salmon are large and long-lived fish species,  
98 juveniles rear in the river before migrating to the ocean to feed and grow, returning to natal  
99 areas once mature to spawn and die (Quinn, 2018). They are a vital food source for both  
100 humans and wildlife (Hinch et al. 2012). The Nechako River historically had one of the  
101 largest Chinook salmon runs in the upper Fraser River watershed (Hartman, 1996),



102 however, their numbers have declined dramatically over the years (COSEWIC, 2019;  
103 Jaremovic & Rowland, 1988). The Nechako Chinook salmon population is part of the  
104 Fraser Chinook population (DFO, 1995, 1999). Anthropogenic activities such as habitat  
105 alteration, commercial and recreational fishing, changes in river flow regimes and reduced  
106 food availability caused by dams have been identified as the primary causes of the  
107 population decline (COSEWIC, 2019). In addition, climate change including increased  
108 temperature and lower oxygen levels could play an important role in the population decline.  
109 Given the significance of Chinook salmon (*Oncorhynchus tshawytscha*) in the Nechako  
110 River, it is imperative to investigate the potential effects of the Kenny Dam and the STMP  
111 management program on this species.

112 In this study, we utilised a combination of a hydrological model and life stage-specific  
113 physiological experimental data to assess the impact of the current Nechako water  
114 management program on thermal exposure risk to Chinook salmon (Fig. 1B). Following  
115 the framework previously outlined by Oyinlola et al. (2023), we focused on the river  
116 system sections where the species are present. First, we employed a semi-distributed  
117 hydrological and water temperature model known as CEntre QUébécois des Sciences de  
118 l'EAU (CEQUEAU) to simulate the Nechako River's historical daily water temperature  
119 between 1980 and 2019. We then developed the thermal exposure index ( $T_e$ ) for Chinook  
120 salmon using physiological data. The index ranges from 0 to 3, where 0 signifies a low risk  
121 of thermal exposure, 1 indicates an optimal temperature, and a score greater than 1 indicates  
122 an increasing level of exposure risk. Last, we projected the temperature and  $T_e$  for the  
123 warmest six-month period of the year (May to October), which includes the water release  
124 management period (July 20<sup>th</sup> –August 20<sup>th</sup>), under two different climate change and socio-

125 economic scenarios: SSP2-4.5 (intermediate scenario) and SSP5-8.5 (high-emission  
126 scenario) by mid (the 2050s) and end of the century (the 2090s). We hypothesised that the  
127 thermal exposure of Chinook salmon will increase more than the optimal threshold ‘1’  
128 under climate change in most sections of Nechako.

## 129 **2.0 Methodology**

### 130 **2.1 CEQUEAU model: Modelling Nechako River water temperature**

131 CEQUEAU (see full model description in supplementary information), a semi-distributed  
132 hydrological and water temperature model (Khorsandi et al., 2022; Morin & Couillard,  
133 1990; St-Hilaire et al., 2015), incorporates a hydrological module of CEQUEAU includes  
134 snowmelt and evapotranspiration formulations as well as conceptual water storage in two  
135 soil horizons, while the thermal module calculates the surface heat budget within each  
136 model grid cell.

137 Physiographic data includes 10-meter resolution land cover from ESRI and ESA (Karra et  
138 al., 2021; Zanaga et al., 2022) and 30-meter resolution NASA SRTM DEM for topography  
139 (Farr et al., 2007), are required inputs. Surface heat fluxes are computed using additional  
140 meteorological variables such as daily precipitation and maximum and minimum air  
141 temperatures. The watershed is characterised using Elementary Representative Areas  
142 (ERA) based on altitude, forest cover, and lake/wetland percentage. ERAs are further  
143 divided into partial squares for water routing. The hydrological module output informs the  
144 thermal module, computing heat fluxes, including shortwave radiation, latent heat,  
145 longwave radiation, convection, and various water inflows.

146 To implement CEQUEAU for the Nechako watershed, the model's parameters are  
 147 calibrated using observed streamflow data from Nechako River hydrometric stations and  
 148 water temperature gauges between the Kenny dam and Vanderhoof. Manual calibration  
 149 precedes an application of the Covariance Matrix Adaptation Evolution Strategy (CMA-  
 150 ES) (Hansen, 2006) for automation. Additionally, the multi-site temperature calibration  
 151 method of Khorsandi et al. (2022) is used to adjust the parameters of the water temperature  
 152 module. For projecting Nechako River's future temperature and flow changes, data from  
 153 eight General Circulation Models (GCMs) under two Shared Socio-economic Pathways  
 154 (SSP) scenarios (SSP2-4.5 and SSP5-8.5) from the Coupled Model Intercomparison  
 155 Project Phase 6 (CMIP6)(O'Neill et al., 2017) are employed (Table 1). These scenarios  
 156 represent intermediate and high emission trajectories. Each GCM provides meteorological  
 157 variables through SSP forcings, bias-corrected using the N-dimensional Multivariate Bias  
 158 Correction algorithm (MBCn) (Cannon, 2018) based on ERA5 data for the 1981-2010  
 159 reference period. The correction improves diurnal cycle representation and daily average  
 160 precision at 3-hour intervals.

161 **Table 1:** List of General Circulation Models (GCMs) that are part of the Coupled Model  
 162 Intercomparison Project Phase 6 (CMIP6) used in this study.

<b>Model</b>	<b>Full name</b>	<b>Spatial resolution</b>
BCC-CSM2-MR	Beijing Climate Centre Climate System Model	110 x 110km
CMCC-CM2-SR5	Euro-Mediterranean Centre on Climate Change coupled climate model	0.9° Lat x 1.25° Lon
CMCC-ESM2	Second-generation CMCC Earth System Model	0.9° Lat x 1.25° Lon
EC-Earth3	European Centre Earth3 Model	40 x 40 km
MIROC6	Model for Interdisciplinary Research on Climate	1.4° Lat x 1.4° Lon

MPI-ESM1-2-HR	Max Planck Institute for Meteorology Earth System Higher-resolution Model	100 x 100 km
MPI-ESM1-2-LR	Max Planck Institute for Meteorology Earth System Lower-resolution Model	200 x 200 km
MRI-ESM2-0	Meteorological Research Institute Earth System Model version 2.0	100 x 100 km

163

164 **2.2 Thermal exposure risk for Nechako Chinook salmon**

165 Nechako River Chinook salmon fry typically emerges in March to June and then remains  
166 in the river system as parr from July until migrating out to sea as smolts in the following  
167 Spring. Adults return from July to October, with peak spawning occurring from the end of  
168 August to early October (Bradford, 1994; NFCP, 2015). Thus, our study focuses primarily  
169 on the thermal risk for fry during May and June, for parr from July to October, and for  
170 returning and spawning adults from July to October. Chinook salmon life stage-specific  
171 thermal tolerance thresholds were obtained from laboratory studies conducted at the  
172 University of British Columbia, Canada and the Cultus Lake Salmon Research Laboratory  
173 on Shuswap Chinook salmon, an upper Fraser River population (Table 2). The optimal  
174 Temperature Range ( $T_{optR}$ ), Sub-optimal Temperature Range ( $ST_{optR}$ ), and Critical Thermal  
175 Limit Range ( $CT_{LR}$ ) were recorded for each early life stage (i.e., fry – newly emerged; parr  
176 – larger and older, and adult – freshwater return migrating) using the same approach  
177 described in Oyinlola et al. (2023). The  $T_{optR}$  was defined as the temperature range in which  
178 fish exhibit their optimal, or highest physiological performance.  $ST_{optR}$  is the temperature  
179 range coinciding with a loss of some critical function and less than 25% mortality, and  
180  $CT_{LR}$  is the temperature range where more than 50% mortality occurred (M. A. Oyinlola  
181 et al., 2023). The  $T_{optR}$  was also obtained from peer-reviewed literature and government

182 documents when information was missing. Based on  $T_{optR}$ ,  $ST_{optR}$ , and  $CT_{LR}$  (Table 1), the  
 183 thermal exposure risk ( $T_e$ ) was defined.

$$184 \quad T_{ei} = 0, \text{ if } [T_a \dots T_b] < T_{optR} \quad (3)$$

$$185 \quad T_{ei} = 1, \text{ if } [T_a \dots T_b] = T_{optR} \quad (4)$$

$$186 \quad T_{ei} = 2, \text{ if } [T_a \dots T_b] = ST_{optR} \quad (5)$$

$$187 \quad T_{ei} = 3, \text{ if } [T_a \dots T_b] = CT_{LR} \quad (6)$$

188

189 where  $T_{ei}$  is the thermal exposure risk for cell  $i$ ;  $T_a$  and  $T_b$  are the minimum and maximum  
 190 temperature ranges respectively.

191 **Table 2: Nechako** Chinook salmon thermal exposure risk applied for this study.

Life stage	Description	Temperature (°C)	Index	Reference
Fry	Optimal temperature	15-20	1	
Fry	Sub-optimal temperature	>20-23.9	2	(Mayer et al., 2023)
Fry	Critical temperature	>23.9	3	(Mayer et al., 2023)
Parr	Optimal temperature	15-20	1	
Parr	Sub-optimal temperature	>20-22.9	2	(Mayer et al., 2023)
Parr	Critical temperature	>22.9	3	(Mayer et al., 2023)
Adult	Optimal temperature	12-20	1	(Van Wert et al., 2023)
Adult	Sub-optimal temperature	>20-22	2	(Van Wert et al., 2023)
Adult	Critical temperature	>22	3	(Van Wert et al., 2023)

192

193 **2.3 Analysis**

194 **2.3.1 Model evaluation**

195 We compared the CEQUEAU model's predicted temperatures with the observed  
196 temperatures at the Vanderhoof station to determine model accuracy. We analysed  
197 historical temperature data from  
198 [https://climate.weather.gc.ca/historical\\_data/search\\_historic\\_data\\_e.html](https://climate.weather.gc.ca/historical_data/search_historic_data_e.html) and compared it  
199 with the model's temperature-predicted output. We used Root Mean Square Error (RMSE),  
200 R-squared ( $R^2$ ) values, and percentage bias to evaluate the model's performance. By using  
201 this comprehensive approach, we were able to determine the model's reliability and its  
202 ability to accurately predict Nechako River temperatures.

203 **2.3.2 Current and future thermal exposure risk**

204 We analysed the life stage-specific spatio-temporal pattern of  $T_e$  for the Nechako River  
205 from 1980 to 2099. We focused on the six hottest temperature months in the Nechako  
206 watershed i.e., May to October. The months include the months that the STMP is active  
207 months (July and August). We estimated the daily  $T_e$  in each  $0.005^\circ \times 0.005^\circ$  cell that was  
208 calculated from simulated daily temperature data.

209

210 To assess the impact of climate change, we performed an analysis to determine the average  
211  $T_e$  across all GCMs to account for climate model variability. To do this, we assigned  
212 numerical values to each  $T_e$  category (i.e.  $T_e 0: = 0$ ;  $T_e 1: = 1$ ;  $T_e 2: = 2$ ;  $T_e 3: = 3$ ). We then  
213 calculated the average  $T_e$  for the historical period (the 1980s, averaging 1980-1989) and  
214 projected future periods in the mid-century (2050s, averaging 2050-2059) and end-century  
215 (2090s, averaging 2090-2099) under two emission scenarios: SSP2-4.5 and SSP5-8.5.

216 To quantify the change in  $T_e$  for each life stage relative to the 1980s, we introduced the  
217 concept of a  $T_e$  multiplier.

$$218 \quad \text{Multiplier} = \frac{\text{Projected } T_e}{\text{Reference period } T_e} \quad (7)$$

219 This multiplier represents a factor by which  $T_e$  has changed compared to the reference  
220 period (1980s). This approach allows us to assess and communicate the magnitude of the  
221 impact of climate change on thermal exposure risk across various life stages along the  
222 Nechako River.

223 To assess the impact of extended exposure to lethal temperatures and incorporate both  
224 temperature and duration in our analysis, we computed the cumulative heat degree-days  
225 (CHDD, in units of °C days) for the period when the STMP was active, specifically  
226 between July 20<sup>th</sup> and August 20<sup>th</sup>. CHDD quantifies the amount of heat accumulation  
227 based on the average daily temperature exceeding the upper optimal temperature range  
228 threshold. This approach is consistent with prior studies (Neuheimer and Taggart 2007;  
229 Oyinlola et al. 2023; Wuenschel et al. 2012) and the threshold calculation is as follows:

$$230 \quad CHDD = \sum_{b=1}^n (T_d - T_{bi}) | (T_d > T_b) \quad (8)$$

231 Where  $T_b$  is the upper optimal temperature range,

232  $T_d$  is the mean daily temperature per cell on day  $d$ , and  $n$  is the number of days in active  
233 STMP months per year.

234 We calculated the cumulative heat degree-days (CHDD, °C days) for each life stage above  
235 the upper optimal temperature threshold in the 1980s (average between 1980-1989) and  
236 under future scenarios (i.e., SSP2-4.5 and SSP5-8.5) by 2050s (average between 2050-

237 2059) and 2090s (average between 2090-2099). We used 20°C as the threshold since the  
238 upper optimal temperature across all life stages is 20°C. We then divided the Nechako  
239 River into three sections based on Chinook salmon distribution across the river (Fig. 1A).  
240 We conducted all modelling and analyses using both Matlab (MATLAB and Statistics  
241 Toolbox 2018a) and R, a statistical programming software (R Core Team 2020).

## 242 **3.0 Results**

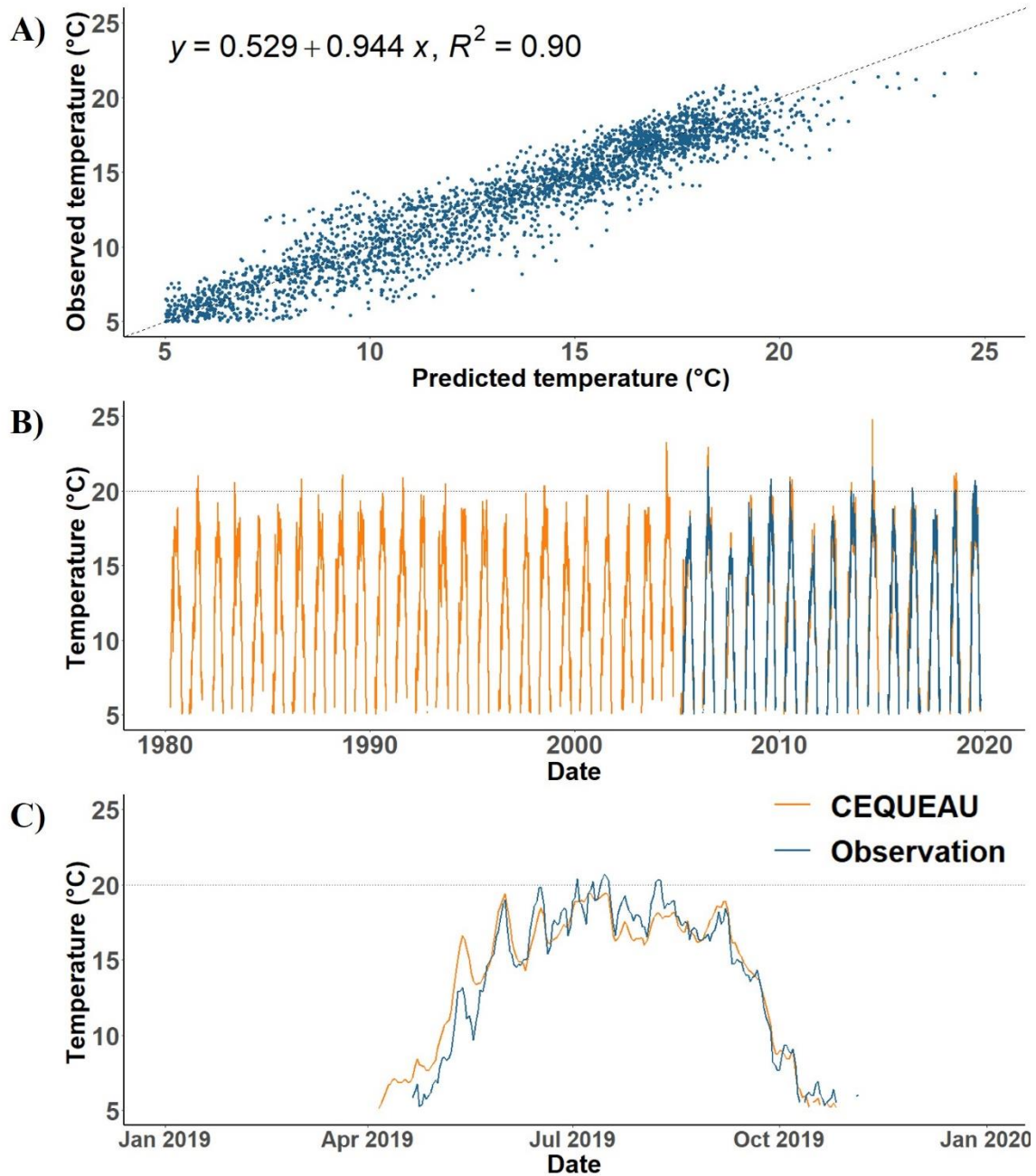
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### 244 **3.1 CEQUEAU model evaluation**

245

246 We observed a notable and favourable linear correlation between the historical temperature  
247 data of the primary station, Vanderhoof, and the projected temperature values determined  
248 by the CEQUEAU model (Fig. 2). The strong correlation coefficient ( $r=0.90$ ) and very low  
249 p-value ( $p < 0.0001$ ) indicate that there is a significant and positive relationship between  
250 the predicted data of CEQUEAU and the observed data of the Nechako River temperature.  
251 This provides solid evidence for the validity of CEQUEAU in predicting Nechako  
252 temperature. Additionally, we computed the root mean square error (RMSE) and percent  
253 bias values for the Vanderhoof station. The RMSE value of 1.27 °C indicates relatively  
254 good agreement between CEQUEAU model projections and observed values. The bias  
255 value of -0.93% suggests a minor underprediction bias, implying that on average, the  
256 CEQUEAU model tends to slightly underestimate observed temperature values by about  
257 0.93%.





258

259 **Fig. 2** The relationship between predicted temperature from the CEQUEAU model and the  
 260 historical temperature data from  
 261 [https://climate.weather.gc.ca/historical\\_data/search\\_historic\\_data\\_e.html](https://climate.weather.gc.ca/historical_data/search_historic_data_e.html) for Vanderhoof  
 262 station. A) Scatter plots of predicted and observed temperature, with the 1:1 line indicated  
 263 for comparison. B) Time series of CEQUEAU predicted (orange) and observed (blue)  
 264 water temperature C) Time series of CEQUEAU predicted (orange) and observed (blue)  
 265 water temperature data with a 2019 focused plot.

266

267 **3.2 Changes in thermal exposure risk ( $T_e$ ) of Nechako Chinook salmon by the mid**  
 268 **and end of the century relative to the 1980s**

269 **3.2.1 Changes in thermal exposure risk ( $T_e$ ) across Nechako River**

270 Our findings indicate that  $T_e$  for the fry life stage across the Nechako River (average of all  
 271 cells) is projected to stay consistently below 1 in all months by the 2050s relative to the  
 272 1980s regardless of the emission scenarios (SSP2-4.5 and SSP5-8.5) (Table 3). On the  
 273 other hand, the parr life stage  $T_e$  is expected to exceed the value of 1 in August, with  
 274 multipliers of 1.1 and 1.3 by the 2050s relative to the 1980s under SSP2-4.5 and SSP5-8.5,  
 275 respectively (Table 3). For the adult life stage,  $T_e$  is predicted to rise above 1 during July  
 276 and August under SSP2-4.5 by the 2050s relative to the 1980s. However, under SSP5-8.5  
 277 in the same timeframe,  $T_e$  values are projected to be above 1, with multipliers of 1.1, 1.3,  
 278 and 1.4 times higher for July, August, and September compared to the 1980s. It is worth  
 279 noting that in the 1980s,  $T_e$  only exceeded the value of 1 in August.

280 **Table 3** The thermal exposure risk (Mean and Standard deviation) of Nechako Chinook  
 281 salmon between May and October during the 1980s (average between 1980 – 1989) and  
 282 under climate change scenarios: SSP2-4.5 and SSP5-8.5 by 2050s (average between 2050  
 283 -2059) and the 2090s (average between 2090-2099). The multiplier in the bracket when  
 284 thermal exposure risk is above 1.

Month	SSP2-4.5			SSP5-8.5		Lifestage
	1980s	2050s	2090s	2050s	2090s	
May	0.04±0.03	0.06±0.05	0.12±0.08	0.07±0.06	0.19±0.14	Fry
June	0.24±0.14	0.47±0.17	0.59±0.32	0.59±0.19	0.83±0.29	Fry
July	0.63±0.3	0.95±0.14	1.17±0.58	1.07±0.17	1.75±0.32	Parr
August	0.95±0.05	1.08±0.12	1.2±0.64	1.26±0.21	2.11±0.24	
September	0.32±0.03	0.63±0.04	0.43±0.23	0.77±0.06	1.46±0.04	Parr
October	0	0	0.01±0.01	0.03±0.01	0.17±0.07	Parr
July	1.00±0.03	1.09±0.1	1.36±0.49	1.14±0.16	1.86±0.34	Adult
August	1.02±0.04	1.11±0.13	1.39±0.56	1.29±0.24	2.31±0.23	
August	1.02±0.04	(1.1)	(1.4)	(1.3)	(2.3)	Adult

				1.04±0.02	1.57±0.04	
September	0.75±0.09	0.99±0.02	0.7±0.28	(1.4)	(2.1)	Adult
October	0.13±0.02	0.17±0.08	0.1±0.04	0.25±0.09	0.5±0.13	Adult

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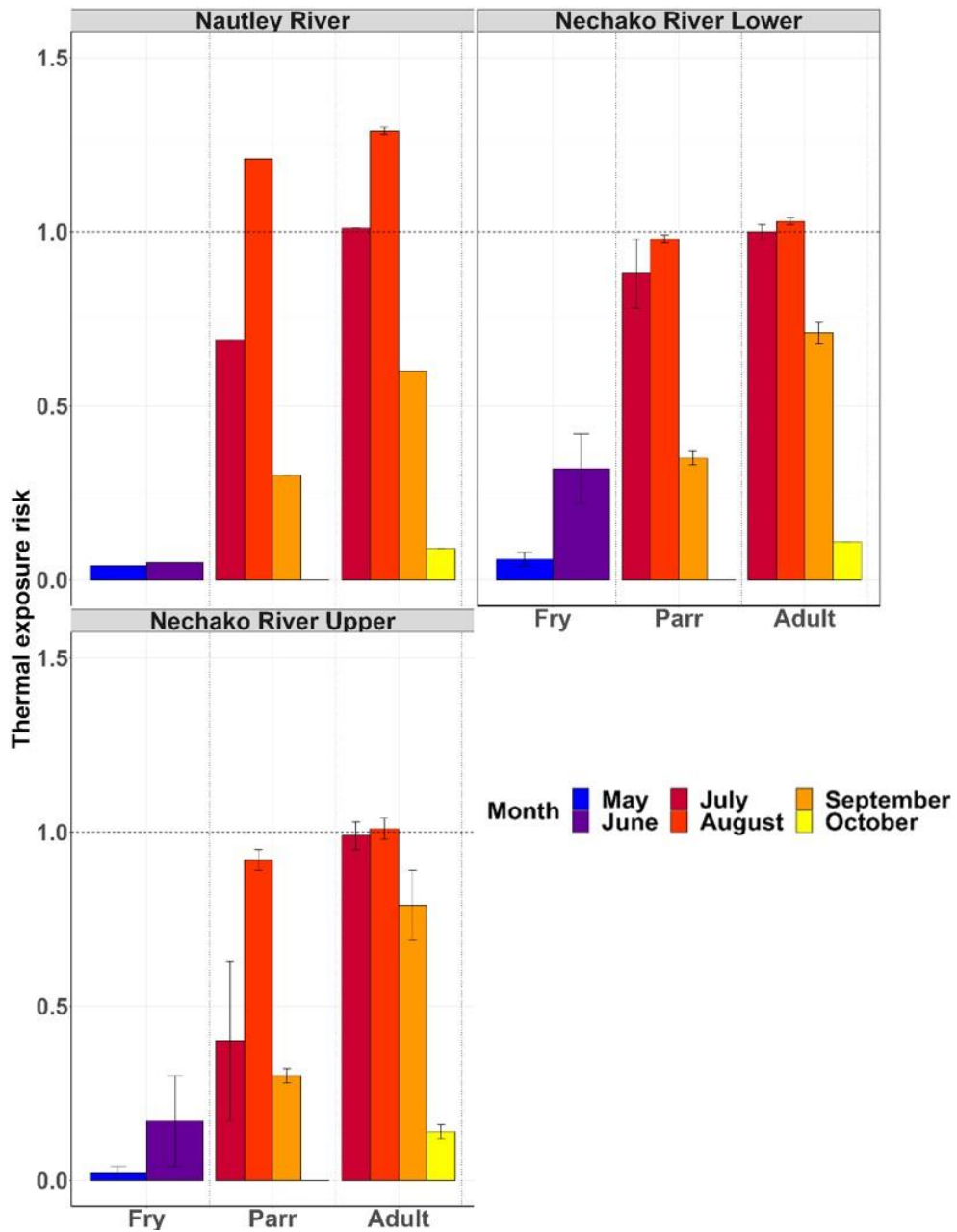
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287 We projected the changes in the fry, parr, and adult life stages of fish in the Nechako River  
 288 in the 2090s as compared to the 1980s under two different scenarios - SSP2-4.5 and SSP5-  
 289 8.5. According to our findings, the  $T_e$  value for the fry life stage will be below 1 in May  
 290 and June under both scenarios (Fig S1B). For the parr life stage, we predicted that the  $T_e$   
 291 value will surpass 1 in July and August under SSP2-4.5. As compared to the 1980s, the  $T_e$   
 292 value during these months will increase by 1.8 and 1.3 times, respectively (Table 3). On  
 293 the other hand, under SSP5-8.5, the  $T_e$  value is expected to exceed 1 in July, August, and  
 294 September, with multipliers of 2.8, 2.2, and 4.5, respectively, as compared to the 1980s.  
 295 For the adult life stage, we predicted that the  $T_e$  values would exceed 1 and increase by 1.4  
 296 times during July and August under SSP2-4.5, as compared to the same months in the  
 297 1980s (Table 3). However, under SSP5-8.5, the  $T_e$  values are expected to rise 1.9, 2.3, and  
 298 2.1 times in July, August, and September, respectively, as compared to the 1980s.

299 **3.2.2 Changes in thermal exposure risk ( $T_e$ ) Nechako River sections**

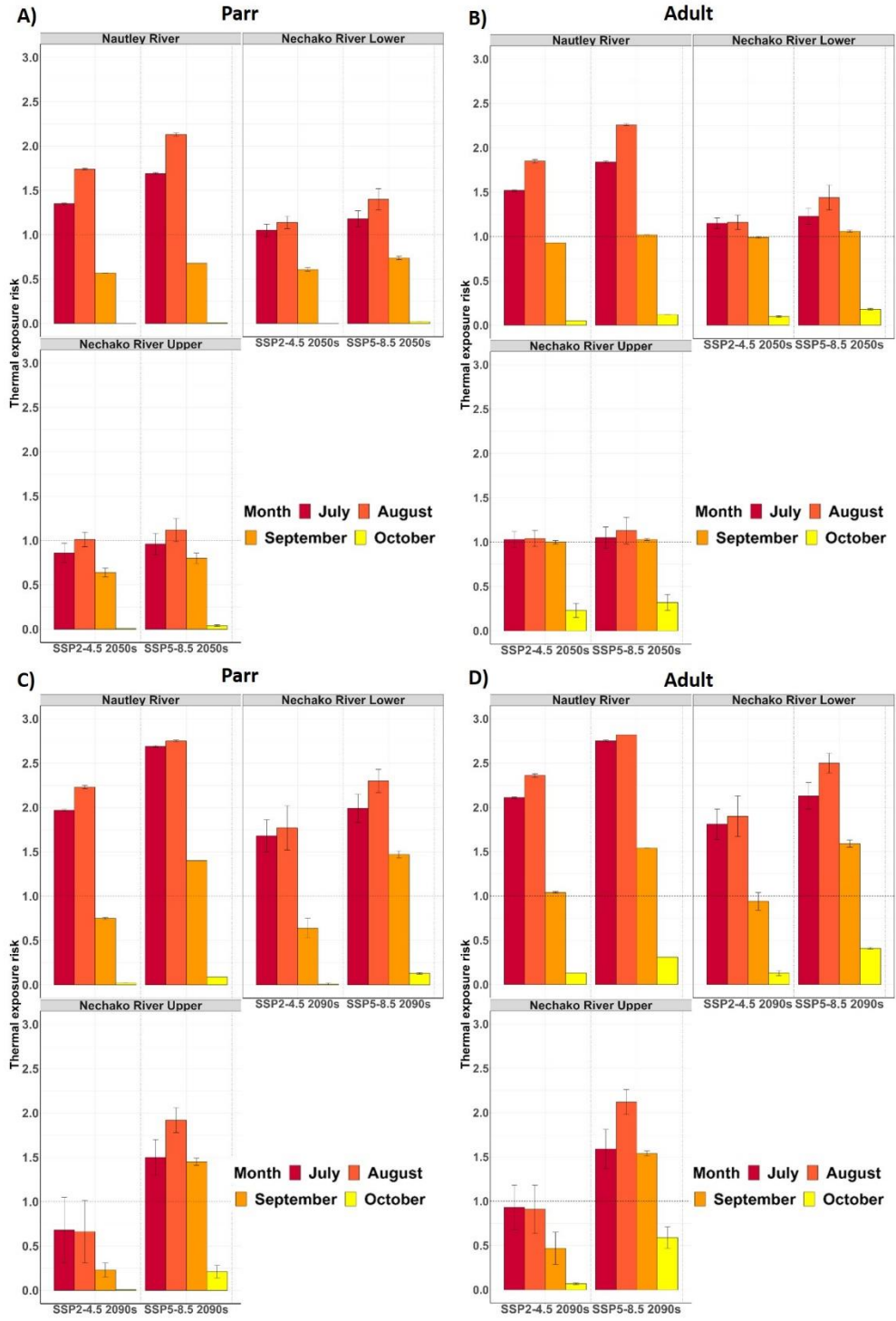
300 Our study shows that the  $T_e$  values for fry in all sections of the Nechako River (Fig. 1A)  
 301 during May and June will be below 1 by the 2050s relative to the 1980s, under both SSP2-  
 302 4.5 and SSP5-8.5 (Fig. S1A). In the 1980s, for the parr life stage,  $T_e$  was only above 1 in  
 303 Nautley River in August (Fig. 3). However, our projections indicate that by the 2050s, in  
 304 July,  $T_e$  will be above 1 in Nautley River and Nechako River Lower, while in August, all  
 305 sections will experience this trend under both scenarios (Fig. 4A). Finally, for the adult life  
 306 stage, we projected a  $T_e$  above the value of 1 in July, August, and September in all Nechako

307 River sections under both scenarios by the 2050s (Fig. 4B). This is a substantial change  
 308 from the 1980s, where we estimated above the value of 1 only in Nautley River and  
 309 Nechako River Lower in July and all Nechako River sections in August (Fig. 3).



310

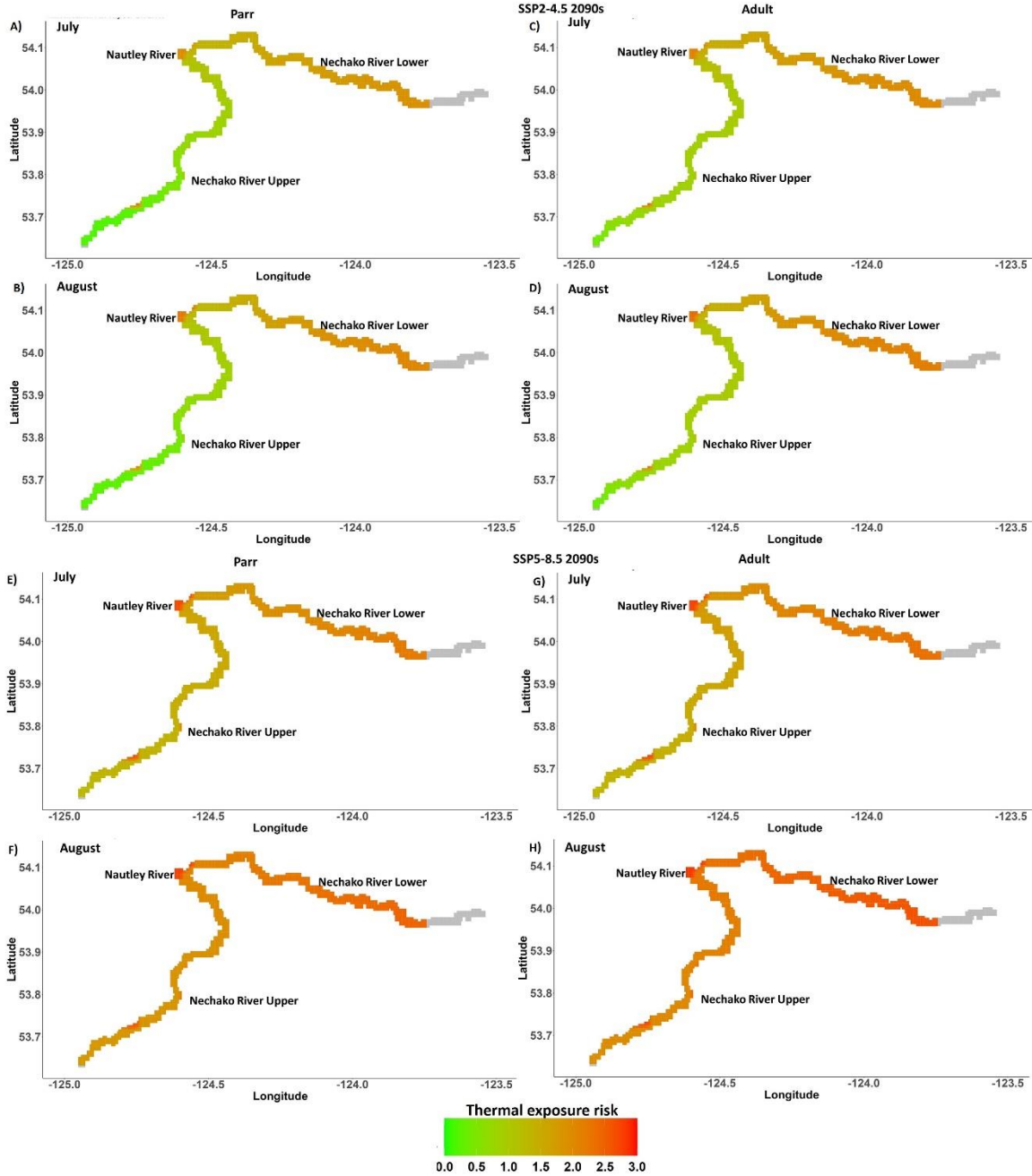
311 **Fig. 3** The thermal exposure risk for Nechako River Chinook salmon life stages (fry, parr  
 312 and adult) in Nechako River sections in the 1980s (average 1980-1989) for May to October.  
 313 The dotted line indicates a thermal exposure risk of 1.



314

315 **Fig. 4** The thermal exposure risk for Nechako River Chinook salmon life stages in Nechako  
 316 River sections under SSP2-4.5 and SSP5-8.5 in the 2050s (average between 2050-2959)  
 317 and 2090s (average between 2090 -2099) for A, C) Parr life stage; B, D) Adult life stage.  
 318 The dotted line indicates a thermal exposure risk of 1. Cool to warm colours represent the  
 319 months included in this study- July to October.

320 According to our projections, in the 2090s, the  $T_e$  value below 1 is expected to be under  
321 the SSP2-4.5 scenario for the fry life stage (Fig. S1A). However, under the SSP5-8.5  
322 scenario, we projected a  $T_e$  value in the Nautley River and Nechako River Lower that will  
323 exceed the value of 1 in June (Fig. S1B). For the parr life stage, our projections show that  
324  $T_e$  levels in Nautley River and Nechako River Lower will exceed 1 in July and August  
325 under the SSP2-4.5 scenario. However, under the SSP5-8.5 scenario, our projections  
326 suggest that  $T_e$  levels will exceed 1 in all Nechako River sections during the parr life stage  
327 duration months (i.e., July, August, and September) (Fig. 4C, Fig. 5). As for the adult life  
328 stage, our analysis predicts that  $T_e$  levels will exceed the threshold in July and August in  
329 Nautley River and Nechako River Lower sections under the SSP2-4.5 scenario, and in  
330 September in Nautley River (Fig. 4D). Under the SSP5-8.5 scenario, our projections reveal  
331 that  $T_e$  levels will surpass 1 in all Nechako sections in July, August, and September relative  
332 to the 1980s.



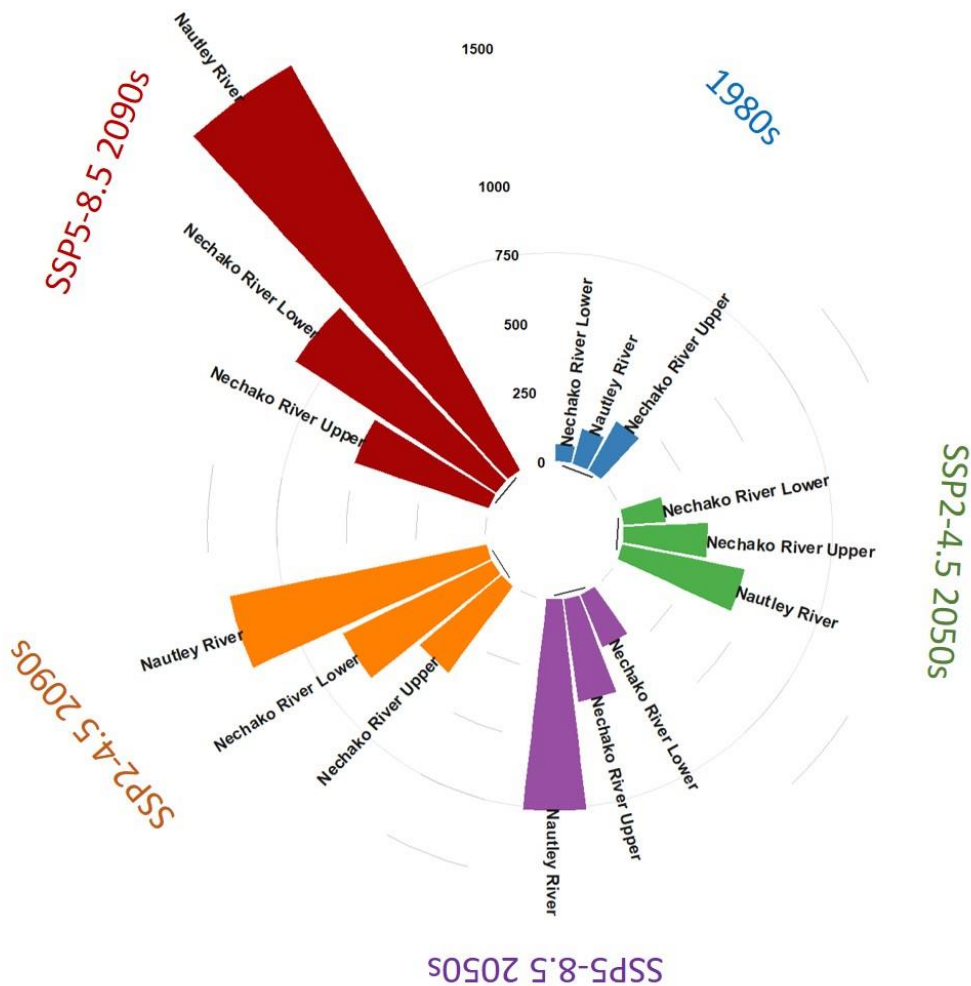
333

334 **Fig. 5** Thermal exposure risk spatial map for Nechako River Chinook salmon life stages;  
 335 parr and adult under SSP2-4.5 and SSP5-8.5 in the 2090s (average 2090-2099) for the  
 336 Summer Temperature Management Program (STMP) months (July and August). Under  
 337 SSP2-4.5: (A, B) Parr life stage; (C, D) Adult life stage. Under SSP5-8.5: (E, F) Parr life  
 338 stage; (G, H) Adult life stage. Cool and warm colours represent low and high thermal  
 339 exposure risk, respectively.

340

341 **3.3 Cumulative heat degree-days above optimal temperatures for Chinook salmon in**  
342 **Nechako River sections**

343 Our research findings present the degree-days data for various sections of the Nechako  
344 River during the 1980s and different climate change scenarios (Fig. 6). According to our  
345 results, the Upper Nechako River experienced the highest degree-days of 200°C-days,  
346 while the Nechako River Lower had the lowest degree-days of 61°C-days during the 1980s.  
347 Meanwhile, the Nautley River had 130°C-days.



348

349 **Fig. 6** Cumulative heat degree-days above optimal temperature for Nechako Chinook  
350 salmon life stages in Nechako River sections in the 1980s and under SSP2-4.5 and SSP5-  
351 8.5 scenarios.



352 Based on our projections for the SSP2-4.5 scenario in the 2050s, the Nautley River will  
353 experience the highest increase in °C-day relative to the 1980s of 3.4 times (448°C-day),  
354 while the Nechako River Upper and Lower will experience an increase in °C-days of 1.5  
355 (305°C-day) and 2.5 (152°C-day) times, respectively. Under the SSP5-8.5 scenario for the  
356 2050s, the increase in °C-days relative to the 1980s is even greater, with the Nautley River,  
357 Nechako River Upper and Nechako River Lower projected to be 5.8 times (760°C-days),  
358 1.9 times (373°C-days) and 3.4 times (205°C-days) greater, respectively.

359 In the 2090s, under the SSP2-4.5 scenario, the Nautley River is expected to increase by 7.2  
360 times (942°C-days) relative to the 1980s, while the Nechako River Upper and the Nechako  
361 River Lower are projected to increase by 1.9 times (388°C-days) and 9.8 times (597°C-  
362 days) relative to the 1980s respectively. Under the SSP5-8.5 scenario, the Nautley River is  
363 projected to increase by 12.9 times (1673°C-days) relative to the 1980s. The Nechako River  
364 Upper and the Nechako River Lower are projected to increase by 2.9 times (510°C-days)  
365 and 14.2 times (864°C-days) relative to the 1980s respectively.

#### 366 **4.0 Discussion**

367 Our study used a combination of hydrological modelling and physiological data to evaluate  
368 how thermal conditions, in the years for which the Nechako STMP was implemented,  
369 affected the thermal exposure of Chinook salmon with projections to the future under  
370 different climatic and socio-economic scenarios.

371 According to our study, the thermal exposure risk ( $T_e$ ) across the Nechako River during  
372 the 1980s (average between 1980 and 1989) aligned with the STMP program's goal of  
373 addressing the impact of rising temperatures on Nechako species (Macdonald et al., 2012)

374 especially for the fry and parr life stages. The fry and parr life stages consistently  
375 experienced  $T_e$  values below the optimal threshold of 1, indicating the absence of thermal  
376 exposure risk during the period the life stages occurred in the Nechako River. However,  
377 the adult life stage showed  $T_e$  values exceeding 1 in July and August (Table 3), which  
378 points to a potential risk of thermal stress for migrating and spawning adults (DFO, 2020),  
379 despite the STMP program's implementation.

380 When evaluating specific Nechako River sections (see Fig. 1A), all life stages except fry  
381 analysed in this study experienced a significant amount of thermal exposure that surpassed  
382 the value of 1 in the Nautley River in July. This river is widely acknowledged as a crucial  
383 feeding and migration pathway for both Chinook salmon parr and adults, respectively.  
384 Furthermore, this analysis indicates that Chinook salmon adults in the Nechako River's  
385 Upper and Lower sections were likely at an elevated risk of exposure to thermal stress  
386 during the STMP months (i.e. July and August). Although the study encompassed a diverse  
387 range of habitats in the Nechako River's Lower and Upper sections, these areas included  
388 several vital creeks and inlets that are essential for the conservation of Chinook salmon  
389 (Bradford, 1994). In addition, the areas identified as the Upper Nechako River include the  
390 spawning areas of Chinook salmon in the Nechako River (Bradford, 2022). Since Pacific  
391 salmon are semelparous, spawning behaviours (e.g., digging redds, competing for mates)  
392 in these areas are critical for reproductive success (Healey et al., 2003) and straying or  
393 impaired behaviours due to high temperatures would hinder spawning success.

394 Our study emphasises the need to promote potential alternatives to the current STMP  
395 program that incorporate physiological considerations for all species' life stages and  
396 climate change to ensure the robust resilience of Nechako species. Our study highlighted

397 that climate change may pose an additional threat to the Chinook salmon population across  
398 the Nechako watershed, especially during the summer months. Under the intermediate and  
399 high emission scenarios (i.e., SSP2-4.5 and SSP5-8.5), The  $T_e$  will increase substantially  
400 compared to the 1980s when the STMP program began. This is particularly evident for parr  
401 in July and August and for adults in July, August, and September by the mid-century. This  
402 risk will be aggravated by the end of the century in June, July, August and September for  
403 parr and adult life stages, especially under the high emissions scenario. These months  
404 coincide with the migration months for the upper Fraser Chinook salmon population  
405 including the Nechako population (Bradford & Taylor, 2023; DFO, 1999).

406 Our research found that specific sections of the Nechako River may be especially at risk of  
407 thermal exposure during the STMP months under both SSP2-4.5 and SSP5-8.5 scenarios.  
408 The Nautley River and Nechako River Lower sections are consistently projected to have  
409 the highest  $T_e$  for both the parr and adult life stages during July and August by the 2050s.  
410 By the end of the century, all sections of the Nechako River are projected to have a  $T_e$   
411 greater than 1 in some months. This includes early summer months such as June when the  
412 fry life stages emerge in the Nechako River (Alcan, 2010; Bradford & Taylor, 2023). This  
413 highlights the need for action to manage the impact of climate change on the Nechako  
414 Chinook salmon population beyond the STMP period (July 20<sup>th</sup> to August 20<sup>th</sup>) and the  
415 review of the current STMP program to include other Nechako resident species (M. A.  
416 Oyinlola et al., 2023). It is especially important to address this issue given that temperatures  
417 in BC are expected to rise significantly in the early Fall season relative to historical  
418 observations (Whitfield, 2001).

419 Overall, our study suggests that the Nechako River Chinook salmon freshwater adult life  
420 stage will be subjected to high  $T_e$  by the middle and end of the century in all Nechako River  
421 sections compared to the 1980s under both projected climate scenarios despite the STMP  
422 being active. Nevertheless, the risk level is much lower under the intermediate scenario  
423 (i.e., SSP2-4.5) than the high-emission scenario (i.e., SSP5-8.5). In addition to the STMP  
424 months,  $T_e$  is expected to increase in September under the high emission scenario by the  
425 end of the century. With peak adult migration typically occurring during these months in  
426 the upper Fraser (Bradford & Taylor, 2023; DFO, 1999), the increased  $T_e$  during September  
427 could have significant implications for the survival and reproductive success of Nechako  
428 River Chinook salmon. These findings highlight the urgency of implementing effective  
429 conservation and management strategies to mitigate the impact of rising temperatures on  
430 migrating Chinook salmon populations.

431 A degree-day index is a useful tool that measures the amount of accumulated heat above a  
432 specific temperature threshold. It has been widely used in various fields, such as agriculture  
433 and entomology, to understand the connection between temperature and biological  
434 processes. In recent studies, the degree-day index has been applied to describe the  
435 relationship between temperature and physiology in fish (Chezik et al., 2014; Neuheimer  
436 & Taggart, 2007; M. A. Oyinlola et al., 2023; Steele & Neuheimer, 2022). Our study  
437 focused on the cumulative heat degree days (CHDD) above optimal temperatures for  
438 Chinook salmon in the Nechako River as a relative indicator of predicted thermal changes  
439 in the Nechako River system. Based on the findings, it is projected that climate change will  
440 result in a substantial rise in CHDD, ranging from 1.9 to 5.8 times (2050s) and 2.9 to 12.9  
441 times (2090s) in comparison to the 1980s. This increase will be predominantly evident

442 during the parr and adult life phases, which correspond with the STMP operational time  
443 frame (July 20th to August 20th).

444 Our findings are similar to the historical CHDD for white sturgeon in the Nechako River  
445 (M. A. Oyinlola et al., 2023). According to our findings, the current water management  
446 program is unlikely to effectively reduce the impact of climate change in either the  
447 intermediate or high emission scenarios or in the short (2050s) and long term (2090s).  
448 However, if we consider the intermediate scenario (SSP2-4.5), the CHDD value only  
449 slightly increases compared to the high emission scenario (SSP5-8.5), where there is a  
450 substantial increase. Hence, the water management system must be re-evaluated with a  
451 focus on reducing temperatures to be within the optimal temperature ranges for the  
452 different, Nechako species that inhabit the river. This study highlights the urgency of the  
453 matter and the need for immediate action.

#### 454 **Study limitations**

455 Our study integrates a hydrological model with the physiological limits of different life  
456 stages of Chinook salmon, providing insights into how changes in water temperatures may  
457 influence this species across the Nechako River. Our framework employs a spatially  
458 explicit approach that surpasses the limitations of traditional single river point analyses,  
459 allowing for a comprehensive evaluation of Chinook salmon's thermal vulnerability within  
460 the reach of the Nechako River. However, limitations exist. The accuracy of our  
461 temperature prediction model may be underestimated due to various factors, such as the  
462 reliability of the input meteorological data, observed water temperature data used for model  
463 calibration and potential heat budget variations during specific months (Khorsandi et al.,  
464 2022; Yoshida et al., 2022). These factors create uncertainties that affect the model's

465 accuracy. Moreover, it is worth noting that the accuracy of the model's predictions is  
466 influenced by the resolution of the physical catchment properties and their aggregation or  
467 disaggregation processes (Markhali et al., 2022). Mismatches between the data resolution  
468 of the physical catchment properties and the model resolution can introduce additional  
469 uncertainties in the results (Shrestha et al., 2006), requiring careful consideration during  
470 the data preparation step. Although our approach has yielded valuable insights into the  
471 thermal vulnerability of Chinook salmon, the limitations of our modelling methods  
472 underscore the need for continuous refinement and improvement. Future research efforts  
473 should prioritise the enhancement of observed data reliability and resolution for calibration,  
474 as well as the refinement of model mechanisms and parameters to improve their accuracy  
475 in simulating extreme temperatures and accounting for the complexities of the Nechako  
476 River ecosystem.

477 One limitation of our study pertains to the thermal metrics at a large scale. We have not  
478 factored in the precise local cooling patterns that may arise from groundwater or hyporheic  
479 exchange (Kurylyk et al., 2015; Sullivan et al., 2021), offering potential thermal refuges  
480 for parr and adults in the Nechako River. To address this limitation, future research should  
481 focus on measuring the unique ground features and determining the specific areas where  
482 these life stages reside within the Nechako River.

483 Relying solely on laboratory thermal limits data may not accurately predict the thermal  
484 exposure risk (Payne et al., 2021) for Chinook salmon in their natural habitat. The  
485 complexity of ecosystems and the potential interactions between species and their  
486 environment are not completely accounted for in the data, which can affect species'  
487 distributions, population dynamics, and community structure. Thus, it is crucial to consider

488 these ecological interactions when studying the effects of temperature on Chinook salmon.  
489 Moreover, the physiological data used here was collected across the life stages of Shuswap  
490 Chinook salmon. This upper Fraser River population continues to have strong returns, not  
491 the Nechako River Chinook population because of population declines and sustainability  
492 concerns. Pacific salmon populations are known to be locally adapted to their specific  
493 environmental conditions (Eliason et al., 2011), thus differences in thermal risk could exist  
494 between these populations. However, Shuswap and Nechako River Chinook salmon  
495 migrate at the same time and experience similar thermal conditions. Additionally, the  
496 thermal limit metrics may overlook the adaptive capacity of Chinook salmon species.  
497 Organisms can exhibit phenotypic plasticity or undergo evolutionary adaptations in  
498 response to changing environmental conditions and our study does not address acclimation  
499 or adaptation (Burton et al., 2022; Crozier et al., 2008; Schulte et al., 2011). Limiting our  
500 study to thermal constraints alone may result in overlooking the capacity of species to  
501 acclimate or adapt to changing thermal environments in the long run. Future research  
502 should employ a more comprehensive approach that considers multiple factors, such as  
503 habitat complexity, resource availability, species interactions, and species acclimation and  
504 adaptation in shaping species' responses to temperature.

## 505 **5.0 Conclusion**

506 Evidence from this study reinforces the need to revisit and enhance the STMP to ensure  
507 the long-term viability of the Nechako River species (Earhart et al., 2023; M. A. Oyinlola  
508 et al., 2023). Our research suggests that both parr and adult life stages will experience  
509 higher  $T_e$  in the future up to 2-5 times compared to the 1980s under the SSP5-8.5 scenario.  
510 CHDD will also rise significantly, ranging from 1.9 to 5.8 times (2050s) and 2.9 to 12.9

511 times (2090s) compared to the 1980s under SSP5-8.5. In addition, thermal exposure in the  
512 Nautley River section of the Nechako River watershed will increase substantially under  
513 climate change. Our study highlights that a multi-species approach that considers the  
514 potential effects of increased thermal exposure on the entire ecosystem of the Nechako  
515 River and upper Fraser River would improve the management approach to protect the  
516 Nechako River resident species.

517



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526

527 **Reference**

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716

717 **Declaration**

718 Competing interest: **The** authors have declared that no competing interests exist

719 **Data availability statement**

720 The data that support the findings of this study are openly available at

721 <https://borealisdata.ca/privateurl.xhtml?token=a6486ef7-68dc-4e80-95c9-d7387ca838dc>

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