

1 **Nonstationary warm spell frequency analysis integrating climate variability**
2 **and change with application to the Middle East**

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30 **Abstract**

31 The Middle East can experience extended wintertime spells of exceptionally hot weather, which
32 can result in prolonged droughts and have major impacts on the already scarce water resources of
33 the region. Recent observational studies point at increasing trends in mean and extreme
34 temperatures in the Middle East, while climate projections seem to indicate that, in a warming
35 weather scenario, the frequency, intensity and duration of warm spells will increase. The
36 nonstationary warm spell frequency analysis approach proposed herein allows considering both
37 climate variability through global climatic oscillations and climate change signals. In this study,
38 statistical distributions with parameters conditional on covariates representing time, to account for
39 temporal trend, and climate indices are used to predict the frequency, duration and intensity of
40 wintertime warm spells in the Middle East. Such models could find a large applicability in various
41 fields of climate research, and in particular in the seasonal prediction of warm spell severity. Based
42 on previous studies linking atmospheric circulation patterns in the Atlantic to extreme
43 temperatures in the Middle East, we use as covariates two classic modes of ‘fast’ and ‘slow’
44 climatic variability in the Atlantic Ocean (i.e., the Northern Atlantic Oscillation (NAO) and the
45 Atlantic Multidecadal Oscillation (AMO) respectively). Results indicate that the use of covariates
46 improves the goodness-of-fit of models for all warm spell characteristics.

47 **Keywords:** Winter warm spell; Nonstationary model; Frequency analysis; Climate index; Climate
48 change; Natural climate variability; Statistical distribution; Middle East.

49 **1. Introduction**

50 In the recent years, an important number of heat waves have been observed around the
51 world resulting in severe adverse societal and economic impacts (Ouarda and Charron, 2018).
52 Examples include Chicago in 1995 (Karl and Knight, 1997), Europe in 2003 (Garcia-Herrera et
53 al., 2010), Greece in 2007 (Founda and Giannakopoulos, 2009), Australia in 2009 (Károly, 2009),
54 Russia in 2010 (Dole et al., 2012) and Eastern China in 2013 (Sun et al., 2014). While the most
55 immediate adverse impacts of extreme temperatures are those on human health, adverse impacts
56 on natural ecosystems are also important: extreme temperatures and prolonged dry spells induce
57 significant water stress, which brings long-term consequences on vegetation development (Gobron
58 et al., 2005). A number of studies have reported increases in extreme temperature indices since the
59 middle of the 20th century (Alexander et al., 2006; Brown et al., 2008; Perkins et al., 2012; Coumou
60 et al., 2013). It has been argued in several studies that the increase in the reported extreme events
61 is a consequence of global warming (Coumou and Robinson, 2013) which is about 0.5-0.6°C
62 globally since 1951-1980 (Hansen et al., 2012). Many studies point out that, in a context of climate
63 change, the frequency, intensity and duration of extreme heat waves are likely to increase in the
64 future based on climate change scenarios (IPCC, 2012; Coumou and Rahmstorf, 2012; Coumou et
65 al., 2013; Russo et al., 2014; Basha et al., 2017).

66 The Middle East, one of the world most water-stressed regions, is especially sensitive to
67 global warming. The majority of studies on the evolution of climate extremes in the Middle East
68 concluded to an increase in temperature extreme indices and a decrease in precipitation extreme
69 indices during the recent decades (Ouarda et al., 2014). Future climate projections seem also to
70 support an increasing trend in heat extremes over the Middle East. Lelieveld et al. (2016), for

71 example, pointed up a consistent positive trend in warm extremes over the region in the CMIP5
72 ensemble models, for both the RCP4.5 and RCP8.5 (business as usual) scenarios.

73 Most of the studies analyzing the extreme temperature regime in the Middle East focus on
74 summer extreme temperatures, due to their immediate impacts on population health (Masselot et
75 al., 2018). However, winter warm spells have also important health, hydrological and
76 environmental impacts. They seriously enhance evapotranspiration and reduce potential
77 groundwater recharge over the water stressed region of the Middle East. Gonzalez et al. (2016)
78 showed that low rainfall, economic and population growth and agricultural development resulted
79 in a dramatic depletion of groundwater resources in the United Arab Emirates (UAE) region during
80 the period 2003-2012. In the context of rapid growth and scarcity of water resources, the Middle
81 East is particularly vulnerable to future climate change (Evans, 2010). Given the evidence of an
82 increasing trend in the observed frequency of occurrence of hot temperature extremes and the
83 projected climate change in the future (IPCC, 2007), the impacts of extreme temperatures have
84 become a growing concern for the Middle East especially during the wet winter season.

85 The study of the physical mechanisms behind heatwaves has been a topic of increased
86 interest (Horton et al., 2016). Perkins (2015) reviewed the physical mechanisms driving heatwaves
87 and identified three major mechanisms. The first one is the presence of a high-pressure synoptic
88 system which results in a stationary system that remains over an area for an abnormally long
89 period. Another driving mechanism is related to the coupling of atmosphere and land surface.
90 Indeed, interactions between air temperature and soil moisture result in important summer
91 temperature variability. The third driving mechanism is associated to climate variability and large-
92 scale teleconnections which influence extreme temperatures at a global scale.

93 Large scale oscillation patterns have a preponderant influence on the climate of the Middle
94 East. Kumar et al. (2017) demonstrated that the Atlantic and Mediterranean SSTs have a
95 significant influence on winter warm spells over the region. The authors stated that “large and
96 persistent Atlantic SST anomalies modulate the occurrence of the winter warm spells in the Middle
97 East at interannual and decadal scales through the mediation of the Mediterranean SSTs, creating
98 the conditions for the development of extended and persistent anticyclonic structures over the
99 region”. The link between circulation modes and the Middle East climate has been established in
100 many studies (Türkeş and Erlat, 2003; Folland et al., 2009; Erlat and Türkeş, 2013; Donat et al.,
101 2014).

102 The Northern Atlantic Oscillation (NAO) is the most frequent mode reported to have an
103 influence on the region (Mann, 2002; Marshall et al., 2001; Cullen et al., 2002; Chandran et al.,
104 2016; Naizghi and Ouarda, 2017). The impacts of this pattern are known to be much stronger
105 during the winter season (Marshall et al., 2001; Cullen et al., 2002). Wetter and cooler conditions
106 than normal in the Middle East are associated with positive phases of NAO while drier and warmer
107 than normal conditions are associated with negative phases (Cullen and deMenocal, 2000).
108 Persistent positive values of NAO observed since 1980 may have masked the influence of
109 anthropogenic climate change in the region in recent decades (Mann, 2002). Kumar et al. (2017)
110 also observed that the decadal trends in the occurrence and duration of winter warm spells in the
111 Middle East are significantly correlated with the Atlantic Multidecadal Oscillation (AMO).

112 The influence of other atmospheric circulation indices seems to be less important. The El
113 Niño–Southern Oscillation (ENSO) phenomenon, known to have important impacts on climate
114 around the world, is reported to have a weak influence on temperatures in the region (Halpert and
115 Ropelewski, 1992; Karabörk et al., 2005). However, ENSO is reported to have a significant impact

116 on the precipitations in the Arabian Peninsula (Ouarda et al., 2014; Niranjan Kumar et al., 2016),
117 although mainly in terms of moisture advection and precipitable water availability.

118 Statistical methods based on extreme value theory have been used extensively in the
119 analysis of hydrological and weather extremes (Katz et al., 2002; El Adlouni et al., 2007; Ouarda
120 et al., 2019). They have been recently applied to heat waves and warm spells (Furrer et al., 2010;
121 Khaliq et al., 2011; Keellings and Waylen, 2014, 2015; Katz and Grotjahn, 2014; Photiadou et al.,
122 2014; Abaurrea et al., 2015). Traditionally, stationarity in time series is assumed and static
123 probability distributions are used. However, in the context of climate warming and under the
124 influence of large scale oscillation patterns, weather extremes are not stationary. One approach to
125 deal with nonstationarity in data samples is to introduce covariates into the parameters of the
126 distribution (e.g. Strupczewski et al., 2001; Khaliq et al., 2006; Ouarda and El Adlouni, 2011).
127 Such distributions are termed conditional because they depend on time-dependent covariates. Such
128 covariates could incorporate trends, cycles or physical variables that can represent atmosphere-
129 ocean patterns (Katz et al., 2002; Hundecha et al., 2008). Conditional distributions with a covariate
130 representing the year were extensively used for trend analysis in climate extremes (Kharin and
131 Zwiers, 2005; Brown et al., 2008; Laurent and Parey, 2007; Parey et al., 2007; Keellings and
132 Waylen, 2014). Conditional distributions were also used with climate indices of atmospheric
133 circulation as covariate to evaluate the statistical significance of the influence of large scale
134 atmospheric patterns on climate extremes (Sillmann et al., 2011; Photiadou et al., 2014; Keellings
135 and Waylen, 2015; Grotjahn et al., 2016).

136 In general, models with parameters that are conditional on climate indices may find
137 applications in a number of fields where conditional risk management is required. The severity of
138 warm spells could be predicted for the next season based on actual information about the covariates

139 and can help managers with the decision making process. Predictions of warm spell severity could
140 be of interest for managers in various fields including agriculture (Crane et al., 2011), health care
141 (Ebi et al., 2006; Patz et al., 2000; Bayentin et al., 2010) and hydrology (Pulwarty and Melis,
142 2001). It is also possible to predict climate indices in the near future (Sutton et al., 2000; Lee and
143 Ouarda, 2011). Climate forecasting was proven in Jones et al. (2000) to be beneficial for
144 agriculture with decisions conditioned on ENSO phases. A climate forecast information system
145 based on ENSO was developed in the southeastern USA for the management of risk in the field of
146 agriculture (Fraisse et al., 2006). Lowe et al. (2011) reported that heatwave early warning systems
147 have been implemented in 12 European countries to reduce the impacts on public health.

148 In this study, we propose to model the frequency, duration and intensity of wintertime
149 warm spells in the Middle East using nonstationary statistical models with parameters that are
150 conditional on diverse climatic covariates. This approach allows us to account for the effects of
151 global warming and large-scale climate oscillation patterns. The aim of this study is to assess the
152 statistical significance of recent trends caused by both anthropogenic and internal climate
153 variability on wintertime warm spells in the Middle East. Two important climate indices in the
154 Atlantic known to have an influence on wintertime weather patterns in the Middle East, the NAO
155 and the AMO, are used as covariates. The year is used as an additional covariate to represent the
156 temporal trend. Analyses are performed on the regional averaged maximum temperature over a
157 homogenous region in the Middle East. Such approach has never been applied to model climate
158 extremes, including warm spell indices, in the Middle East. While nonstationary models for warm
159 spells have been applied in other regions, models integrating both climate indices and a temporal
160 trend have never been applied.

161 **2. Methods**

162 2.1 Statistical modeling of warm spells

163 2.1.1 Modelling of the intensity and frequency

164 In extreme value theory, one approach that has received large popularity consists in
165 extracting the most extreme value within a season and is termed block maxima (BM). Under a
166 wide range of conditions, the distribution of BM can be approximated by the generalized extreme
167 value (GEV) distribution (Coles, 2001). The cumulative distribution function of the GEV is
168 defined by:

$$169 \quad GEV(x; \mu, \alpha, \kappa) = \begin{cases} \exp\left[-\left(1 + \frac{\kappa}{\alpha}(x - \mu)\right)^{-1/\kappa}\right], & \kappa \neq 0 \\ \exp\left[-\exp\left(-\frac{(x - \mu)}{\alpha}\right)\right], & \kappa = 0 \end{cases} \quad (1)$$

170 where μ , $\alpha > 0$ and κ are the location, scale and shape parameters respectively, and
171 $\mu - \alpha/\kappa < x < \infty$ for $\kappa > 0$, $-\infty \leq x \leq +\infty$ for $\kappa = 0$ and $-\infty \leq x \leq u - \alpha/\kappa$ for $\kappa < 0$.

172 Another approach, termed peak-over-threshold (POT), consists in extracting exceedances
173 over a sufficiently high threshold. This approach is more appropriate for the analysis of the warm
174 spells in this study because they represent events over a high threshold. An advantage of this
175 approach is that the upper tail of the distribution can be better sampled since more events can be
176 considered during a given season, instead of limiting the sampling to only one peak as in the case
177 of the BM approach (Lang et al., 1999). Another advantage is that the two extreme event
178 components, the rate of occurrence and the intensity of exceedances over the threshold can be
179 modeled separately. The rate of occurrence of rare events is generally modeled by a Poisson(POI)
180 distribution as justified by the law of small numbers, while the intensity of exceedances over a

181 sufficiently high threshold is generally modeled by a Pareto (GP) distribution as justified by the
 182 theory of extreme values (Ashkar and Ouarda, 1996; Katz and Grotjahn, 2014). This consists in
 183 the POI-GP model where intensity and frequency are modeled separately with POI and GP
 184 respectively (Katz et al., 2002).

185 The cumulative distribution function of the GP is defined by:

$$186 \quad GP(x; u, \sigma, \kappa) = \begin{cases} 1 - \left(1 + \frac{\kappa}{\sigma}(x - u)\right)^{-1/\kappa}, & \kappa \neq 0 \\ 1 - \exp\left(-\frac{x - u}{\sigma}\right), & \kappa = 0 \end{cases} \quad (2)$$

187 where $u, \sigma > 0$ and κ are the threshold, scale and shape parameters respectively, $u < x < u - \sigma / \kappa$
 188 for $\kappa < 0$, $x \geq u$ for $\kappa \geq 0$. The parameter σ depends on the threshold and is linked to the
 189 parameters of the corresponding GEV distribution by the relation:

$$190 \quad \sigma = \alpha + \kappa(u - \mu). \quad (3)$$

191 The probability mass function of the POI distribution is defined by:

$$192 \quad Poi(N = n; \lambda) = e^{-\lambda} \lambda^n / n!, \quad n = 1, 2, \dots \quad (4)$$

193 where $\lambda > 0$ is the rate parameter and N is the number of crossings of the threshold u .

194 **2.1.2 Modelling of the duration**

195 It is also common to model the warm spell duration. In a number of studies, the durations
 196 of the warm spells were modeled with a geometric distribution (Furrer et al. 2010; Modal and
 197 Mujumdar, 2015; Keellings and Waylen, 2014; Wang et al., 2015). The probability mass function
 198 of the zero-truncated geometric distribution (GEO) is defined by:

199 $Geo(K = k; p) = (1 - p)^{k-1} p, \quad k = 1, 2, \dots$ (5)

200 where $1/p$ is the mean duration and K is the length of the warm spell.

201 **2.2 Nonstationary models**

202 In nonstationary models, distribution parameters are made conditional on time-dependent
 203 covariates. The relations between distribution parameters and covariates can take the form of
 204 simple linear combinations (El Adlouni et al., 2007; El Adlouni and Ouarda, 2009) or more
 205 complex models such as B-splines (Nasri et al., 2013; Thiombiano et al., 2017). When the POI-
 206 GP model is adopted, usually, the scale parameter (σ) of the GP is made conditional on covariates,
 207 the shape parameter (κ) of the GP is kept constant, and the rate parameter (λ) of the POI is made
 208 conditional on covariates (Kysely et al., 2010; Modal and Mujumdar, 2015; Thiombiano et al.,
 209 2018). In this study, the logarithm of the rate parameter λ in POI can depend linearly or
 210 quadratically on a given time-dependent covariate Y_t :

211 $\ln(\lambda_t) = \beta_0 + \beta_1 Y_t$ or $\ln(\lambda_t) = \beta_0 + \beta_1 Y_t + \beta_2 Y_t^2$ (6)

212 where β are parameters to be estimated. Logarithmic transformations are used to ensure a positive
 213 value of the distribution parameters. For GP, the logarithm of the scale parameter can depend
 214 linearly or quadratically on the time-dependent covariate Y_t :

215 $\ln(\sigma_t) = \beta_0 + \beta_1 Y_t$ or $\ln(\sigma_t) = \beta_0 + \beta_1 Y_t + \beta_2 Y_t^2$. (7)

216 For GEO, the logarithm of the location parameter can depend linearly or quadratically on the time-
 217 dependent covariate Y_t :

218 $\ln(p_t) = \beta_0 + \beta_1 Y_t$ or $\ln(p_t) = \beta_0 + \beta_1 Y_t + \beta_2 Y_t^2$. (8)

219 The cases of conditional distributions with 2 and 3 covariates are also considered. Given two
 220 additional covariates Z_t and W_t , different combinations of linear and quadratic dependence
 221 relationships between the distribution parameter (λ_t , σ_t or p_t) and the covariates Y_t and/or Z_t
 222 are considered.

223 Three main covariates are used in the nonstationary case: ‘fast’ (subdecadal) and ‘slow’
 224 (multidecadal) climate indices (i.e., NAO and AMO respectively), and Time (represented by the
 225 year). The wintertime (NDJFM) averages of NAO and AMO are computed and used as covariates
 226 to model the frequency of the winter warm spells. Time is defined by a series of integers
 227 incremented from 1 to the number of years in the series, to model the frequency. For the duration
 228 and the intensity, each event can be identified precisely in time and thus more precise months can
 229 be used to compute the covariates NAO and AMO. A simple method used here consists in taking
 230 the average for the three-month period centered on the date of the maximum intensity of each
 231 warm spell. Time for the duration and intensity is considered fixed over the warm spell season
 232 within a given year but is allowed to shift from one year to another.

233 **2.3 Parameter estimation**

234 For a given model, the vector of the distribution parameters β is estimated with the
 235 maximum likelihood method (ML). For a given probability distribution f , the likelihood function
 236 for the sample $x = \{x_1, \dots, x_n\}$ is given by:

237
$$L_n = \prod_{i=1}^n f(x_i; \beta).$$
 (9)

238 Hence, $\hat{\beta}$ is the estimator of β that maximizes the likelihood function L_n .

239 **2.4 Model selection and comparison**

240 To select the complexity of a model with given covariates, the deviance statistic can be
241 used for model selection as proposed by Coles (2001). Suppose two models M_1 and M_0 , where M_0
242 is a subset of M_1 . The deviance statistic is defined by:

$$243 \quad D = 2\{\ell_1(M_1) - \ell_0(M_0)\} \quad (10)$$

244 where $\ell_1(M_1)$ and $\ell_0(M_0)$ are the maximized values of the log-likelihood for models M_1 and M_0
245 respectively. It can be proven that D is distributed according to the χ_l^2 distribution where l is the
246 difference between the dimension of M_1 and M_0 . A test of validity of the model M_0 relative to M_1
247 is to reject M_0 in favor of M_1 if $D > \chi_l^2$ for a given level of significance.

248 To compare the goodness-of-fit of different models, we use the Akaike information
249 criterion (AIC), defined as:

$$250 \quad \text{AIC} = -2\ln(L_n) + 2d, \quad (11)$$

251 where d is the number of parameters of the model or the length of the vector θ . This statistic
252 accounts for the goodness-of-fit of the model and also for the parsimony through the parameter k
253 whose value increases with model complexity.

254 **2.5 Definition of warm spells**

255 There is in general very little consensus and consistency in the literature on how to identify
256 warm spells, and different studies often rely on very different definitions and selection thresholds

257 (Perkins and Alexander, 2012; Masselot et al., 2018). The simplest definition is ‘the period of
258 consecutive days with temperature over a given relative or absolute threshold’, which, however,
259 risks to marginalize the role of local climatology (Robinson, 2001). In this study we follow a
260 percentile based criterion similar to the ones proposed by Della-Marta et al. (2007) and Stefanon
261 et al. (2012), where a heat wave is defined as the period of consecutive days where the daily
262 maximum temperature exceeds the long-term (climatological) 90th percentile of daily maximum
263 temperatures. For each day of the year, a 90th percentile is calculated from a sample of 15 days
264 centered on the considered day using data over the whole base period. This is equivalent to the
265 POT approach with a relative threshold dependent on the day of the year. Also, we introduce the
266 additional constraint that both daily maximal and minimal temperatures should exceed the daily
267 maximum and minimum temperatures 90th percentiles. A minimum number of days above the
268 threshold may be considered (e.g. Freychet et al., 2018) or not (Furrer et al., 2010). In this study,
269 a minimum duration is not considered. Declustering is frequently used with the POT approach to
270 avoid consecutive dependent events. A common rule to separate exceedances in clusters is to
271 consider clusters separated by r consecutive values below the threshold as independent (Coles,
272 2001). The choice of r is arbitrary: a larger value ensures the independence but a smaller value
273 reduces the data size. Following the studies of Keellings and Waylen (2014, 2015) on heat waves,
274 r is set to 4 days in this study.

275 Time series for the frequency, duration and intensity of warm spells were computed from
276 the wintertime warm spell events extracted with the method presented above from Middle East
277 temperature data (see Section 3, Data). Here, frequency is defined as the number of warm spell
278 occurrences per winter, the duration is defined in days during a warm spell event and the intensity
279 is defined as the maximum exceedance of the daily maximum temperature during a warm spell

280 event. The winter period is defined here as the period during the months November through March
281 (NDJFM). Figure 1 presents an example of the daily quantile-threshold approach used to identify
282 warm spells in the study region for the winter of 2009-2010. The 2009-2010 winter was one of the
283 warmest winters on record in the Middle East, thus representing a good benchmark for our method.
284 Figure 1 shows in fact five main significant warm events between November 2009 and March
285 2010.

286 **3. Data**

287 **3.1 Data sources**

288 Atmospheric temperatures used in this study are obtained from the NCEP/NCAR
289 Reanalysis (Kalnay et al., 1996). Daily maximum and minimum temperatures are available on a
290 Gaussian grid (The latitudinal grid spacing varies to preserve equal areas and is approximately
291 equal to 1.9° while the longitudinal spacing is 1.875°). Data are obtained for the period 1948-2016
292 for grid points over the Middle East and for the extended winter season (November to March,
293 NDJFM).

294 AMO is defined as the anomaly of the area weighted average of the SST over the North
295 Atlantic (between $0-70^\circ\text{N}$, (Trenberth and Shea, 2006; Peings and Magnusdottir, 2014; Enfield et
296 al., 2001)). It can be obtained from the NOAA Physical Science Division at
297 <https://www.esrl.noaa.gov/psd/data/timeseries/AMO/>. NAO is based on the surface sea-level
298 pressure difference between the Subtropical (Azores) High and the Subpolar Low. NAO is
299 obtained from the Climate Prediction Center (CPC) at the National Centers for Environmental
300 Prediction (NCEP) at the address: <http://www.cpc.ncep.noaa.gov/data/teledoc/nao.shtml>. NAO is
301 available from 1950 and AMO from 1948, and both indices are updated monthly.

302 **3.2 Spatial extent**

303 To compute the regional warm spell variables, the daily local maximum and minimum
304 temperatures were averaged over a homogenous region. The definition of the homogenous region
305 for this study is based on the EOF analysis of the winter mean temperature (Abatzoglou et al.,
306 2009; Conroy and Overpeck, 2011). The EOF of the mean temperature during the wet season
307 (NDJFM) for the grid points between 10-45°N and 20-65°E were extracted and the orthogonal
308 varimax rotation was applied to the significant EOFs. Rotation of the eigenvectors is usually
309 performed on a subset of the original EOFs in studies using EOF for the identification of the
310 regional patterns of climate variability (White et al., 1991; Fovell and Fovell, 1993; Comrie and
311 Glenn, 1998; Simpson et al., 2005; Abatzoglou et al., 2009; Conroy and Overpeck, 2011). Rotation
312 allows to enhance physical interpretation. The first four principal components were tested for
313 significance on the basis of the scree test (Cattell, 1966). The scree test is a simple method
314 consisting in plotting the eigenvalues versus the rank and identifying changes in slope.

315 There are several methods to identify statistically homogeneous regions using EOFs. They
316 can be defined, for example, by using contours (Comrie and Glenn, 1998), the maximum loading
317 rule (Conroy and Overpeck, 2011) or cluster analysis (Guttman, 1993). Figure 2 presents the region
318 of interest obtained with each one of these methods. They all lead to similar results, highlighting
319 a homogenous region embracing most of the Arabian Peninsula, Levant countries, Turkey, Iraq
320 and Iran. The region delineated using the contour defines the homogenous region used in this
321 study.

322 **4. Results**

323 **4.1 Trend and change point analysis**

324 The presence of potential trends and abrupt changes in warm spell characteristics is
325 investigated in this subsection. Specifically, abrupt changes were investigated with a Bayesian
326 multiple change point detection procedure (Seidou et al., 2007; Seidou and Ouarda, 2007). This
327 procedure allows to automatically detect multiple shifts or changes in the trend. The change point
328 detection procedure was applied to the frequency of warm spells and to the following other annual
329 variables computed from the warm spell variables: total duration, mean duration, longest duration,
330 mean intensity and maximum intensity. Annual time series and linear trends for the various
331 delineated segments are presented in Figure 3. A change point is detected in all cases during the
332 late 1960s except for the mean intensity. Such a shift is coherent with the shift observed during the
333 same period in the characteristics of global atmospheric circulation by Baines and Folland (2007).
334 These authors highlighted how, in particular, such shift was evident in Greenland annual mean
335 temperature patterns, eventually leading to similar changes in SST in the higher latitudes of the
336 North Atlantic. The main cause of the late 1960s climate shift could also be found in the North
337 Atlantic, and derives from a reduction in the northward oceanic heat flux from the North Atlantic
338 thermohaline circulation in the 1950s to 1970s. For all variables with a change point during the
339 late 1960s, trends have since increased.

340 Trends in the model parameters λ_t , p_t and σ_t are analyzed here as these parameters allow
341 to infer on trends in the frequency, duration and intensity of warm spells. In Figure 4, trends in the
342 model parameters λ_t , p_t and σ_t before and after the year 1967 are also superimposed on the
343 graphs of the time series of warm spell frequency, duration and intensity respectively. The year
344 1967 is selected to represent the shift observed in the heat spell features during the late 1960s and
345 corresponds to the shift obtained for the warm spell frequency with the change point detection
346 procedure (see Figure 3a). To compute trends in the model parameters, the nonstationary POI,

347 GEO and GP models with Time used as a covariate are fitted to the time series before and after
348 the shift. Increasing trends are observed in the time series, since the shifts are observed, for every
349 warm spell variable, and these trends are found to be statistically significant based on the deviance
350 statistic. It is also worth noting that the longest warm spell happened during the winter season of
351 2015-2016, which is the last year of record, and the most intense warm spell occurred during the
352 winter season of 2007-2008, to coincide with one of the most extended and intense mega-droughts
353 on record over the region (Barlow et al., 2016; Gleick, 2014).

354 **4.2 Validation of the probability functions**

355 In this subsection, the choices of the different probability functions used to model warm
356 spell variables are validated. Figure 5 compares the theoretical probability distributions inferred
357 from data with the corresponding observed relative frequencies for the frequency, duration and
358 intensity of winter warm spells. These graphs suggest that the selected theoretical probability
359 distributions are suitable to model the warm spell variables. To confirm the suitability of the
360 selected theoretical distributions, Figure 6 presents the L-moment ratio diagram with the location
361 of the sample L-moments of the variables' duration and intensity. The sample L-moments of the
362 duration and intensity are located respectively near the theoretical curve of the GP and the
363 theoretical point of the exponential distribution (the continuous probability distribution analogous
364 to the GEO). The sample L-moments of the frequency are not shown in the diagram because the
365 POI theoretical distribution is not usually represented in moment ratio diagrams, and therefore
366 there is missing information in the literature about the location of this distribution.

367 **4.3 Relationship of warm spell variables with climate indices**

368 Relationships of climate indices with the warm spell variables are evaluated in this
369 subsection. Table 1 presents the correlations between the warm spell variables and the covariates
370 Time, NAO and AMO. The majority of the variables are significantly correlated with NAO and
371 AMO. Correlations with Time are weak in general except for the intensity and the mean and annual
372 maximum intensity. However, the extended period of high values observed in the series prior to
373 the shift during the late 1960s masks the positive significant trends observed after the shift.

374 Figure 7 reports on the same graph the frequency of warm spells, the inverse of the
375 standardized wintertime NAO and the standardized wintertime AMO. Correlations between the
376 climate indices and the frequency are clearly visible. For instance, the prolonged period of high
377 frequency of 1950-1966 corresponds to a prolonged period of higher than normal AMO and the
378 prolonged period of low frequency of 1967-1977 corresponds to a prolonged period of lower than
379 normal AMO, pointing out a clear multidecadal signature in the time evolution of Middle Eastern
380 winter warm spells. The correlation between the two climate indices for wintertime is rather weak
381 with a value of -0.16 during the record period. This low value implies that these two covariates
382 can be included together in a nonstationary model and improve the goodness-of-fit compared to
383 models using the climate indices separately.

384 **4.4 Nonstationary modelling**

385 The nonstationary models presented in Section 2.2 were applied to the regionally averaged
386 time series of warm spell characteristics including each one of the selected covariates, all the
387 combinations of two covariates and the three selected covariates together. The analyses were
388 applied to the period 1950-2016 for which both climate indices are available. Table 2 presents the
389 optimal models obtained according to the test of the deviance for each warm spell variable and

390 each possible configuration of the covariates. The values of the AIC statistic obtained for each
391 optimal model are also presented and are used to compare goodness-of-fits. Here, we can observe
392 that the goodness-of-fit obtained for models with one or more covariates is systematically higher
393 than the one for the stationary model for a given variable. For models including one covariate, best
394 fits are obtained with AMO for the frequency, NAO for the duration and Time for the intensity.
395 This suggests that the climate indices have more impact on the frequency and the duration than the
396 temporal trend, while the temporal trend has more impact on the intensity than the climate indices.
397 From a climate dynamics point of view, this is like saying that large-scale climate oscillations
398 basically pose the conditions to trigger the onset of winter warm spells, while the intensity of the
399 different events may be determined by more local processes like land-atmosphere interactions and
400 feedbacks.

401 For models including two covariates, the overall best goodness-of-fit statistic is obtained
402 with NAO+AMO for the frequency, and NAO+Time for the duration and the intensity. Adding
403 Time to either NAO or AMO (NAO+Time or AMO+Time) does not improve the corresponding
404 model which includes only NAO or AMO for the frequency. For the duration, adding Time to
405 NAO improves the goodness-of-fit while it is not the case for AMO+Time. For the intensity, a
406 larger impact on the goodness-of-fit with NAO+Time than with AMO+Time is observed, where
407 the AIC value passes from 266.58 to 248.27 for NAO+Time compared to NAO only. For the
408 intensity, models that include Time (NAO+Time or AMO+Time) outperform models that include
409 only one climate index (NAO and AMO) and the model including both climate indices
410 (NAO+AMO). This result indicates that there is a strong temporal trend in the intensity which is
411 not explained by the climate indices. Including both NAO and AMO (NAO+AMO) in a model
412 generally improves the goodness-of-fit compared to models using each climate index separately.

413 This implies that both indices are somehow complementary and that it is of interest to use both
414 indices together. Using the three covariates together (NAO+AMO+Time) leads to models with
415 some of the best goodness-of-fit statistics for each variable: the third, the first and the second
416 overall best ranks are obtained respectively for the frequency, duration and intensity.

417 It can be concluded from these results that the variability in the warm spell variables is
418 partly explained by climate indices. The temporal trend associated with the global warming has
419 also a great impact on the variability of the variables and this is particularly true for the intensity.
420 The fact that the inclusion of Time with AMO has a weaker influence on the goodness-of-fit than
421 the inclusion of Time with NAO is probably caused by the positive trend observed in AMO since
422 the 1970s, and is coherent with global warming (see Figure 7). Indeed, it is known that AMO is a
423 combination of a forced global warming trend with a distinct local multidecadal oscillation that
424 arose from internal variability (Ting et al., 2009).

425 Figure 8 illustrates the quantiles corresponding to nonexceedance probabilities $p = 0.5$ and
426 0.9 for warm spell variables obtained with the nonstationary models including one covariate.
427 Quantiles of each variable are presented on separate graphs as a function of the covariates NAO,
428 AMO and Time. The quantiles corresponding to frequency and duration are represented with step
429 functions because of the discrete nature of the probability distributions POI and GEO. It is clear
430 from Figures 8a-8f that the relationships of the quantiles with Time are rather unrealistic for the
431 frequency and duration. The quadratic model was selected in both cases, resulting in decreasing
432 trends during the period 1950-1970 and increasing trends during the period 1990-2015. These
433 trends are strongly influenced by climate oscillation patterns for which no index is included in the
434 model in this case. For the duration, there is an outlier for an event happening during the winter
435 2015-2016 where for the longest duration observed, the value of NAO is in the middle range.

436 Figures 9-11 present the quantiles corresponding to the nonexceedance probability $p = 0.9$
437 obtained with the nonstationary models including two covariates for the frequency, duration and
438 intensity respectively. For each variable, the optimal models obtained with the three possible
439 combinations of two covariates are graphically represented. Quantiles are illustrated in two
440 different ways: with 2-dimensional graphs where the quantiles are represented using colors (a, c,
441 e), and with 3-dimensional graphs (b, d, f) where the frequency is shown as a function of the two
442 covariates. Quantiles corresponding to the frequency and duration are also represented here with
443 step functions for the same reasons. The figures corresponding to models with both NAO and
444 AMO illustrate well the combined effect of both climate indices: when both covariates have
445 extreme values of opposite signs, the quantiles are extreme (either very strong or very weak). For
446 the frequency and duration, strong relationships with climate indices and slight temporal trends
447 are noticed in Figures 9-10. In the case of models with covariates NAO+Time, increasing temporal
448 trends are observed, and in the case of models with covariates AMO+Time, decreasing temporal
449 trends are observed. These decreasing temporal trends for AMO+Time are counterintuitive in a
450 context a global warming. However, the temporal trends in models with AMO+Time are not
451 significant for the frequency and duration as the goodness-of-fit of models with only AMO is more
452 optimal in both cases (see Table 2). In the case of the intensity, strong relationships with climate
453 indices in conjunction with strong positive temporal trends are noticed, in agreement with what
454 was observed previously.

455 **5. Conclusions**

456 In this study, temperatures during the winter season (NDJFM) were aggregated over a
457 homogenous region over the Middle East to obtain regional daily average minimum and maximum
458 temperatures. Warm spell events were identified from these regionally averaged time series and

459 the warm spell frequency, duration and intensity were obtained. To account for the
460 nonstationarities associated with global warming and climate oscillation patterns, statistical
461 distributions with parameters conditional on time-dependent covariates were used to model the
462 wintertime warm spell characteristics in the region. The covariates of the model include two
463 important climate indices, the NAO and the AMO, explaining temperature variability in the Middle
464 East, and Time as a covariate representing the temporal trend related to global warming.

465 Results show that the inclusion of any one of the covariates improves the goodness-of-fit
466 of the stationary model. For models with only one covariate, the best fit is obtained with AMO for
467 the frequency, NAO for the duration and Time for the intensity. This may indicate that the
468 influence of climate oscillation patterns is more important than the influence of the temporal trend
469 for the frequency and the duration. On the other hand, the temporal trend influences the intensity
470 more than do climate indices. Including both climate indices generally improved the goodness-of-
471 fit as compared to the models which include only one climate index. These results advocate for
472 the use of both climate indices at the same time. The overall best goodness-of-fits are obtained
473 with NAO and AMO for the frequency, NAO, AMO and Time for the duration, and NAO and
474 Time for the intensity. These results show the importance of considering the combined effect of
475 the temporal trend caused by global warming and climate oscillation patterns in statistical models
476 used for the prediction of extreme climatic variables.

477 The nonstationary statistical models used in this study can find application in a number of
478 different fields where conditional risk management is required, such as agriculture, public health
479 management and hydrology. For example, seasonal predictions of the diverse climate indices can
480 be used to model warm spell quantiles. More optimal management decisions can then be made
481 before the start of the next season based on that information.

482

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495

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784

785 Table 1. Correlations between warm spell variables and covariates.

Variable	Covariate		
	Time	NAO	AMO
Frequency (Events)	-0.07	-0.27	0.42
Duration (Days)	0.00	-0.38*	0.21*
Intensity (°C)	0.24	-0.24*	0.17*
Total annual duration (Days)	-0.01	-0.34	0.40
Mean annual duration (Days)	0.02	-0.28	0.40
Longest annual duration (Days)	0.02	-0.24	0.41
Mean annual intensity (°C)	0.20	-0.22	0.32
Annual maximum intensity (°C)	0.20	-0.21	0.33

786 Significant correlations at $p < 5\%$ are in bold characters.

787 *NAO and AMO for the duration and intensity are averaged over a 3 month period centered on the month of the warm
 788 spell event. Otherwise indices are averaged over the whole winter season.

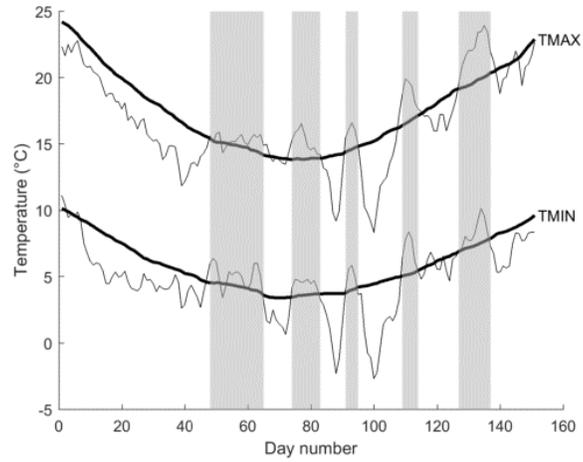
789

790 Table 2. AIC statistic for the optimal model of each configuration of covariates. Optimal models
 791 are determined based on the test of deviance.

Variable	Covariate	Number of covariates	AIC	Model
Frequency (Events)	Stationary	0	230.60	$Poi(\lambda)$
	Time	1	220.64	$Poi(\lambda_t = \exp(\beta_0 + \beta_1 \text{Time} + \beta_2 \text{Time}^2))$
	NAO	1	226.53	$Poi(\lambda_t = \exp(\beta_0 + \beta_1 \text{NAO}))$
	AMO	1	217.55	$Poi(\lambda_t = \exp(\beta_0 + \beta_1 \text{AMO}))$
	NAO+Time	2	228.29	$Poi(\lambda_t = \exp(\beta_0 + \beta_1 \text{NAO} + \beta_2 \text{Time}))$
	AMO+Time	2	218.90	$Poi(\lambda_t = \exp(\beta_0 + \beta_1 \text{AMO} + \beta_2 \text{Time}))$
	NAO+AMO	2	215.99	$Poi(\lambda_t = \exp(\beta_0 + \beta_1 \text{NAO} + \beta_2 \text{AMO}))$
	NAO+AMO+Time	3	217.98	$Poi(\lambda_t = \exp(\beta_0 + \beta_1 \text{NAO} + \beta_2 \text{AMO} + \beta_3 \text{Time}))$
Duration (Days)	Stationary	0	515.53	$Geo(p)$
	Time	1	511.49	$Geo(p_t = \exp(\beta_0 + \beta_1 \text{Time} + \beta_2 \text{Time}^2))$
	NAO	1	503.92	$Geo(p_t = \exp(\beta_0 + \beta_1 \text{NAO}))$
	AMO	1	511.70	$Geo(p_t = \exp(\beta_0 + \beta_1 \text{AMO}))$
	NAO+Time	2	502.73	$Geo(p_t = \exp(\beta_0 + \beta_1 \text{NAO} + \beta_2 \text{Time}))$
	AMO+Time	2	513.70	$Geo(p_t = \exp(\beta_0 + \beta_1 \text{AMO} + \beta_2 \text{Time}))$
	NAO+AMO	2	501.31	$Geo(p_t = \exp(\beta_0 + \beta_1 \text{NAO} + \beta_2 \text{AMO}))$
	NAO+AMO+Time	3	500.64	$Geo(p_t = \exp(\beta_0 + \beta_1 \text{NAO} + \beta_2 \text{AMO} + \beta_3 \text{Time}))$
Intensity (°C)	Stationary	0	267.93	$GP(u, \sigma, \kappa)$
	Time	1	256.43	$GP(u, \sigma_t = \exp(\beta_0 + \beta_1 \text{Time}), \kappa)$
	NAO	1	266.58	$GP(u, \sigma_t = \exp(\beta_0 + \beta_1 \text{NAO}), \kappa)$
	AMO	1	264.94	$GP(u, \sigma_t = \exp(\beta_0 + \beta_1 \text{AMO}), \kappa)$
	NAO+Time	2	248.27	$GP(u, \sigma_t = \exp(\beta_0 + \beta_1 \text{NAO} + \beta_2 \text{Time}), \kappa)$
	AMO+Time	2	256.16	$GP(u, \sigma_t = \exp(\beta_0 + \beta_1 \text{AMO} + \beta_2 \text{Time}), \kappa)$
	NAO+AMO	2	265.03	$GP(u, \sigma_t = \exp(\beta_0 + \beta_1 \text{NAO} + \beta_2 \text{AMO}), \kappa)$
	NAO+AMO+Time	3	248.70	$GP(u, \sigma_t = \exp(\beta_0 + \beta_1 \text{NAO} + \beta_2 \text{AMO} + \beta_3 \text{Time}), \kappa)$

792 Overall best AIC values are in bold characters.

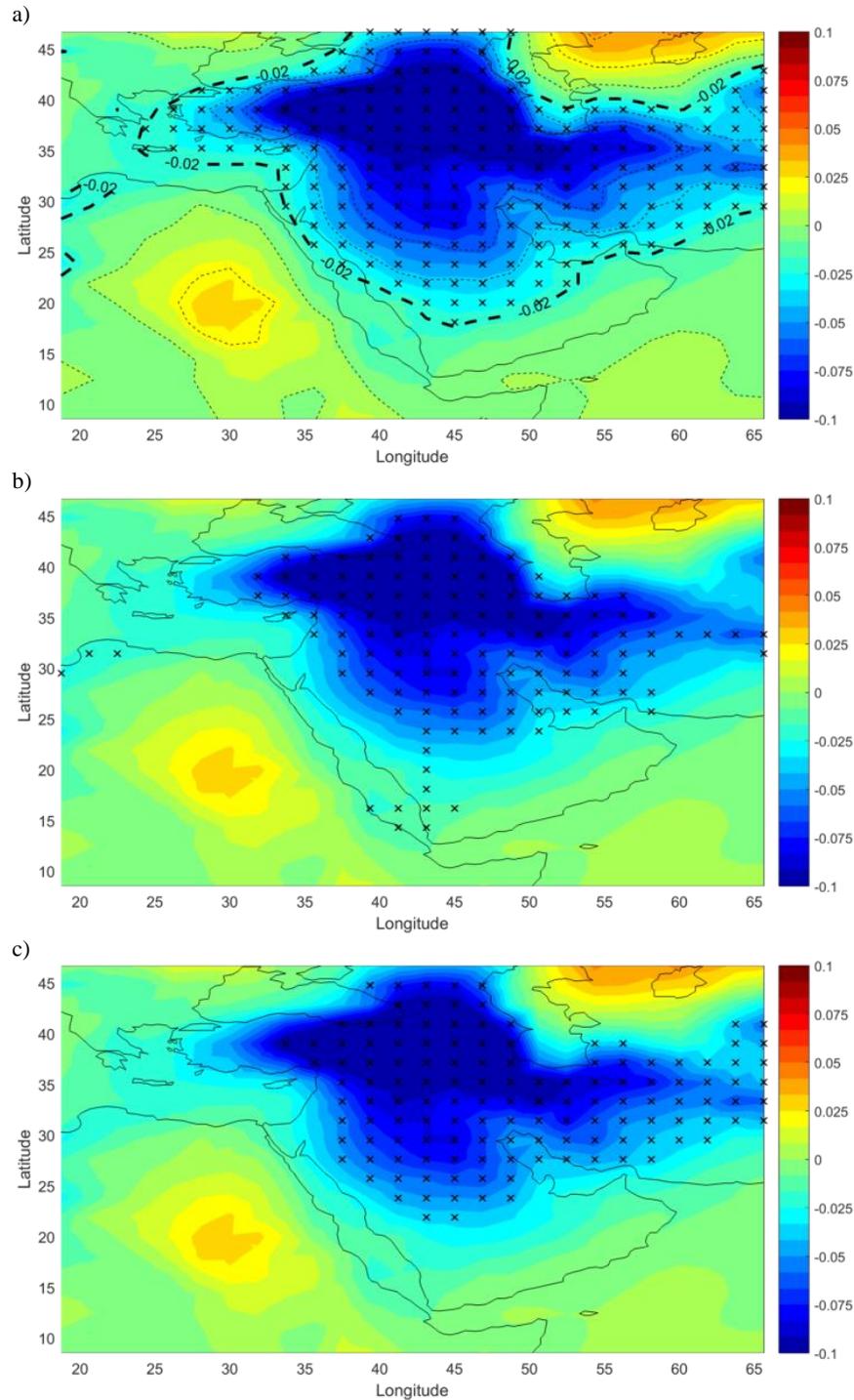
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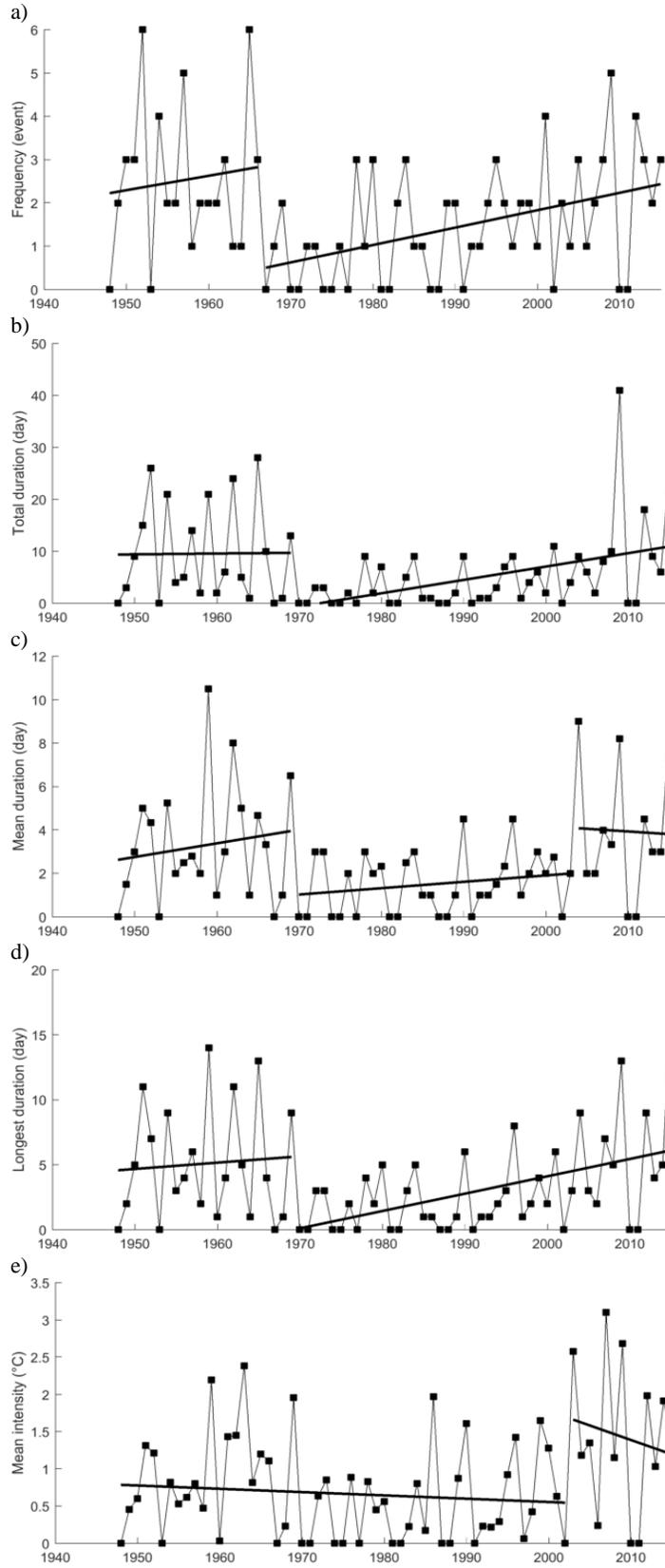
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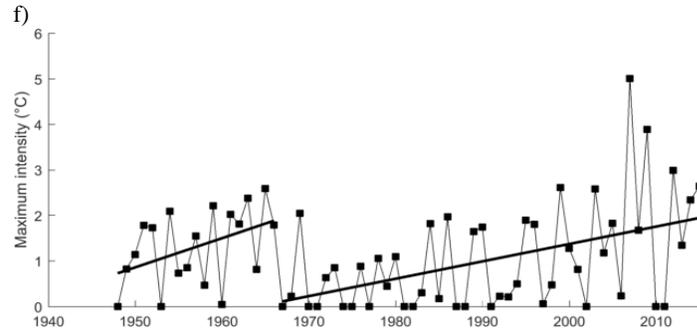
795 Figure 1. Warm spell occurrence (shaded area) during winter 2009-2010: Daily maximum (TMAX) and
 796 minimum temperatures (TMIN) for the winter 2009-2010 are shown in gray (light line); the black bold
 797 line represents the 90th percentiles of TMAX and TMIN

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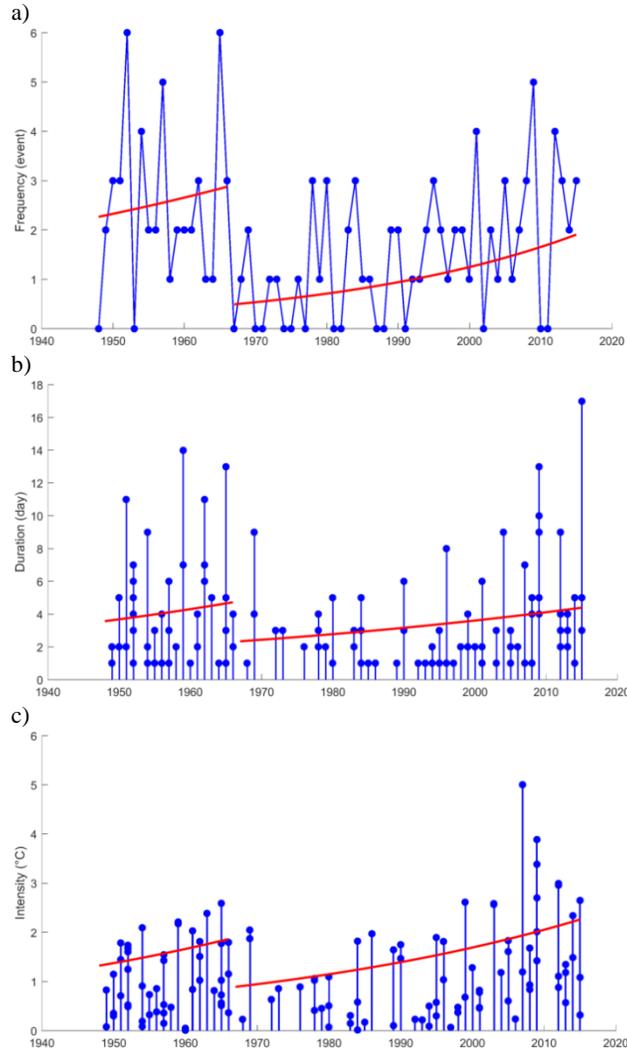


799 Figure 2. First rotated EOF of the mean winter temperature from the NCEP/NCAR reanalysis over the
800 Middle East. Crosses represent the spatial distribution of grid points inside the region of interest based on
801 contour (a), maximum loading (b) and cluster analysis (c) respectively. The black dashed line in panel 1a
802 represents the contour line delineating the homogenous region.



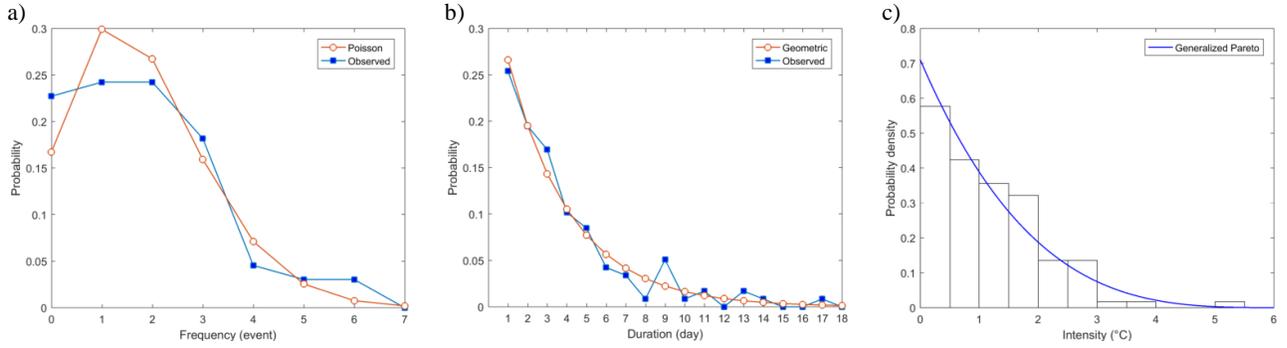


803 Figure 3. Trend changes in the warm spells annual time series: frequency (a), total duration (b), mean
 804 duration (c), longest duration (d), mean intensity (e) and maximum intensity (f).
 805

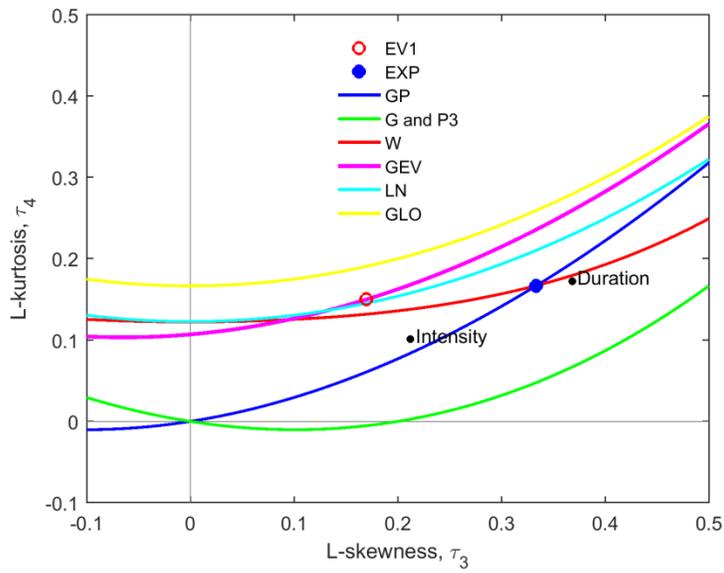


806 Figure 4. Frequency (a), duration (b) and intensity (c) of the regional warm spells. Trends in the
 807 theoretical distribution parameters λ_t , p_t and σ_t are reported in red.

808



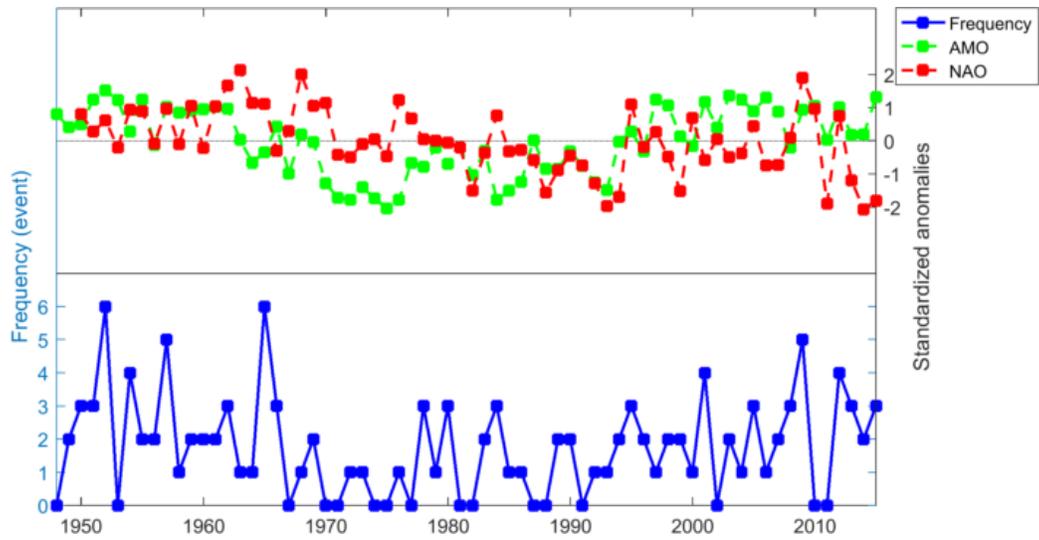
809 Figure 5. Observed relative frequencies and theoretical fitted models for the frequency (a), duration (b)
 810 and intensity (c) of Middle Eastern winter warm spells.
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813 Figure 6. L-Moment ratio diagram with sample L-moments of frequency, duration and intensity. Extreme
 814 Value type I (EV1), Exponential (EXP), Generalized Pareto (GP), Gamma (G), Pearson type III (P3),
 815 Weibull (W), Generalized Extreme Value (GEV), Lognormal (LN) and Generalized Logistic (GLO).

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Figure 7. Frequency of warm spells (blue line and markers) and covariates NAO (red) and AMO (green) time series.

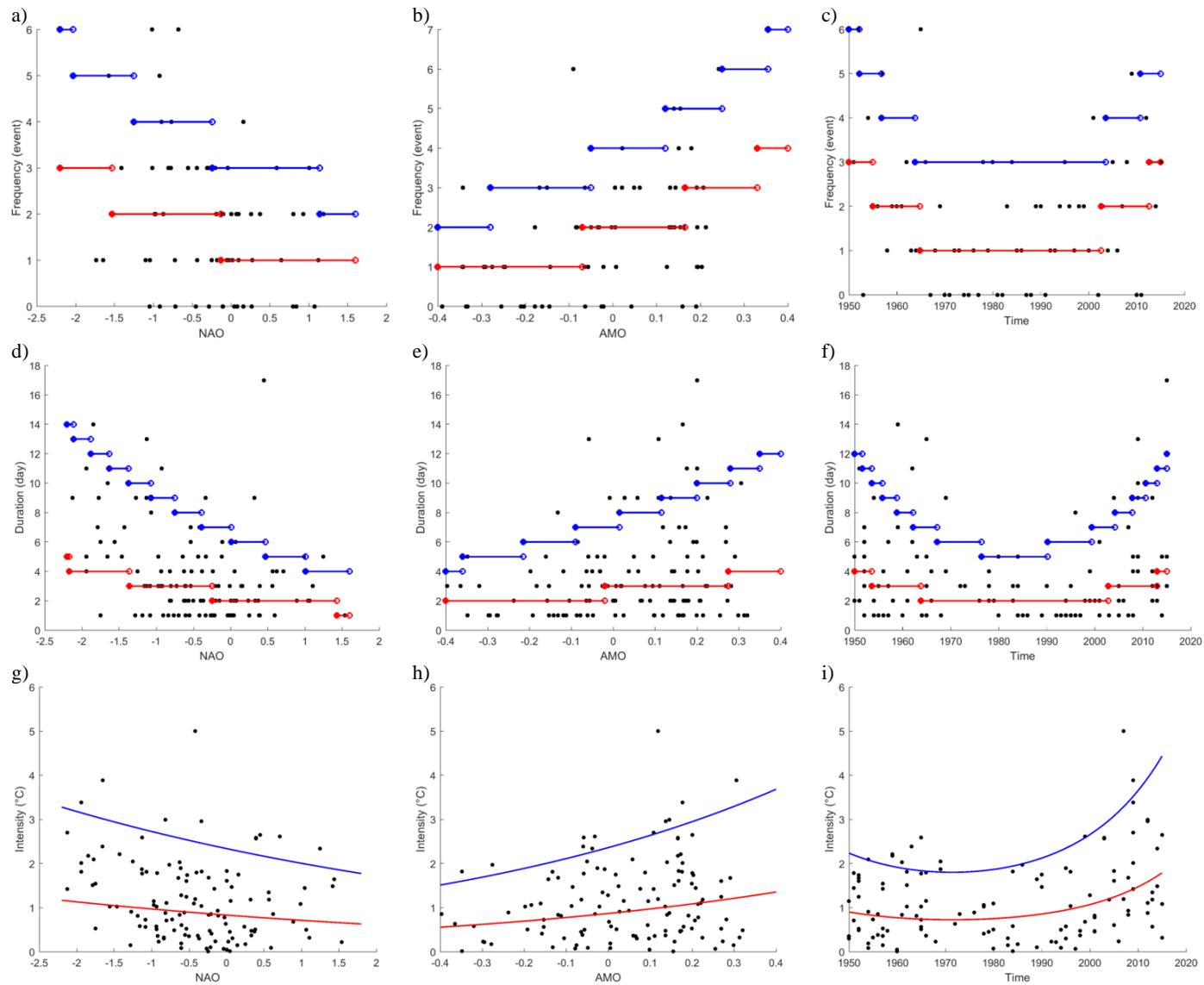


Figure 8. Quantiles corresponding to the nonexceedance probabilities $p = 0.5$ (red line) and 0.9 (blue line) for the frequency (a, b, c), duration (d, e, f) and intensity (g, h, i) of warm spells as a function of NAO, AMO and Time.

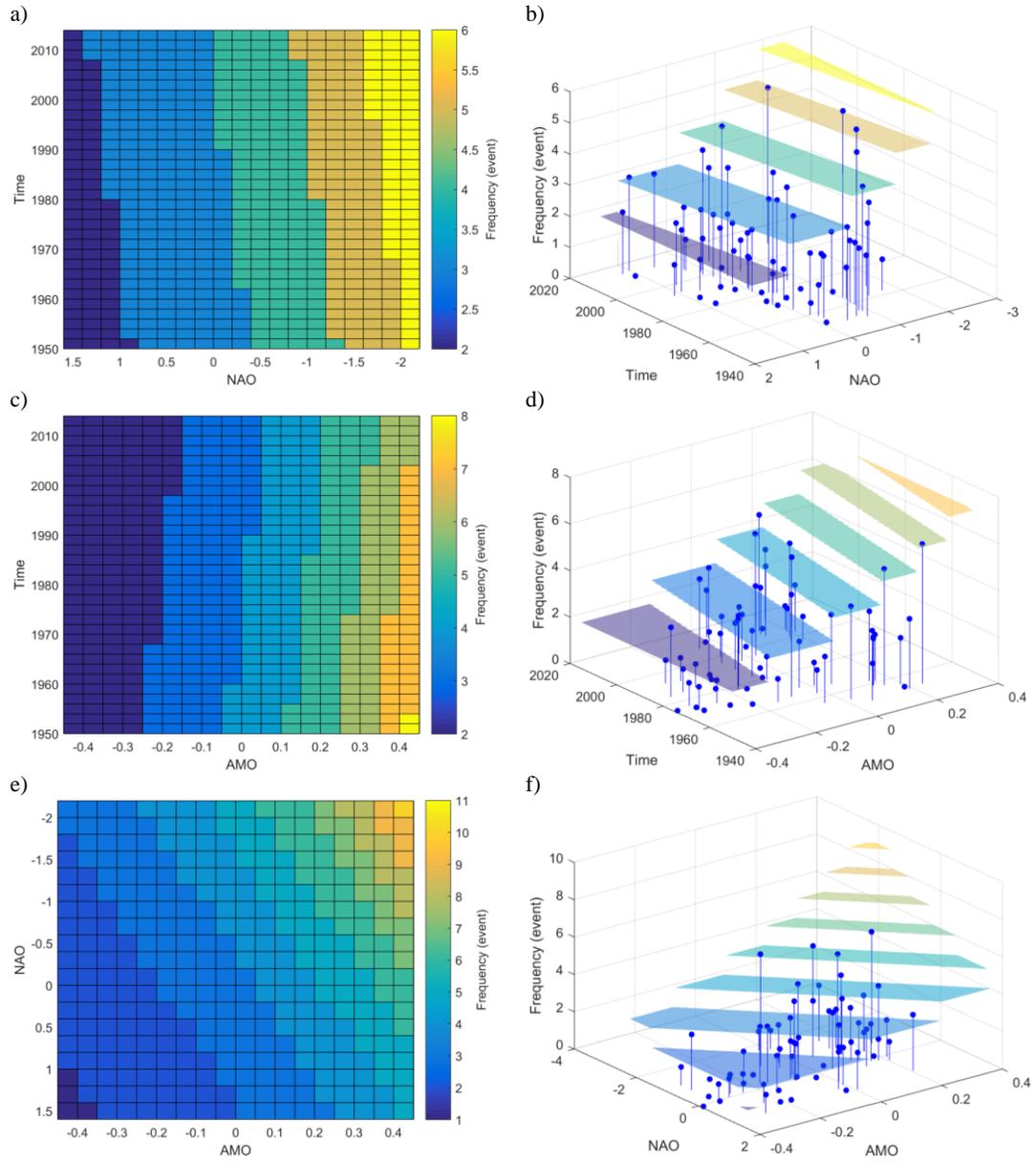


Figure 9. Quantiles corresponding to the nonexceedance probability $p = 0.9$ for the frequency as a function of NAO and Time (a,b), AMO and Time (c,d), and NAO and AMO (e,f).

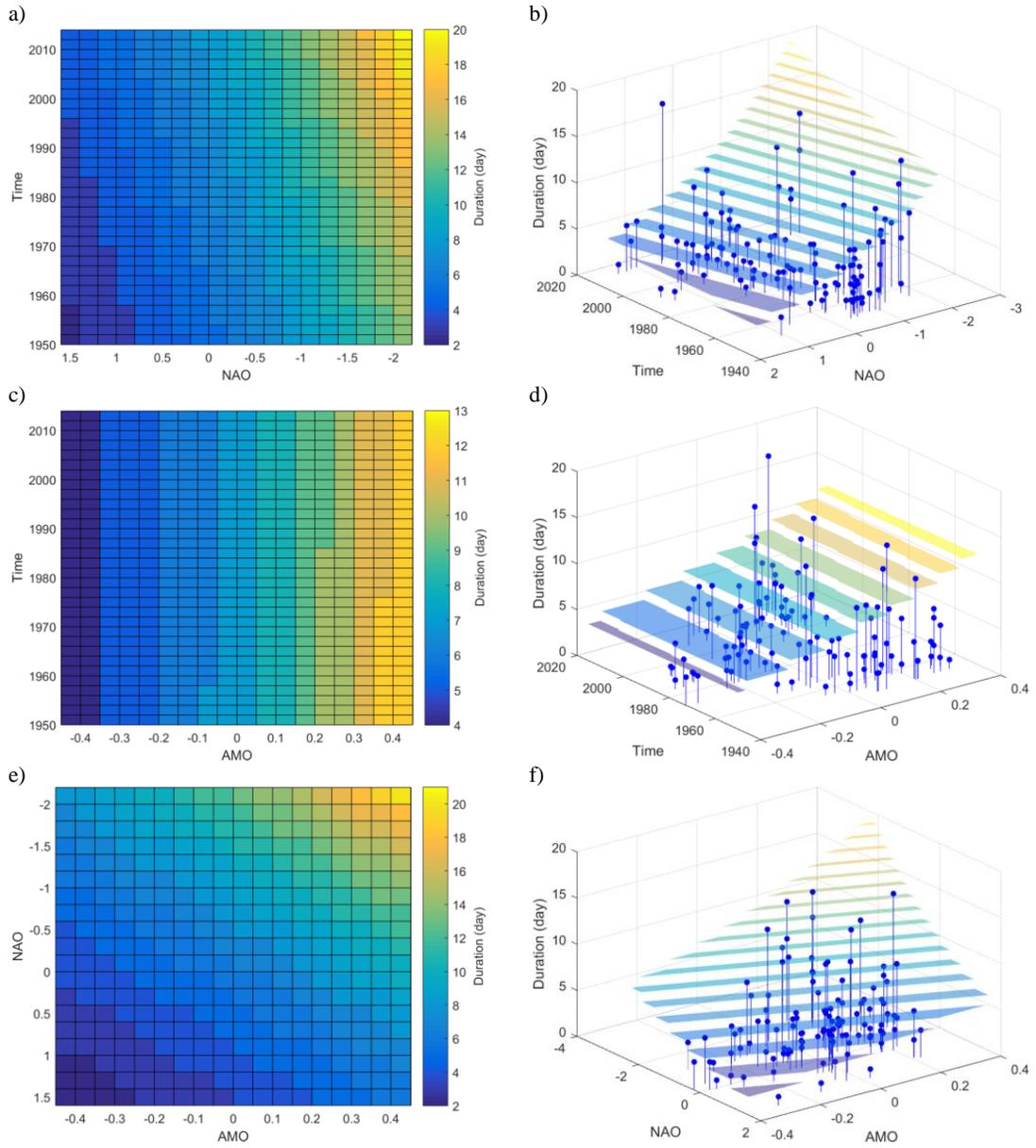


Figure 10. Quantiles corresponding to the nonexceedance probability $p = 0.9$ for the duration as a function of NAO and Time (a,b), AMO and Time (c,d), and NAO and AMO (e,f).

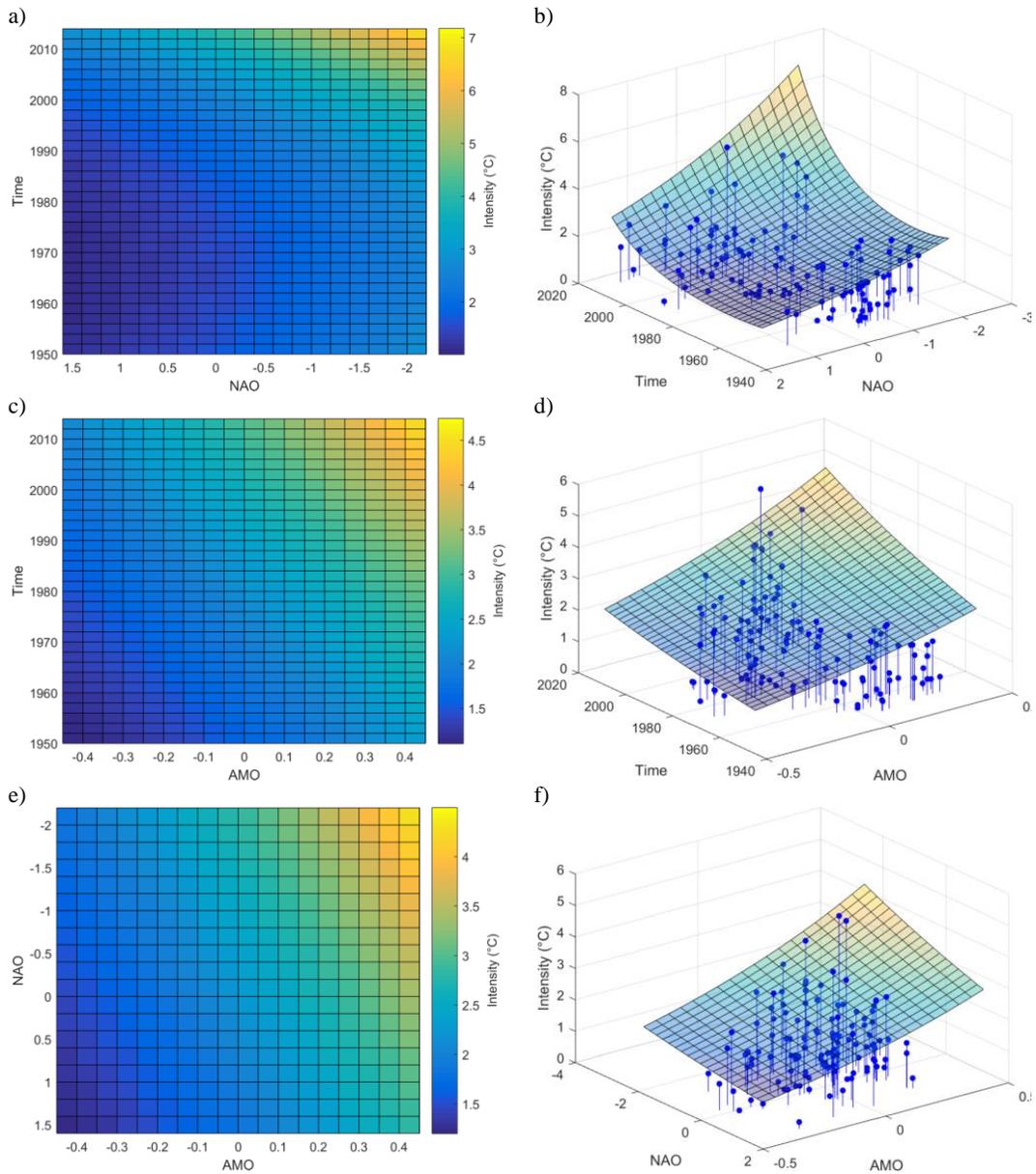


Figure 11. Quantiles corresponding to the nonexceedance probability $p = 0.9$ for the intensity as a function of NAO and Time (a,b), AMO and Time (c,d), and NAO and AMO (e,f).