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13 **Abstract**

14 Water temperature plays a crucial role in the physiology of aquatic species, particularly in their
15 survival and development. Thus, resource programs are commonly used to manage water quality
16 conditions for endemic species. In a river system like the Nechako River system, central British
17 Columbia, a water management program was established in the 1980s to alter water release in the
18 summer months to prevent water temperatures from exceeding a 20°C threshold downstream
19 during the spawning season of Sockeye salmon (*Oncorhynchus nerka*). Such a management
20 regime could have consequences for other resident species like the white sturgeon (*Acipenser*
21 *transmontanus*). Here, we use a hydrothermal model and white sturgeon life stage-specific
22 experimental thermal tolerance data to evaluate water releases and potential hydrothermal impacts
23 based on the Nechako water management plan (1980 to 2019). Our analysis focused mainly on the
24 warmest five-month period of the year (May to September), which includes the water release
25 management period (July-August). Our results show that the thermal exposure risk, an index that

26 measures temperature impact on species physiology of Nechako white sturgeon across all early
27 life stages (embryo, yolk-sac larvae, larvae, and juvenile) has increased substantially, especially
28 in the 2010s relative to the management program implementations' first decade (the 1980s). The
29 embryonic life stage was the most impacted, with a continuous increase in potential adverse
30 thermal exposure in all months examined in the study. We also recorded major impacts of
31 increased thermal exposure on the critical habitats necessary for Nechako white sturgeon recovery.
32 Our study highlights the importance of a holistic management program with consideration for all
33 species of the Nechako River system and the merit of possibly reviewing the current management
34 plan, particularly with the current concerns about climate change impacts on the Nechako River.

35 **Keywords:** Nechako River, Thermal exposure, White sturgeon, Temperature, Physiological limits

36 **1.0 Introduction**

37

38 Temperature plays an important role for all aquatic organisms and has been shown to affect species'
39 phenotype, distribution, survival, and development (Pörtner et al. 2001, Perry et al. 2005, Kearney
40 and Porter 2009). As most aquatic species are poikilothermic ectotherms, their body temperature
41 varies with the environment (Speight et al. 2008), and thus environmental temperature directly
42 influences their physiology, behaviour, and development. For instance, metabolic rate increases
43 with temperature by accelerating biochemical kinetic energy reaction rates, influencing individual
44 organisms' functioning and performance to be successful in an ecosystem (Angilletta Jr and
45 Angilletta 2009, Abram et al. 2017), which then may affect species' population and ecology
46 (Lessard and Hayes 2003, Biro et al. 2007). Indeed, physiological processes increase 2-3 fold for
47 every 10°C increase in temperature (White et al. 2006, Seebacher et al. 2015, Peck 2016). This
48 increases up to a temperature optimum, and then performance decreases beyond that (Fig.1A).

49 Thermal exposure risk is a vital aspect to consider in aquatic ecosystems due to its potential
50 impacts on the health and functioning of these ecosystems (Morash et al., 2021). Studies have
51 shown that increased temperatures can enhance metabolic rates and overall organismal
52 functioning, however, beyond an optimum point, further temperature increases can lead to a
53 decline in performance and ultimately mortality (Pörtner et al., 2005; Pörtner & Peck, 2010). These
54 thermal exposures can have significant ecological implications in aquatic systems, leading to
55 altered species distributions, changes in seasonal events, and even the potential for oxygen
56 depletion and the growth of harmful algal blooms (Griffith & Gobler, 2020; Jones & Cheung,
57 2015; Walters et al., 2018). It is important, therefore, to consider thermal exposure-associated
58 potential risks to aquatic ecosystems and develop frameworks towards better understanding and
59 managing these risks to promote the health and functioning of such aquatic ecosystems.

60 Anthropogenic activities such as urbanisation, vegetation removal, reservoirs, river regulations,
61 and dams are major contributors to changes in the lotic ecosystem's physio-chemical properties,
62 including temperature (Lessard and Hayes 2003, Prats et al. 2012, Maheu et al. 2016a). Such
63 activities are beneficial to society; however, they may greatly alter the thermal conditions in rivers,
64 thereby increasing organisms' elevated thermal exposure that may lead to negative impacts
65 (Ahmad et al., 2021; Maheu et al., 2016; Michie et al., 2020; Shi et al., 2021; Zaidel et al., 2021;
66 Zhao et al., 2020)..

67 Many studies have reported the impact of dams on the associated river thermal regime (Larabi et
68 al., 2022; Weber et al., 2017; Zaidel et al., 2021), and have been shown to alter downstream
69 temperature depending on their size and type (Chandesris et al. 2019, Seyedhashemi et al. 2021).
70 Nevertheless, the flow rate can be altered to influence downstream temperature through guided
71 water discharge management to restore, or sustain, the ecological integrity of the river system

72 (Olden and Naiman 2010). Such management approaches can lead to different thermal pollution
73 magnitudes. For instance, hypolimnetic releases from dams in the summer discharge cold water
74 that reduces downstream temperature, while surface water released from dams may result in
75 considerable downstream warming (Saila et al. 2005, Maheu et al. 2016b). The cooling or
76 warming effect depends on the type of dam. For example, in Eastern Canada, small and medium
77 storage dams are known to have a warming effect during the open water period persisting over
78 river reaches ranging between 4.3 and 16 km (Maheu et al. 2016b).

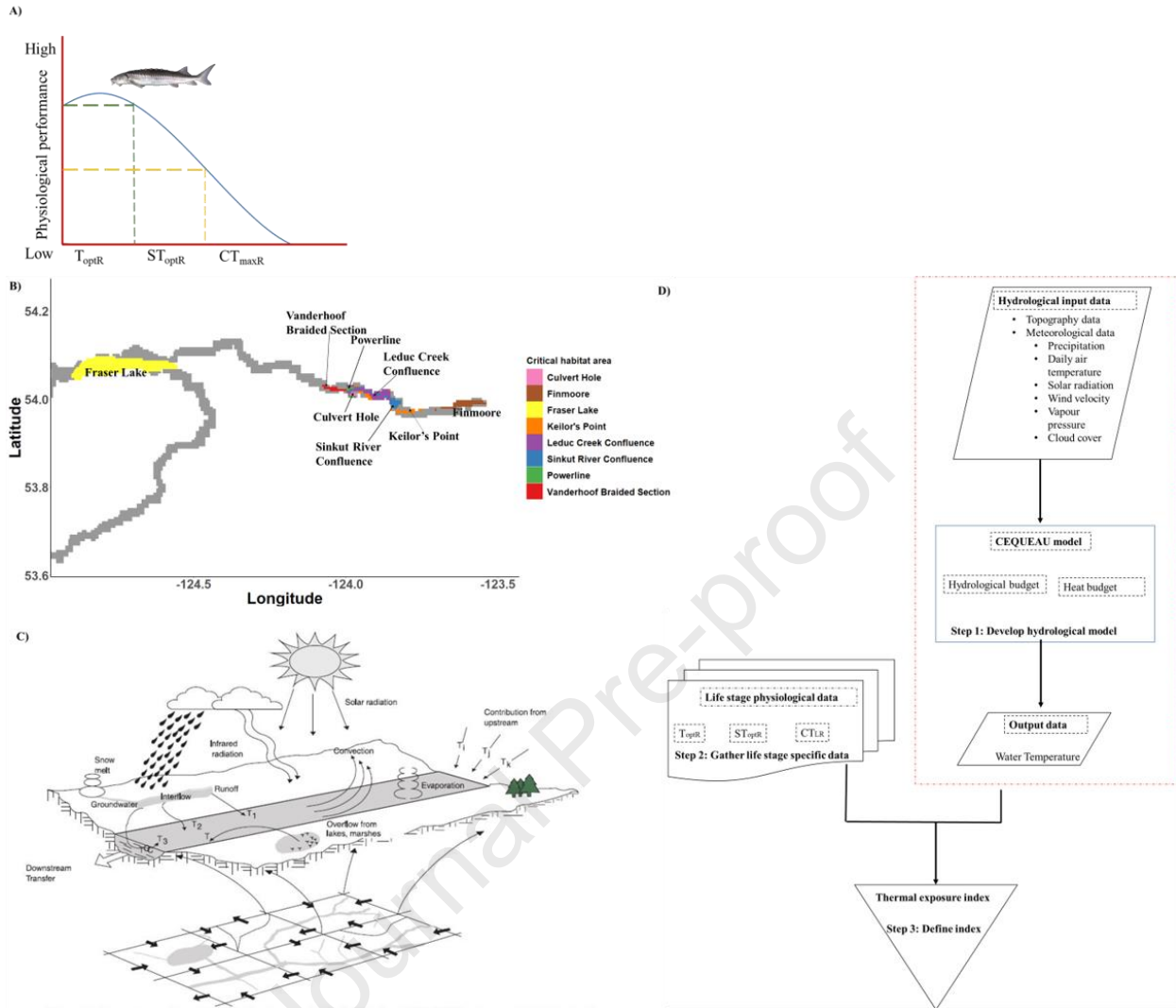
79 The Nechako River is an important system in central British Columbia, Canada that is impacted
80 by the presence of a dam through changes in the river system functions (i.e., flow, temperature,
81 sediment etc). To partially mitigate this impact, a water management program has been
82 implemented since the 1980s. The program focused on maintaining a water temperature below or
83 equal to 20°C during critical times, during the migration and spawning season of Sockeye salmon
84 (*Oncorhynchus nerka*) (Macdonald et al. 2012), when adults migrate through this region to reach
85 their spawning grounds. However, the river system supports many other important and critically
86 endangered species, including white sturgeon (*Acipenser transmontanus*), that are not considered
87 in the present management program. It is therefore essential to develop a better understanding of
88 thermal conditions to which white sturgeon are exposed in the Nechako River and to provide
89 advice on implementing a more comprehensive water management program concerning residents
90 and other migratory fish species requirements.

91 To mitigate dam impacts and to find a compromise between water impoundment and ecological
92 values, water management programs such as the Summer Temperature Management Program
93 (STMP) of the Nechako River system have been implemented with a focus on water quality,
94 temperature and flow. The STMPs' main objective is to maintain water temperature below 20°C

95 during the sockeye migration season (July 20 – August 20), in the Nechako River at Finmore
96 (Fig.1B) (upstream of the Stuart River confluence) (Macdonald et al. 2012). The STMP target is
97 achieved by releasing water discharges of up to 453 m³/s through the Skins Lake Spillway into the
98 Nechako River (Ouellet-Proulx et al. 2017). The management program has been effective in this
99 aim since it started in 1981, which may benefit sockeye salmon spawning success (Macdonald et
100 al. 2012). However, the benefits of this 20°C target for resident species such as white sturgeon
101 have been questioned (Macdonald et al. 2012). Moreover, reaching the stated thermal objective at
102 Finmore does not guarantee that conditions are optimal elsewhere in the system, such as at
103 locations that constitute habitat for white sturgeon.

104

105



106

107 **Figure 1: Graphical representation of the major components of this study. A)** Graphical
 108 representation of physiological performance related to temperature. T_{optR} is the optimal
 109 temperature range over which fish exhibit their greatest physiological performance, CT_{LR} is a
 110 critical thermal temperature range, which coincides with a loss of critical function or death, and
 111 the Sub-optimal Temperature Range (ST_{optR}) is the temperature range between T_{optR} upper limits
 112 and CT_{LR} lower limits. **B)** Critical habitat areas identified in the Species Risk Act (SARA) for the
 113 recovery of white sturgeon. **C)** Schematic diagram of the framework to derive a thermal exposure
 114 index used in this study. **D)** CEQUEAU model heat budget representation (see materials and
 115 methods for more information)

116

117 The white sturgeon is primarily a freshwater species found only in three major river systems in
 118 western North America: the Fraser, Columbia, and Sacramento-San Joaquin rivers (Hildebrand et

119 al. 2016). In British Columbia, the species occurs in the Lower and Upper Fraser, including their
120 tributaries like the Nechako and Stuart Rivers, and the Upper Columbia and Kootenay Rivers
121 (Schreier et al. 2012). The Nechako sturgeon population has declined since 1970 owing to adult
122 natural mortality and negligible recruitment (COSEWIC 2003). Although several factors, such as
123 fishing, changes to species assemblages, and climate change impacts (Bradford and Irvine 2000,
124 Hutchings and Reynolds 2004, Pauly and Palomares 2005, Johnston and Maceina 2009, Genner et
125 al. 2010, Cheung et al. 2021) could contribute to the fish population decline, the anthropogenic
126 impacts of dams, such as thermal and sediment alteration, cannot be overlooked (Boucher et al.,
127 2014, 2018; Macdonald et al., 2012). Such alterations might be detrimental to white sturgeon
128 phenotypic characteristics and ultimately survival, especially in the early life stages (i.e., embryo,
129 yolk-sac larvae), which may persist into the juvenile stages (Boucher et al. 2014, Cheung 2019).

130 In this study, we developed a framework to evaluate water release-related hydrothermal impacts
131 on the white sturgeon of the Nechako River (B.C. Canada) (Fig. 1C). First, we applied the
132 CEQUEAU model (Charbonneau et al. 1977), a semi-distributed hydrological and water
133 temperature model, to simulate the Nechako River's daily water temperature from 1980 to 2019.
134 Second, we gathered early life stages (i.e., embryo, yolk-sac larvae, larvae and juvenile) specific
135 information on the thermal tolerance and the critical habitats of the white sturgeon in the Nechako
136 River. To assess the effects of water temperature release on Nechako white sturgeon populations,
137 we developed a thermal exposure risk (T_e) index, which ranges from 0 to 3. An index of 0 indicates
138 low thermal exposure risk, while a score of 3 indicates high exposure risk. We employed this index
139 to evaluate the historical impact of the STMP program on the health and survival of Nechako white
140 sturgeon. Finally, we discussed the implication of our results for future water management and
141 Nechako River white sturgeon recovery, especially under global environmental changes.

142 Numerous thermal indicators have been developed and calculated in different lotic systems for
143 salmonids (e.g., Abidi et al., 2022; Edmundson & Mazumder, 2001). However, to our knowledge,
144 this is the first study that designed a thermal exposure index for white sturgeon in a major system
145 such as the Nechako River basin.

146 **2.0 Materials and Methods**

147

148 **2.1 CEQUEAU model: Modelling Nechako River water temperature**

149

150 CEQUEAU is a semi-distributed hydrological and water temperature model (Fig. 1D) (see
151 (Khorsandi et al. 2022) for model details). The model considers watershed physical characteristics
152 by decomposing them into Elementary Representative Areas (ERA) of equal surface (called
153 "whole squares") and then defines altitude, percentage of forest cover, and the percentage of ERA
154 covered by lakes and wetlands. The model further defines water routing by subdividing ERAs into
155 a maximum of four so-called "partial squares" according to altitudes, slopes, and the consequent
156 water divides. In each partial square, a hydrological budget is calculated at each time step (daily).
157 CEQUEAU achieves routing by apportioning the water available for runoff proportionally to the
158 partial square areas and identifying the receiving partial square downstream. In addition to
159 physiographic data, the model requires meteorological inputs: daily solid and liquid (or total)
160 precipitation, as well as maximum and minimum daily air temperature. Alongside the hydrological
161 budget, a heat budget is calculated on each partial square. This is done using additional
162 meteorological input variables (solar radiation, wind velocity, vapour pressure, and cloud cover)
163 that are used to compute surface heat fluxes (incoming shortwave radiation, net longwave
164 radiation, latent heat, and sensible heat). In addition to the surface heat budget, heat advected from

165 upstream, local runoff and interflow, as well as groundwater, is accounted for at each time step
166 (Fig. 1D).

167

168 **2.1.1 CEQUEAU model: modelling temperature and model calibration**

169

170 The first step in implementing CEQUEAU is calibrating its parameters. This is a two-step process
171 in which the hydrological module is first calibrated using observed streamflow from hydrometric
172 stations on the Nechako River, followed by a similar calibration of the thermal module using water
173 temperature gauges located between the dam and Vanderhoof. In both cases, an automatic
174 calibration algorithm [Covariance Matrix Adaptation Evolution Strategy or CMA-ES (Hansen
175 2006)] was implemented after a first manual calibration was used to define the parameters domain.
176 The multi-site temperature calibration method of Khorsandi et al. (2022) was used to adjust the
177 parameters of the water temperature module.

178

179 **2.2 Thermal tolerance limits and critical habitat for Nechako white sturgeon**

180

181 First, white sturgeon thermal tolerance thresholds were obtained from laboratory studies conducted
182 at the University of British Columbia, Canada. For each early life stage (i.e., embryo, yolk-sac
183 larvae, larvae, and juvenile), we recorded the Optimal Temperature Range (T_{optR}), Sub-optimal
184 Temperature Range (ST_{optR}), and Critical Thermal Limit Range (CT_{LR}) based on the laboratory
185 results. In this paper, we defined T_{optR} as the temperature range in which fish are at the highest
186 physiological performance, ST_{optR} as the temperature range which coincides with a loss of some
187 critical function and less than 25% mortality is recorded, and CT_{LR} as the temperature range in
188 which more than 50% mortality occurred (Fig. 1A). In cases of missing information, we also

189 gathered T_{optR} from the peer-reviewed literature and government documents. We then defined the
 190 thermal exposure risk (T_e) based on T_{optR} , ST_{optR} , and CT_{LR} (Table 1).

$$191 \quad T_{ei} = 0, \text{ if } [T_a \dots T_b] < T_{optR} \dots \dots \dots (1)$$

$$192 \quad T_{ei} = 1, \text{ if } [T_a \dots T_b] = T_{optR} \dots \dots \dots (2)$$

$$193 \quad T_{ei} = 2, \text{ if } [T_a \dots T_b] = ST_{optR} \dots \dots \dots (3)$$

$$194 \quad T_{ei} = 3, \text{ if } [T_a \dots T_b] = CT_{LR} \dots \dots \dots (4)$$

195 where T_{ei} is the thermal exposure risk for cell i ; T_a and T_b are the minimum and maximum
 196 temperature ranges respectively.

197 Second, we identified geo-referenced Critical Habitats (CHs) for white sturgeon in the Nechako
 198 River based on recovery strategies for species listed under Canada's Species at Risk Act (SARA)
 199 (SARA 2002) (Fig. 1B, Table 2). The CHs are habitats that are necessary for the survival or
 200 recovery of species and that are recognized under the species' critical habitats for recovery and
 201 action plans with the specific significance of the species to each life stage (SARA 2002).

202 **Table 1:** White sturgeon thermal exposure (T_e) risk applied for this study, where a value above 1
 203 indicates an elevated thermal exposure risk.

Life stage	Description	Temperature range ($^{\circ}\text{C}$)	Thermal exposure risk (T_e)	Reference
Embryo	Temperature below optimal temperature (growth/ general health condition)	<14	0	
Embryo	The optimal temperature (growth/ general health condition)	14-18	1	(Earhart et al., 2023).
Embryo	Sub-optimal temperature (loss of some critical function and less	>18	2	(Earhart et al., 2023)

	than 25% mortality)			
Embryo	Critical temperature (total loss of critical function and more than 50% mortality)	NA	NA	
Yolk-sac larvae	Temperature below optimal temperature (growth/ general health condition)	<14	0	
Yolk-sac larvae	The optimal temperature (growth/ general health condition)	14-20	1	(Earhart et al., 2023)
Yolk-sac larvae	Sub-optimal temperature (loss of some critical function and less than 25% mortality)	>20	2	(Earhart et al., 2023)
Yolk-sac larvae	Critical temperature (total loss of critical function and more than 50% mortality)	NA	NA	
Larvae	Temperature below optimal temperature (growth/ general health condition)	<10	0	
Larvae	The optimal temperature (growth/ general health condition)	10-16	1	(Wang et al. 1985, Wang et al. 1987, DFO 2014, Cheung 2019)
Larvae	Sub-optimal temperature (loss of some critical function and less than 25% mortality)	>16	2	(Wang et al. 1985, Wang et al. 1987, Hildebrand et al. 2016)
Larvae	Critical temperature (total	NA	NA	

	loss of critical function and more than 50% mortality)			
Juvenile	Temperature below optimal temperature (growth/ general health condition)	<18	0	
Juvenile	The optimal temperature (growth/ general health condition)	15-18	1	DFO, 2014; Penman, 2021; Penman et al., 2023
Juvenile	Sub-optimal temperature (loss of some critical function and less than 25% mortality)	>18	2	DFO, 2014; Penman, 2021; Penman et al., 2023
Juvenile	Critical temperature (total loss of critical function and more than 50% mortality)	NA	NA	

204

205 **Table 2:** White sturgeon critical habitats and their significance related to the life stage within the
 206 Nechako River system based on the Species at Risk Act (SARA).

Critical Habitat Name	Waterbody	Significant	Life stage
Culvert Hole	Nechako River	Feeding, rearing	Juvenile
Finamore	Nechako River	Feeding, rearing	Juvenile
Fraser Lake	Nautley River	Feeding	Juvenile
Keilor's Point	Nechako River	Feeding, rearing	Juvenile
Leduc Creek Confluence	Nechako River	Feeding	Juvenile
Powerline	Nechako River	Feeding, rearing	Juvenile
Sinkut River Confluence	Nechako River	Rearing, feeding	Juvenile
Vanderhoof Braided Section	Nechako River	Spawning, rearing, feeding	Yolk-sac larvae, Larvae

207

208 **2.3 Analysis**

209 **2.3.1 Spatial predicted temperature evaluation.**

210

211 We tested the CEQUEAU model outputs robustness by comparing the predicted temperature with
212 the observed temperature of two stations, i.e., Nautely and Vanderhoof stations. For each station,
213 we examined the correlation between historical temperature records publicly available at
214 https://climate.weather.gc.ca/historical_data/search_historic_data_e.html and spatially predicted
215 temperature. We then computed the Root Mean Square Error (RMSE), R-squared (R^2) values and
216 percent bias.

217 **2.3.2 Thermal exposure risk**

218 We analysed the life stage thermal exposure risk's (T_e) Spatio-temporal pattern for the Nechako
219 River from 1980 to 2019. We focused on five months when temperatures are at their highest, i.e.,
220 May to September. These months cover the most important time of the year for all white sturgeon
221 early life stages (Cadden 2000, Triton 2006) and include the months when the STMP program is
222 active. We estimated the daily T_e in each $0.005^\circ \times 0.005^\circ$ cell that was calculated from simulated
223 daily temperature data (see supplement materials for temperature data) and calculated the average
224 T_e for each decade, i.e., the 1980s (average 1980-1989), the 1990s (average 1990-1999), the 2000s
225 (2000 -2009) and the 2010s (average 2010 -2019) since the beginning of the STMP program. We
226 then estimated the T_e percentage changes for each life stage in the 1990s, 2000s, and 2010s relative
227 to the 1980s. Also, to evaluate the effect of prolonged lethal temperature and combine temperature
228 and its duration in our analysis, we calculated the cumulative heat degree-days (CHDD °C days)
229 (Neuheimer and Taggart 2007, Wuenschel et al. 2012) for the days when STMP was active (i.e.,
230 between July 20 and August 20). CHDD measures the degree of heating based on the mean daily
231 temperature above the upper optimal temperature range threshold which is calculated as follows.

232
$$CHDD > T_b = \sum_{d=1}^{d=n} (T_b - T_{di}) \dots \dots \dots (4)$$

233 Where T_b is the upper optimal temperature range

234 T_d is the mean daily temperature per cell on day d and n is the number of days in active STMP
235 months per year.

236 We further discuss the potential threat and opportunity for white sturgeon recovery and the
237 importance of a holistic management program with much consideration for all species of the
238 Nechako River system. We ran all models and analyses using Matlab (MATLAB and Statistics
239 Toolbox 2018a) and the statistical programming software R (R Core Team 2020).

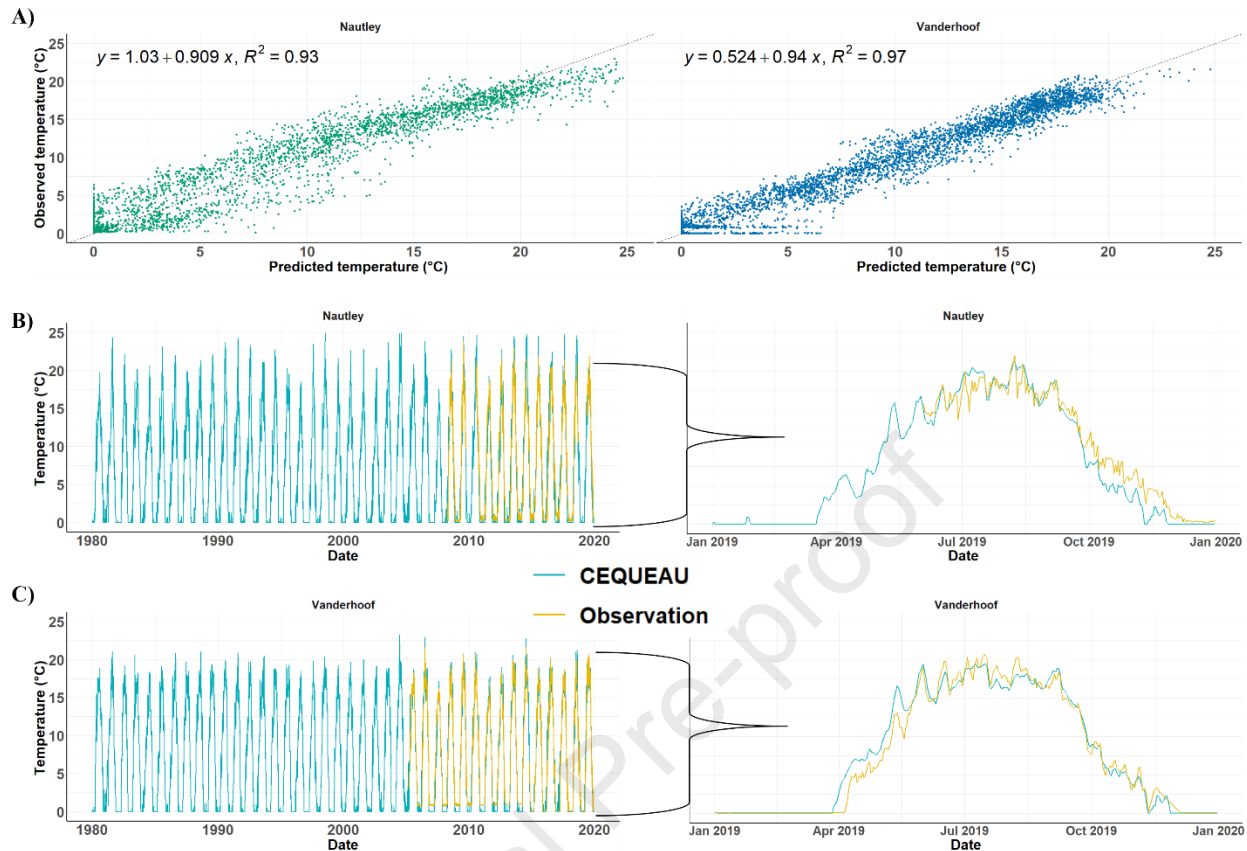
240 **3.0 Results**

241

242 **3.1 CEQUEAU model evaluation**

243 We found a significant and positive linear relationship between the historical temperature records
244 in the two stations and the predicted temperature from the CEQUEAU model. For the Nautley
245 station $r=.93$, $p < .001$ and for the Vanderhoof station $r=.97$, $p < .001$. For the Nautley station $r=.93$,
246 $p < .001$ and for the Vanderhoof station $r=.97$, $p < .001$. The RMSE values for each station were
247 $1.86\text{ }^{\circ}\text{C}$ and $1.23\text{ }^{\circ}\text{C}$, respectively (Fig. 2).

248



249

250 **Figure 2:** The relationship between predicted temperature from the CEQUEAU model and the
 251 historical temperature data from
 252 https://climate.weather.gc.ca/historical_data/search_historic_data_e.html for Nautley and
 253 Vanderhoof stations. A) Scatter plots of predicted and observed temperature, with the 1:1 line
 254 indicated for comparison. B) and C) Time series of CEQUEAU predicted temperature (blue) and
 255 historical observed temperature data (yellow) for these stations, with a 2019 focused plot. In the
 256 right panel.

257 3.2 Thermal exposure risk of Nechako white sturgeon in the 1980s

258 3.2.1 Thermal exposure risk across the Nechako River

259 We analysed the thermal exposure risk (T_e) of Nechako white sturgeon in the 1980s when the
 260 STMP program started, where a value above 1 indicates an elevated thermal exposure risk. The
 261 results show that across the Nechako River for all life stages, (Table 3) average T_e was below 1
 262 (0.02-0.99) for May and June. In July, results indicated that the T_e range was between 0.71-0.94
 263 for embryos, yolk-sac larvae and juveniles while T_e was 1.37 ± 0.23 (Mean \pm SD) for Larvae.
 264 However, in August, the average T_e was above 1 across all life stages. For September, we

265 estimated T_e lower than 0.5 for embryos, yolk-sac larvae and juveniles while T_e was 1.12 ± 0.05 for
266 Larvae.

267 **3.2.2 Thermal exposure risk in critical habitat area**

268 We evaluated the current white sturgeon habitats on Nechako River, identified as being critical
269 under the Canadian Species at Risk Act (S.C. 2002, c. 29). In total, eight geospatial habitat areas
270 were named critical (Table 2). Overall, for all critical habitats, T_e was above 0.5 for July and
271 August when the STMP program was active compared to other months (May, June, September
272 and October) where T_e was lower than 0.5.

273 Specifically, our analysis shows the average T_e in the 1980s for the Vanderhoof Braided section
274 area (Fig. 3). The area is recognised as the only known habitat area for spawning and rearing of
275 white sturgeon's early life stages (i.e., embryo, yolk-sac larvae, and larvae) where T_e values of
276 1.10 ± 0.01 and 1.66 ± 0.01 were calculated for embryo and larvae, respectively while T_e was below
277 1 for yolk-sac larvae in July. In August, all life stages T_e are above 1 with the highest T_e recorded
278 for larvae (1.80 ± 0.02).

279 The juvenile life stages of white sturgeon in the Nechako River system use seven critical habitats
280 for feeding and rearing (Table 2). Our results show that the average T_e in Fraser Lake for May,
281 June and September are the lowest with T_e values below 0.5 in comparison to other juvenile critical
282 habitats in the Nechako River (Fig. 3). However, for the STMP months, we recorded the highest
283 T_e in Keilor's point habitat area (1.14 ± 0.02) in July while in August T_e was the highest at
284 1.34 ± 0.12 .

285

286 **Table 3:** Average thermal exposure risk for different early life stages of white sturgeon in the
 287 1980s for May to September across the Nechako River.

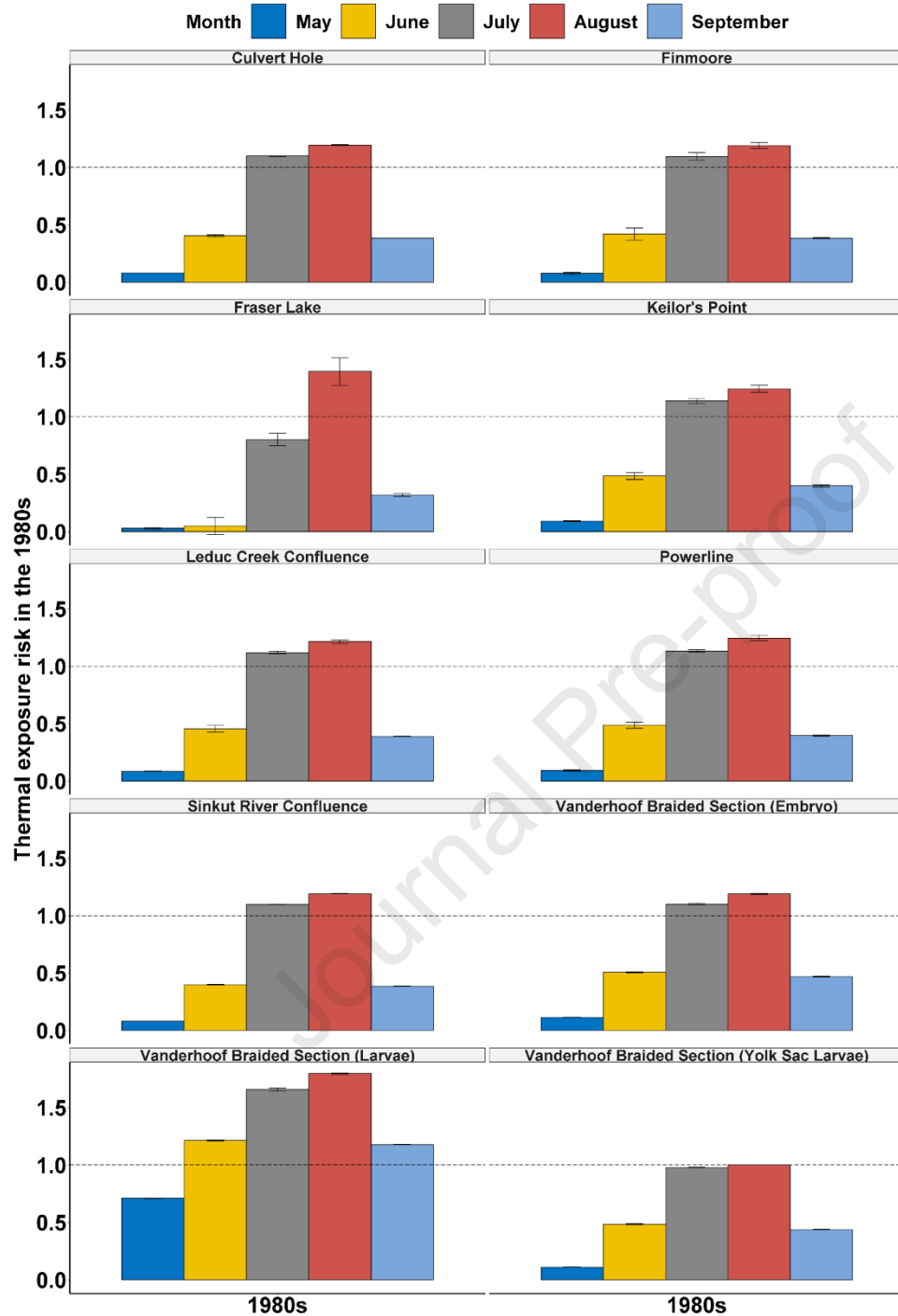
Life stage	Month	Thermal exposure risk (Te)
Embryo	May	0.06±0.04
Yolk-sac larvae	May	0.06±0.04
Larvae	May	0.45±0.21
Juvenile	May	0.04±0.03
Embryo	June	0.30±0.20
Yolk-sac larvae	June	0.29±0.18
Larvae	June	0.99±0.20
Juvenile	June	0.20±0.17
Embryo	July	0.94±0.17
Yolk-sac larvae	July	0.85±0.13
Larvae	July	1.37±0.23
Juvenile	July	0.71±0.32
Embryo	August	1.17±0.18
Yolk-sac larvae	August	1.03±0.08
Larvae	August	1.68±0.14
Juvenile	August	1.14±0.19
Embryo	September	0.44±0.03
Yolk-sac larvae	September	0.41±0.04
Larvae	September	1.12±0.05
Juvenile	September	0.34±0.04

288

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292

293 **Figure 3:** Nechako River white sturgeon early life stages (embryo, yolk-sac larvae, larvae and
 294 juvenile) critical habitats thermal exposure risk for the 1980s (average 1980-1989) for May to
 295 September. Vanderhoof Braided Section is used by embryos, yolk-sac larvae and larvae while
 296 other habitats are used by the juvenile. The Longdash line indicated a thermal exposure risk of 1.

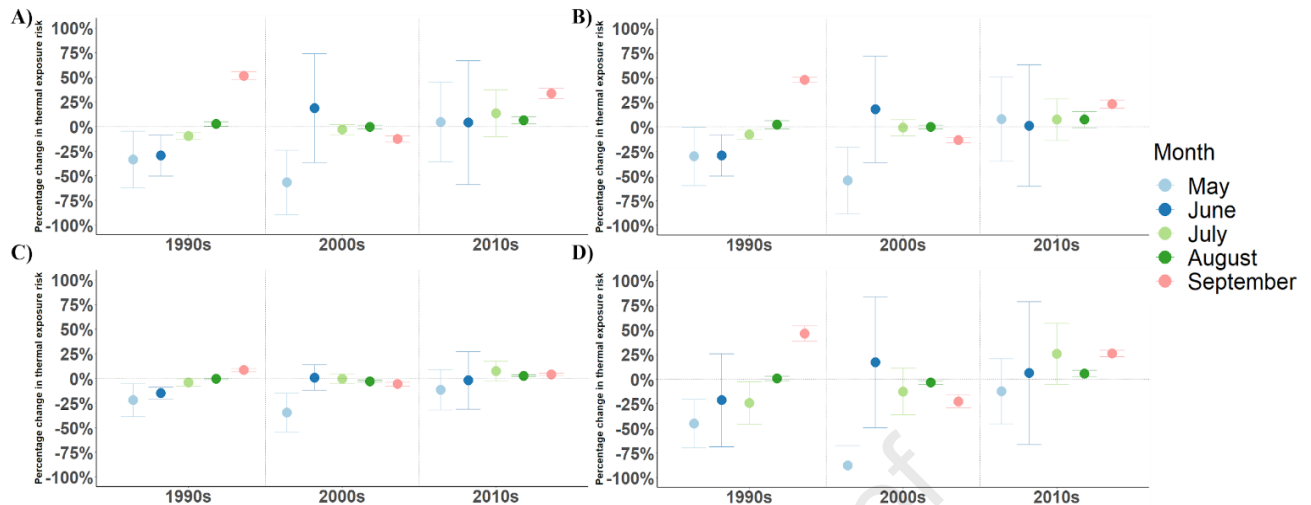
297 3.3 Percentage changes in thermal exposure risk relative to the 1980s

298 3.3.1 Percentage changes in thermal exposure risk in recent decades across the Nechako 299 River

300 Generally, our approach shows an increase in percentage change in thermal exposure risk (T_e)
301 across the Nechako River in the 2010s relative to the 1980s. This increase was apparent in July
302 and August when the STMP program was active (Fig 4). However, we found a decrease in the T_e
303 for all life stages in the same timeframe for May and June.

304 Specifically, for the embryo life stage, results show a steady increase in T_e over the months
305 analysed in the 1990s relative to the 1980s (Fig. 4A). We estimated a decrease in T_e for the May
306 ($33.6\% \pm 29$; Mean \pm SD), June ($29.6\% \pm 21$) and July ($9.8\% \pm 3$) respectively (Fig. 4A). While for
307 the same timeframe in August and September, T_e was observed to increase by $2.6\% \pm 2$ and 51.0%
308 ± 4 , respectively. In the 2000s, we found that T_e increased in June ($18.6\% \pm 55$) and decreased
309 ranges from 0.4% to 57% in May, July, August and September. In contrast, we noticed an increase
310 in T_e for all months of the 2010s relative to the 1980s ranging from 4.6% in May to 33.6% in
311 September.

312



313

314 **Figure 4:** The percentage change in thermal exposure risk for Nechako River white sturgeon early
 315 life stages in the 1990s (average 1990-1999), 2000s (average 2000-2009), and 2010s (average
 316 2010-2010) relative to 1980s (average 1980-1989). A) Embryo B) Yolk-sac larvae C) Larvae D)
 317 Juvenile). The Dash line indicated a percentage change in thermal exposure risk of 0%.

318

319 White sturgeon's yolk-sac larvae life stage in the Nechako River experienced a similar thermal
 320 exposure as the embryo stage (Fig. 4B). Our analysis indicates that relative to the 1980s, T_e in the
 321 1990s decreased with a range of 7.6% to 30% in May, June and July. Nevertheless, increases of
 322 $2.2\% \pm 4$ and $47.8\% \pm 3$ were recorded for August and September, respectively. In the 2000s, the T_e
 323 decreased substantially in May and September by $54\% \pm 34$ and $13.4\% \pm 3$ respectively. However,
 324 an increase of $17.8\% \pm 54$ was recorded for June. For the STMP months, a minimal decrease
 325 ($0.7\% \pm 8$ - July) and increase ($0.1\% \pm 2$ - August) were recorded. Whereas in the 2010s relative to
 326 the 1980s, T_e increased for all months with the lowest increase estimated for June ($1.2\% \pm 62$) and
 327 the highest increase in September ($23.2\% \pm 4$).

328 Our results estimated a considerable decrease in percentage change of T_e in the 1990s for the larvae
 329 life stage in May ($22.0\% \pm 17$) and June ($14.8\% \pm 6$) while an increase of $8.4\% \pm 1$ was recorded for
 330 September (Fig. 4C). Also, in the 2000s relative to the 1980s, results show that T_e decreased

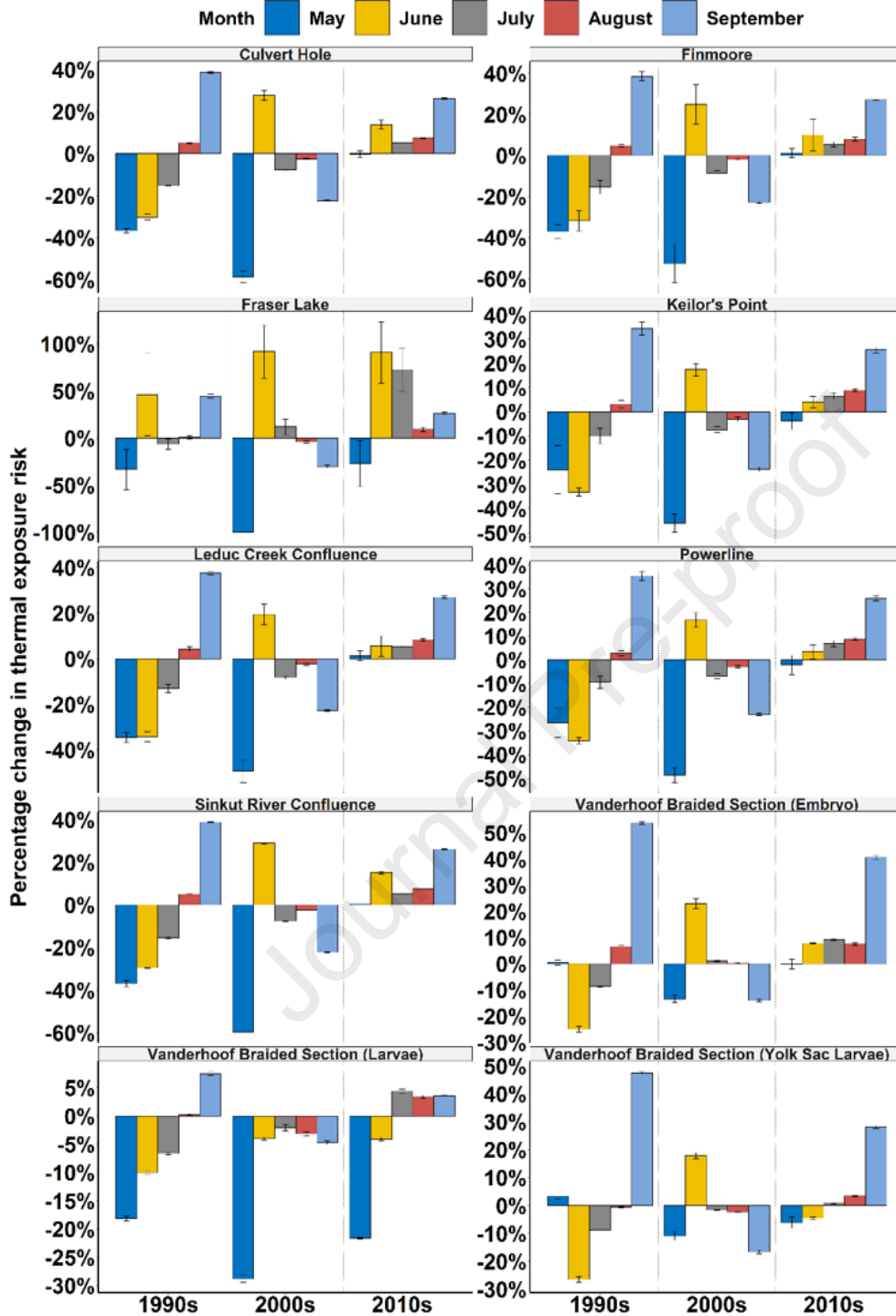
331 considerably in May ($34.7\% \pm 20$) and September ($5.7\% \pm 2$). In contrast, for the 2010s, a decrease
332 in T_e was estimated for May ($11.5\% \pm 21$) and June ($1.9\% \pm 29$) while an increase was estimated in
333 August ($2.8\% \pm 1$) and September ($4.1\% \pm 1$).

334 For the juvenile stage, we found that T_e decreased noticeably in the 1990s relative to the 1980s by
335 $45.2\% \pm 25$, $21.4\% \pm 47$ and $24.3\% \pm 22$ for May, June, and July, respectively (Fig. 4D). However, a
336 considerable increase of $46.3\% \pm 8$ was estimated in September. In the 2000s, results show that T_e
337 decreased in May ($87.7\% \pm 20$), July ($12.5\% \pm 24$), August ($3.4\% \pm 2$), and September ($22.6\% \pm 6$)
338 while an increase of $17.1\% \pm 66$ for June was estimated. In contrast, during the 2010s, a decrease
339 was only estimated in May ($12.2\% \pm 33$), while an increase in thermal exposure was estimated for
340 June ($6.3\% \pm 72$), July ($25.8\% \pm 31$), August ($5.8\% \pm 4$) and September ($26.1\% \pm 3$).

341 **3.3.2 Percentage changes in thermal exposure risk in white sturgeon critical habitat**

342 Our results show that the T_e of the Vanderhoof Braided section area (habitat used for spawning
343 and rearing of the embryo, yolk-sac larvae, and larvae life stages) has increased substantially across
344 all time frames relative to the 1980s, particularly in the 2010s (Fig. 5-6, Fig. S1-5). In the 1990s,
345 T_e increased by $6.6\% \pm 1$ and $53.8\% \pm 1$ for August and September, respectively, while a decrease
346 was estimated for June ($25.0\% \pm 1$) and July ($8.7\% \pm 0.2$). However, in the 2000s, August recorded
347 a noticeable increase in T_e with $23.0\% \pm 2$, compared to a decrease of $13.5\% \pm 1$ and $14.0\% \pm 1$ for
348 May and September. In contrast, T_e in the 2010s increased significantly in June ($7.8\% \pm 0.2$), July
349 ($9.3\% \pm 0.4$), August ($7.6\% \pm 1$), September ($40.6\% \pm 1$) and decreased in May ($0.2\% \pm 2$).

350



351

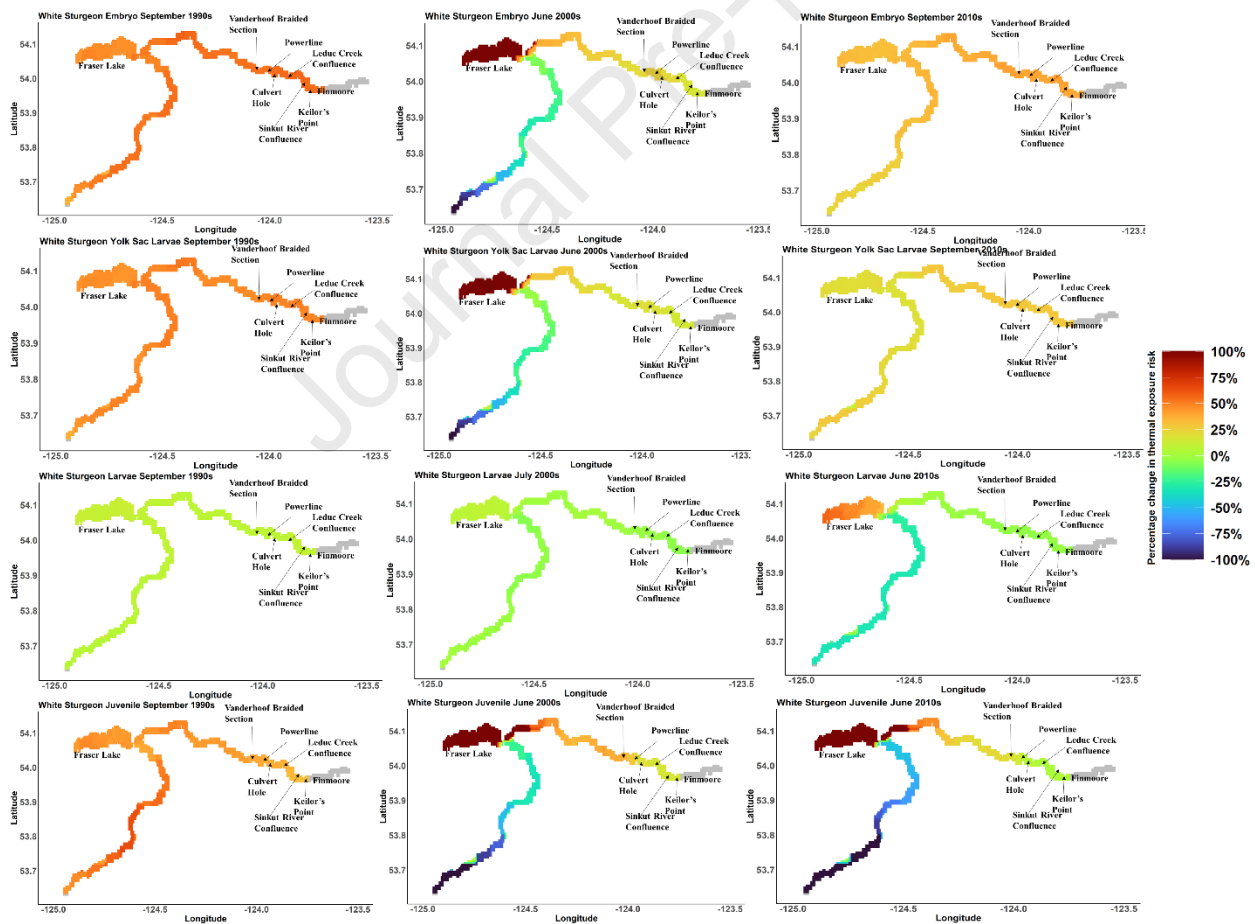
352 **Figure 5:** The percentage change in thermal exposure risk of critical habitat areas of Nechako
 353 River white sturgeon early life stages in the 1990s (average 1990-1999), 2000s (average 2000-
 354 2009) and 2010s (average 2010-2019) relative to 1980s (average 1980-1989). Vanderhoof Braided
 355 Section is used by embryos, yolk-sac larvae and larvae while other habitats are used by the
 356 juvenile.

357 Percentage change in T_e of white sturgeon yolk-sac larvae in Vanderhoof Braided section area in
358 the 1990s relative to the 1980s decreased by $26.5\% \pm 1$ and $8.7\% \pm 0.1$ for June and July while an
359 increase of $47.5\% \pm 0.4$ was recorded for September. In the 2000s, our results show that T_e
360 decreased noticeably in May and September by $11.0\% \pm 2$ and $16.6\% \pm 1$, respectively, while an
361 increase was estimated at $17.8\% \pm 1$ for June. In comparison to the 2010s, T_e decreased in May
362 ($6.0\% \pm 2$) and June ($4.5\% \pm 0.5$) while an increase of $28.2\% \pm 1$ was estimated in September.

363 For the larvae stages, the Vanderhoof Braided section area T_e decreased in May, June, and July by
364 $18.1\% \pm 0.4$, $10.0\% \pm 0.3$ and $6.7\% \pm 0.2$ respectively in the 1990s and increased by $7.5\% \pm 0.3$ in
365 September within the same time frame relative to the 1980s. However, in the 2000s, our results
366 show a decrease in T_e for all months with the lowest in July ($2.1\% \pm 0.5$) and the highest in May
367 ($28.8\% \pm 0.1$). In the 2010s relative to the 1980s, the percentage change in T_e decreased considerably
368 by $21.6\% \pm 0.1$ for May while a minimal increase of 4% in T_e was estimated for August and
369 September.

370 In the 1990s and 2000s, in all juvenile critical habitats except Fraser Lake, our results indicated a
371 similar pattern in percentage changes in T_e . In the 1990s relative to the 1980s, we estimated a
372 substantial decline in T_e for May (lowest 23%- Keilor's Point and highest 37%-Finmoore), June
373 (30%-Sinkut River Confluence and 34%-Leduc Creek Confluence), and July (9%-Powerline and
374 15%-Sinkut River Confluence) while a considerable increase was estimated in September (34%-
375 Keilor's Point and 39%-Sinkut River Confluence). For Fraser Lake, we estimated a decline in T_e
376 in May (33%) and July (7%) while an increase in T_e was estimated for June (46%) and September
377 (45%). For the 2000s, a substantial decline in T_e was estimated for May (46%-Keilor's Point and
378 60%-Sinkut River Confluence) and July (7%-Powerline and 9%-Finmoore)

379 For the 2000s, a decline in T_e was estimated for May (46%-Keilor's Point and 60%-Sinkut River
 380 Confluence), July (7%-Powerline and 9%-Finmoore) and August (2%-Finmoore and 3% Keilor's
 381 Point) while an increase in exposure was estimated for June (16%- Powerline and 29% Sinkut
 382 River Confluence). In Fraser Lake, we estimated a considerable decline in May (100%) and
 383 September (30%) and an increase in June (91%) and July (12%). However, in the 2010s relative
 384 to the 1980s, we estimated an increase in percentage change in T_e for June (4%-Keilor's Point and
 385 90% Fraser Lake), July (5%-Culvert Hole and 72%-Fraser Lake), August (7%-Culvert Hole and
 386 9%-Fraser Lake) and September (26%-Keilor's Point and 27%-Finmoore) while a decline in May
 387 (0.3%-Culvert Hole and 27%-Fraser Lake).



388 **Figure 6:** Spatial map of thermal exposure risk percentage change for Nechako River white
 389 sturgeon Larvae early life stages (embryo, yolk-sac larvae, larvae and juvenile) in the 1990s (average
 390 1990-1999), 2000s (average 2000-2009) and 2010s (average 2010-2010) relative to 1980s
 391

392 (average 1980-1989) for selected months of high thermal exposure risk represent the largest
393 changes for each decade. Cool and warm colours represent low and high thermal exposure risk,
394 respectively.

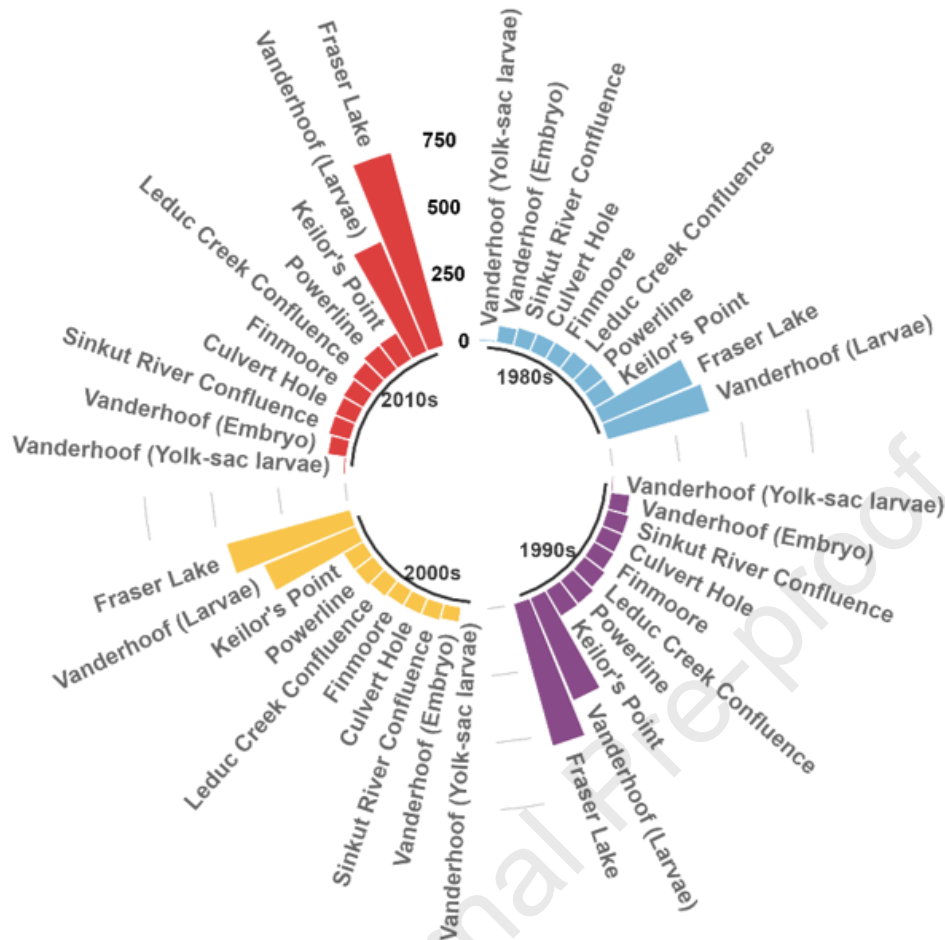
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396 **3.4 Cumulative heat degree days above optimal temperatures for Nechako White Sturgeon** 397 **in critical habitat areas**

398 We calculated the cumulative heat degree days (CHDD) for each life stage above the upper optimal
399 endpoint of the temperature threshold. Specifically, we used 18 °C for embryos and juveniles
400 (CHDD>18), 20 °C for yolk-sac larvae (CHDD>20), and 16 °C for larvae (CHDD>16) since these
401 are the upper limits of the optimal temperature (see Table 1).

402 Our results show that the CHDD>18 for the Vanderhoof Braided Section habitat area where the
403 embryo stage is hatched and reared has remained steady between 52 °C-days and 68 °C-days for
404 all timeframe (i.e., the 1980s, 1990s, 2000s and 2010s) (Fig. 7). For the yolk-sac larvae in the same
405 habitat, we estimated the lowest CHDD value ranging from 0.1°C-days to 3.5°C-days (CHDD>20)
406 over all the periods in this study. The juvenile life stage uses a wider range of habitats than other
407 early life stages. Our results indicated that Fraser Lake has been the hottest habitat for white
408 sturgeon, especially in the 2010s. CHDD increased from 366 °C-days in the 1980s to 474 °C-days
409 in the 1990s. However, a decrease of 741 °C-days was achieved in the 2000s, which increased
410 substantially to 34 °C-days in the 2010s.

411



412

413 **Figure 7:** Cumulative heat degree days above optimal temperature for Nechako white sturgeon
 414 early life stages in critical habitat area identified under Species at Risk Act (SARA). The Group
 415 of the colour bar represents a decade average (the 1980s, 1990s, 2000s, and 2010s).

416 4.0 Discussion

417 In recent years, management decisions for dams across the globe have been an important topic of
 418 discussion, especially among shareholders, including governmental and non-governmental
 419 organisations, Indigenous Nations, communities, fisheries/ecological scientists, and others
 420 (Stanley and Doyle 2003, Lehner et al. 2011, Mims and Olden 2013, Nguyen et al. 2018). Such
 421 discussions centre around human freshwater needs and other related activities, the ecological
 422 functional traits, species diversity, and community composition (Nilsson and Berggren 2000, Poff
 423 and Hart 2002, Asthana and Khare 2022). With the integrative approach in this study, we were

424 able to spatially explore the thermal exposure risk of the Nechako white sturgeon's early life stages
425 downstream of the Kenney dam in the months before and during the Summer Temperature
426 Management Program (STMP) over 40 years by combining a hydrological model and white
427 sturgeon thermal physiological limits.

428 The CEQUEAU hydrological model spatially predicts water temperature across the Nechako River
429 system. Our results show comparable projected temperature values with the observed temperature
430 at Nautley and Vanderhoof stations. However, at the Nautley station, very high temperatures are
431 underestimated by the model, which could also be a challenge for projected temperature values in
432 other areas within the Nechako River. Nevertheless, this model represents a novel approach, which
433 allows us to assess the thermal exposure risk for each life stage during white sturgeon early
434 development across the Nechako River and specific habitats over four decades (i.e., the 1980s,
435 1990s, 2000s and 2010s).

436 Overall, our study suggests that white sturgeon's early life stages were subjected to minimal
437 thermal exposure risk in the 1980s compared to recent decades (i.e., 1990s, 2000s, and 2010s).
438 Here, a T_e value of 1 indicates an optimal temperature and a value above this indicates thermal
439 exposure risk. This is evident in the low T_e that is estimated for all early life stages across the
440 months investigated in this study. In addition, our study shows a bell-curved T_e pattern in all
441 critical habitat areas, with the peak in July and August falling below the sub-optimal risk. This is
442 an indication of the effectiveness of the STMP program in the 1980s when the program began.
443 Nechako white sturgeon reach the spawning ground (i.e., the Vanderhoof area) by early May
444 (Sykes 2009), making that month one of the most critical in the early life stages. However,
445 Nechako white sturgeon spawning has been reported between May and June, thus all summer
446 months are critical for early life stages (Sykes 2009, McAdam et al. 2018). Although a combination

447 of factors such as sediments, water flow rate, adult population size and age structure, among other
448 variables (Jager et al. 2002) all influence the successful recruitment of white sturgeon, the
449 importance of limited exposure to elevated temperature cannot be overemphasised (Challenger et
450 al. 2021).

451 Contrary to the 1980s, our study indicated that the STMP program, though not targeted at the
452 Nechako white sturgeon conservation, may not be sufficient in reducing the temperature to prevent
453 a thermal exposure risk for early life stages, which appeared especially so in the 1990s and 2010s.
454 Across all life stages in all months, including the STMP months (i.e., July and August), our
455 analysis shows an upward trend in thermal exposure risk compared to the 1980s. However, there
456 was a substantial decline in T_e for white sturgeon in the 2000s with thermal exposure peaking in
457 June (embryo and yolk-sac larvae – 18%, Larvae - 1% and Juvenile-17%) and continuous decline
458 in the remaining months. This might be due to the global climate slowdown ‘hiatus’ recorded in
459 the 2000s (Meehl et al. 2014, Fyfe et al. 2016, Dai and Wang 2018) rather than the unintended
460 STMP program benefit on Nechako white sturgeon.

461 The continuous increase in T_e in the 2010s in all Nechako white sturgeon critical habitat areas
462 underscores the threat to white sturgeon recruitment in the Nechako River. High temperatures
463 above optimal limits could affect the spawning habitat quality (Counihan and Chapman 2018),
464 embryo and larvae survival (Jay et al. 2020) and general growth leading to recruitment failures
465 (Jager et al. 2002, Coutant 2004, Bates et al. 2014). Our study shows that the Vanderhoof Braided
466 section area, the only known white sturgeon spawning habitat in the Nechako River, has faced
467 high thermal exposure over the years. In addition, we observed a substantial increase in T_e , even
468 though the STMP program was active in July and August. Studies have shown that water
469 temperature within the optimal range plays a dominant effect on sturgeons including white

470 sturgeon's successful spawning and incubation (Deng et al., 2002; Wang et al., 1985, 1987) and
471 subsequent embryo survival with the optimal temperature between 14°C and 18°C (Table 1).
472 Above this optimal temperature range, mortality increases, and physical abnormalities are
473 observed in the hatched embryo (Van Eenennaam et al., 2005; Wang et al., 1985).

474 In addition to the embryo stage, the Vanderhoof Braided section area serves as an important habitat
475 for yolk-sac larvae and larval stages during initial growth and development. Our study highlights
476 that the water temperature has increased significantly above the optimal value for the life stages
477 over the decades relative to the 1980s. For instance, we estimated a percentage change in T_e to
478 decline by 26% in the June 1990s, however, a considerable increase of 17% was estimated for the
479 June 2000s. Such high thermal exposure has more significant consequences for the growth and
480 development of the white sturgeon Nechako population. Studies have shown that with optimal
481 temperature, survival rates of yolk-sac larvae, and larvae increase significantly in the presence of
482 gravel substrate (Boucher 2012; Boucher et al. 2018; Crossman and Hildebrand 2014; McAdam
483 2012).

484 Of all juvenile white sturgeon critical habitat areas, our study shows that Fraser Lake is an
485 important feeding area due to the lake productivity (Hume et al. 1996, Booth et al. 2001, Davidson
486 and Decker 2020) and was most impacted. The average T_e value has increased 2-fold in the 2010s
487 relative to the 1980s, with the greatest increases in June (90%), July (72%), August (9%), and
488 September (26%) when the juvenile white sturgeon moves to this habitat for feeding and
489 overwintering (DFO 2014) (Table 2). However, studies have shown that the juvenile movement
490 into feeding habitats has been further altered with the changes in the flow rate due to the Kenney
491 Dam (McAdam et al. 2005).

492 Until recently, the degree-day index was used extensively in agriculture and entomology (Herms
493 2004, García de Cortázar-Atauri et al. 2009, Unigarro et al. 2017, Murray 2020). Nevertheless, the
494 degree-day index has been used to describe the relationship between temperature and growth
495 and/or development patterns in fish (Neuheimer and Taggart 2007, Chezik et al. 2014, Steele and
496 Neuheimer 2022). Our cumulative heat degree days analysis shows a progressive increase in
497 temperature above optimal for white sturgeon's early life stages in Nechako River despite the
498 presence of the STMP program. This indicates that there is an urgent need for a water management
499 program review to include ecological benefits, particularly to Nechako resident species such as
500 white sturgeon.

501 Our study is in line with previous research that explores the impact of dam systems and water
502 management programs on aquatic ecosystems. These human-induced changes can lead to various
503 negative consequences for the aquatic environment. For instance, they can result in increased
504 severity of algal blooms, habitat fragmentation, altered sediment dynamics, changes in hydrology,
505 shifts in thermal regimes, and disruptions to spawning activities (Buxton & Bradley, 2022; Chen
506 et al., 2022; Li et al., 2022; Qiu et al., 2023; Song, 2023; Tang et al., 2022; Wang et al., 2022).
507 These consequences pose significant threats to freshwater biodiversity and affect the capacity of
508 ecosystems to respond positively to climate change (Cheng et al., 2022).

509 **4.1 Study limitations**

510 Our approach of integrating a spatially distributed hydrological model with the physiological limits
511 of different early life stages of white sturgeon permits insight into how changes in water
512 temperatures may impact this species across the Nechako River and in critical habitat areas.
513 Indeed, this novel approach has provided a relatively coarse spatial resolution better than most
514 analyses focusing on a single river point. This offers an important step in evaluating white sturgeon

515 thermal vulnerability within the reach of the Nechako River. Nevertheless, there are limitations to
516 our approach. Although our simulations did not produce a significant systematic bias, there is a
517 propensity for the CEQUEAU model to underestimate the most extreme temperatures. This might
518 be attributed to the reliability of the observed data used for the model calibration and the changes
519 in the mechanism of production and suspension in some months (Couillard et al. 1988). Also, there
520 may be inaccuracies in the magnitude of the sturgeons' thermal exposure because of the daily
521 timestep temperature outputs of the model. Sturgeons are known to have a high degree of thermal
522 plasticity (Bugg et al. 2020, Penman 2021, Penman et al. 2023), where thermal tolerance increases
523 with acclimation temperature. This could only be nested in our integrative approach with an hourly
524 time-step hydrological model. The role of thermal acclimation needs to be investigated in more
525 detail and may alter the T_e values in this study.

526 **5.0 Conclusion**

527 In this study, using a hydrological model and Nechako white sturgeon life stage-specific thermal
528 limits, we explored the influence of water release on hydrothermal impacts associated with a water
529 management program. Our study highlights that water release management to maintain water
530 temperature below 20°C from July 20 – August 20 might not be sufficient to ensure optimal
531 temperatures for white sturgeon's early life stages, particularly if those earliest life stages occur
532 during this time. It also underscores the necessity to re-evaluate the STMP management program.
533 Hence, it is essential to develop a more comprehensive water management program that meets the
534 resident's and other migratory fish species' requirements, particularly with the current concerns
535 about climate change impacts on the Nechako River. Regional climate projections have shown that
536 mean temperature might increase by ca. 2°C by the 2050s (Picketts et al. 2017). This would have
537 a major consequence on the Nechako River biotic community. Thus, understanding the possible

538 impacts of the STMP management program on the thermal physiological limit of white sturgeon
539 under climate change is imperative to the future recovery of the species.

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544

545 **Conflict of interest**

546 The authors have declared that no competing interests exist

547 **Data availability statement**

548 The data that support the findings of this study are openly available at
549 <https://borealisdata.ca/privateurl.xhtml?token=7e80eee5-3c81-4536-b83b-9866c320dd27>

550

551 **CRedit author statement**

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Journal Pre-proof

Highlights

- We use a hydrothermal model and white sturgeon life stage-specific experimental thermal tolerance data.
- Water releases and potential hydrothermal impacts were evaluated based on the Nechako water management plan (1980 to 2019) and computed the thermal exposure risk.
- The thermal exposure risk has increased substantially, especially in the 2010s relative to the management program implementations' first decade (the 1980s).
- Overall, there is a need for a holistic management program with consideration for all species of the Nechako River system.