

Use of the extreme value theory to select and study cardiovascular peaks

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1. Background

Studies focus on **mean events**

Cardiovascular disease: **heart and blood vessel** → In QC, 1st cause of **deaths** and 2nd of **hospitalisations**

Peaks ≠ mean events

- **Health peaks:** extreme values of the sanitary variable
- Less probable and away from the mean values
- Management issues for health network because of their difficulty to predict
- Health peaks require appropriate **statistical treatment**

2. Objectives

Main objective: **health system support**

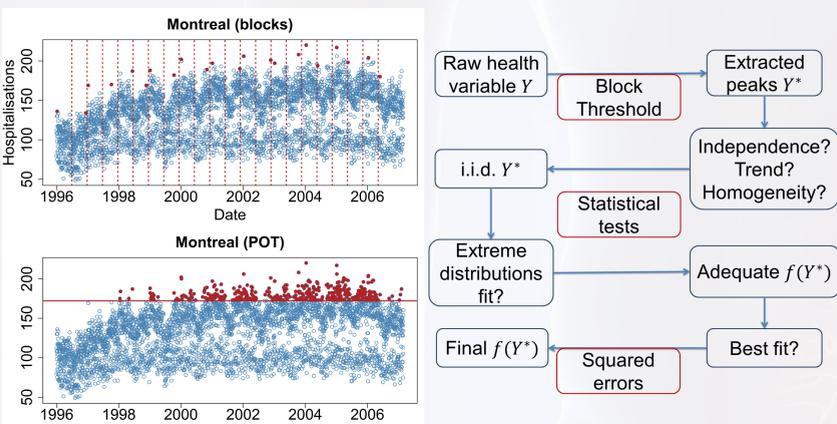
- **Selection** of health peaks with appropriate statistical tools
- **Modeling** and study of health peaks
- Development of an objective methodology

3. Methods

Extreme value theory (EVT)

- How to define peaks?
 - **Blocks**, peaks fitted by the generalized extreme value distribution (GEV)
 - **Peak-over-threshold (POT)**, peaks fitted by the generalized Pareto distribution (GPD)

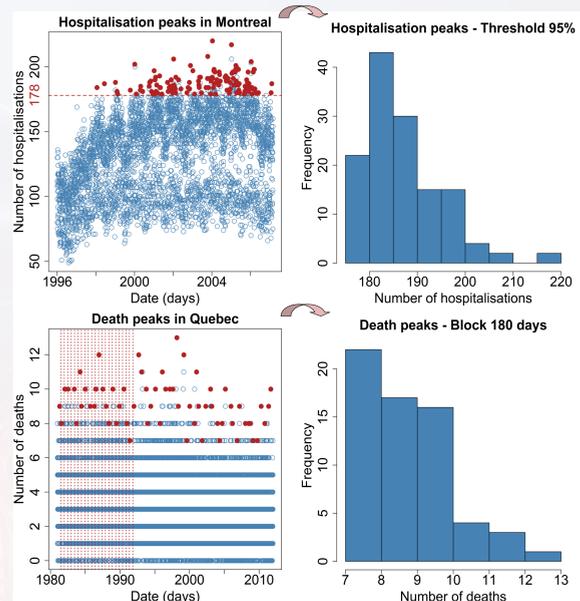
- Different **hypotheses** are tested on extracted peaks
 - No trend (Mann-Kendall MK)
 - Independence (Wald-Wolfowitz WW)
 - Homogeneity (Wilcoxon WX)
- Peaks adequacy to different **extreme distributions** is tested
 - Kolmogorov-Smirnov (KS)
 - Anderson-Darling (AD)
- Best fit → **return level:** mean expected level to be reached or exceeded over a certain period



5. Results

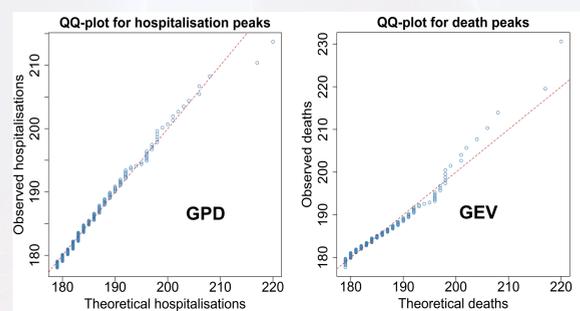
Selected results

- Hospitalisations in Montreal: POT method (threshold 95 %)
- Deaths in Quebec: blocks method (block size 180 days)



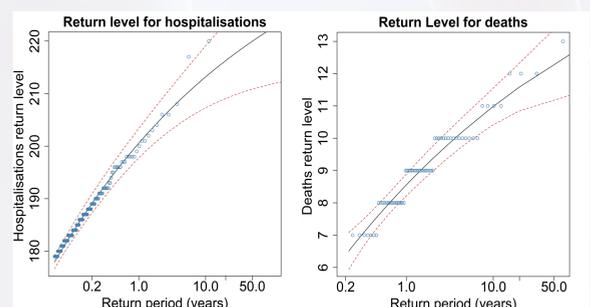
Modeling results

Montreal GPD								
n	EVT hypotheses (p-value)			Estimated parameters			Adequacy (p-value)	
	MK	WW	WX	ξ	$\hat{\mu}$	$\hat{\sigma}$	KS	AD
133	0.13	0.17	0.24	-0.37	13.14		0.45	0.35
Quebec GEV								
n	MK	WW	WX	ξ	$\hat{\mu}$	$\hat{\sigma}$	KS	AD
63	0.01	0.07	0.64	-0.14	8.57	1.23	0.12	0.13



Return levels

- Montreal: **198 hospitalisations** are expected to be reached or exceeded over **1 year**, 212 hospitalisations over 10 years (mean level: 131)
- Quebec: **8 deaths** are expected to be reached or exceeded over **1 year**, 11 deaths over 10 years (mean level: 3)



4. Data

- Daily CVD hospitalisations 1996 to 2006 → n = 4077
- Daily CVD deaths 1981 to 2011 → n = 11322

	Hospitalisations in Montreal	Deaths in Quebec
Minimum	49	0
Maximum	220	13
Mean	131	3



References

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- AghaKouchak, A., Easterling, D., Hsu, K., Schubert, S., & Sorooshian, S. (Eds.). (2012). *Extremes in a changing climate: detection, analysis and uncertainty* (Vol. 65). Springer Science & Business Media.

6. Conclusions

- Return levels are interesting for health institutes management by providing useful information during **peak periods**
- Methodology can be of interest when searching for **external factors** (meteorological conditions, social stress, pollution, etc.)
- Main limitation: **small samples**
- Methodology applicable to other regions or health variables

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