Recovery of *Pseudomonas aeruginosa* culturability following copper- and chlorineinduced stress

Running Title: P. aeruginosa culturability recovery after induced stress

Key words: VBNC, drinking water, internal plumbing, hospital, opportunistic pathogen

Article Type: Research letter

**NonTechnical Summary:** The authors investigated the loss of culturability of *P*. *aeruginosa* in presence of copper and chlorine concentrations typically found in drinking water and demonstrated culturability recovery once stressors were removed.

**Authors**: Emilie Bédard<sup>1,2</sup>, Dominique Charron<sup>2</sup>, Cindy Lalancette<sup>1</sup>, Eric Déziel<sup>1</sup> and Michèle Prévost<sup>2</sup>

Affiliation of authors : <sup>1</sup>Department of Civil Engineering, Polytechnique Montreal, Montreal, Qc, Canada <sup>2</sup>INRS-Institut Armand-Frappier, Laval, Québec, H7V 1B7, Canada

# **Corresponding author:**

Emilie Bédard NSERC Industrial Chair in Drinking Water Polytechnique Montréal P.O. Box 6079 Station Centre-ville Montréal (Qc), Canada H3C 3A7 Tel: 514-340-4711 x3711 Fax: 514-340-5918 Email: Emilie.bedard@polymtl.ca

#### 1 Abstract

2 This study investigated how quickly cells of the opportunistic pathogen *Pseudomonas aeruginosa* 3 recover culturability after exposure to two of the most common environmental stressors present in 4 drinking water, free chlorine and copper ions. Viable but non-culturable (VBNC) P. aeruginosa 5 undetected by direct culturing following exposure to free chlorine or copper ions can survive in 6 drinking water systems, with potential to recover, multiply and regain infectivity. Cells were exposed to copper sulphate (0.25 mg  $Cu^{2+}L^{-1}$ ) or free chlorine (initial dose of 2 mg  $Cl_2 L^{-1}$ ) for 24h. 7 Despite total loss of culturability and a reduction in viability from  $1.2 \times 10^7$  to  $4 \times 10^3$  cells mL<sup>-1</sup> (3.5 8 9 log), cells exposed to chlorine recovered viability quickly after the depletion of free chlorine, while 10 culturability was recovered within 24 hours. Copper ions did not depress viability, but reduced culturability from  $3 \times 10^7$  to  $2.3 \times 10^2$  cells mL<sup>-1</sup> (5.1 log); VBNC cells regained culturability 11 12 immediately after copper ion chelation. A comparison between direct culturing and Pseudalert, a 13 specific enzyme-based assay, was performed. Both detection methods were well correlated in the range of  $10^2$ - $10^{10}$  cells L<sup>-1</sup>. However, correlations between the methods declined after exposure to 14 15 copper ions.

# 16 Introduction

*Pseudomonas aeruginosa* is an important source of nosocomial infections and the most frequently recovered Gram-negative bacterium from patients with nosocomial pneumonia in the USA (Weinstein *et al.*, 2005). For cystic fibrosis patients, it is the primary cause of morbidity (Pier, 2012) and a major predictor of mortality (Emerson *et al.*, 2002). It can also cause bacteraemia, urosepsis and secondary wound infections, including burns infection (Kerr & Snelling, 2009). Sources of transmission are multiple, but water is believed to be an important contributor for the transmission of

*P. aeruginosa* in hospitals (Trautmann *et al.*, 2005). In most intensive care unit outbreaks
investigated, water has been implicated either directly or indirectly (Ferroni *et al.*, 1998, Ehrhardt *et al.*, 2006, Vianelli *et al.*, 2006, Hota *et al.*, 2009, Durojaiye *et al.*, 2011, Yapicioglu *et al.*, 2011,
Schneider *et al.*, 2012). According to recent information, 30 to 50% of *P. aeruginosa* infections in
intensive care units are associated with water (Exner, 2012).

The detection of P. aeruginosa in drinking water presents several challenges, including its 28 29 preference for biofilm vs planktonic state as well as its presence in low and variable concentrations. 30 Moreover, environmental factors such as nutrient-poor conditions and the presence of inhibitors and 31 stressors can lead to a dominance of the viable but non-culturable (VBNC) state. Cells in the VBNC 32 state are still alive and capable of metabolic activity but fail to multiply and grow on routine media 33 on which they would normally grow (Oliver, 2005). A VBNC state has not been typically associated 34 with P. aeruginosa and its presence in environmental samples has not fully been assessed. When 35 monitoring for *P. aeruginosa* at drinking water taps, two main environmental stresses can be present: 36 disinfectant residual and metals ions from plumbing (copper, zinc and lead). Depending on prior 37 stagnation and residual chlorine concentration at the time of sampling, traditional culture methods 38 may fail to reveal the presence of VBNC P. aeruginosa because of the impact of these factors on 39 culturability. This is a well-known phenomenon for Vibrio cholerae in aquatic environments (Xu et 40 al., 1982). The toxicity of copper ions to culturable P. aeruginosa cells has been documented at 41 relatively high concentrations (Teitzel & Parsek, 2003, Harrison et al., 2005, Teitzel et al., 2006, 42 Elguindi *et al.*, 2009). However, the direct relevance of these results to conditions prevailing in 43 drinking water systems is limited because of: (1) the use of growth media or mineral salt solutions in 44 which the availability of toxic free copper ions varies with the level of chelation and binding; and (2) the systematic quenching of copper ions before enumeration. The impact of copper ions on 45

46 culturable and VBNC *P. aeruginosa* was verified in drinking water containing realistic copper 47 concentrations (63.5  $\mu$ g Cu<sup>2+</sup> L<sup>-1</sup>) showing a greater sensitivity to copper ions and an overwhelming 48 effect of added chelators (Moritz *et al.*, 2010). VBNC *P. aeruginosa* cells undetected by culture can 49 survive in the system, and eventually recover and multiply when stressors are removed, e.g. free 50 chlorine depletion during stagnation periods. Furthermore, VBNC cells can also recover cytotoxicity 51 as shown by the reversible VBNC state of suspended *P. aeruginosa* induced by copper ions 52 (Dwidjosiswojo *et al.*, 2011).

The objectives of this study were 1) to estimate the impact of free chlorine and copper ions stresses on culturable and VBNC suspended *P. aeruginosa* cells under conditions representative of internal plumbing, 2) to test a new specific enzymatic activity-based assay for the increased recovery of stressed bacteria and 3) to quantify the recovery of *P. aeruginosa* after stress interruption for both free chlorine and copper ions.

#### 58 Materials and Methods

## 59 Bacterial strain and culture conditions

60 Experiments were performed with *P. aeruginosa* strain PA14 (Lee *et al.*, 2006) grown in Tryptic

61 Soy Broth (Difco, Detroit, USA) overnight at 37 °C. Cells were harvested by centrifugation (3000 x

- g for 30 min), washed twice in sterile 2 mM phosphate buffer, and suspended at a final estimated cell
- 63 density of 5 x  $10^9$  cells mL<sup>-1</sup>.

# 64 **Experimental conditions**

- 65 Sterile polypropylene bottles containing 500 mL of 2 mM phosphate buffer (pH 7.3±0.1) were
- 66 inoculated (final concentration  $10^7$  cells mL<sup>-1</sup>). A control cell suspension was not exposed to free

67 chlorine or copper ions. A chlorine solution was added to inoculated water to obtain an initial free chlorine concentration of 2 mg Cl<sub>2</sub>  $L^{-1}$ . Free chlorine concentrations were measured by the N,N-68 69 diethyl-*p*-phenylenediamine method using a DR5000 spectrophotometer (HACH, USA). Sodium 70 thiosulfate (1%) was added to neutralize chlorine prior to conducting microbiological analysis. 71 Copper sulphate was used as the source of copper ions and was added to the water prior to inoculation (CuSO<sub>4</sub>, final concentration 0.25 mg Cu<sup>2+</sup> L<sup>-1</sup>). Copper ions were chelated after 24 hours 72 73 by the addition of diethyldithiocarbamate (Moritz, 2011). All samples were mixed thoroughly and 74 divided to perform selected analytical methods.

For the enzyme-based assay and culture methods comparison in absence of free chlorine and copper ions, serial dilutions of an early exponential phase bacterial suspension were prepared (1 to  $10^6$  cells mL<sup>-1</sup>).

# 78 Microbiological analysis

79 Culture was performed according to International Organization for Standardization method 80 16266:2006 for *P. aeruginosa* detection and enumeration in water (International Organization for 81 Standardization, 2006). Briefly, three dilutions were done in duplicate for each sample, filtered on a 0.45 µm pore size, 47 mm diameter mixed cellulose ester membrane. The filters were deposited on 82 cetrimide-nalidixic acid agar plates (45.3 g  $L^{-1}$  of Cetrimide Selective Agar (Remel, Lenexa, USA), 83 10 mL L<sup>-1</sup> glycerol (Fisher, Fair Lawn, USA), 0.015 g L<sup>-1</sup> nalidixic acid (Sigma-Aldrich, Steinheim, 84 Germany) and incubated at 37.5°C for 24 h before enumeration. Detection was also performed on 85 86 two sample dilutions using the Pseudalert/QuantiTray2000 (IDEXX, Chicago, USA) according to 87 the manufacturer's instructions. Viable and total cell counts were determined using LIVE/DEAD 88 BacLight Bacterial Viability Kit (Molecular Probes, Eugene, USA) (Boulos et al., 1996). This kit 89 differentiates viable from dead cells using membrane integrity criteria. Total cells are defined as the 90 sum of viable (green) and dead (red) cells (Fig. 1). Briefly, 1 mL of sample or dilution in 0.85%

91 sterile saline solution was mixed with 3 µl of stain (propidium iodide and SYTO9), incubated in the

92 dark for 15 min and filtered on black 0.2 µm pore diameter, 25 mm diameter polycarbonate filter

93 (Millipore, Bedford, USA). Enumeration was done at 1000-fold magnification, with an

94 epifluorescence microscope (Olympus, Tokyo, Japan). VBNC cells were estimated as the difference

95 between the viable and culturable cells.

# 96 Real-time qPCR amplification

97 A volume of 25 mL was filtered through a 0.45 µm pore diameter, 47 mm diameter mixed cellulose 98 ester membrane for DNA extraction performed directly on filters using the bead beating method 99 adapted from Yu & Mohn, 1999. Briefly, the filter was inserted into an extraction tube (Lysing 100 Matrix A, MP Biomedicals, Solon, USA). Extraction buffer containing 50 mM Tris-HCl (pH8), 5 mM EDTA (pH8), 3% sodium dodecyl sulphate and RNase (20 µg mL<sup>-1</sup>, Invitrogen, Carlsbad, 101 USA) was added to each tube prior to the bead beating step performed on a FastPrep-24 (MP 102 103 Biomedicals, Solon, USA), followed by ammonium acetate precipitation (2M, Sigma-Aldrich, 104 St.Louis, USA) and successive cold 70% ethanol washes. Quantification by quantitative polymerase 105 chain reaction (qPCR) was performed on gyrB gene, using primers and probes previously described 106 (Lee *et al.*, 2011). The gyrB gene was chosen for its specificity and sensitivity for *P. aeruginosa*. 107 The following protocol was applied: 10 min initial denaturation at 95 °C followed by 50 cycles with 108 denaturation at 95°C for 30s, annealing and elongation at 60°C for 90 s (Corbett Rotor-Gene 6000, 109 San Francisco, USA). Final reaction volume (20 µl) included 5 µl of DNA, 2X Universal MasterMix 110 (Life Technologies, Foster City, USA) and TaqMan Exogenous Internal Positive Control Reagent 111 (Applied Biosystems, Austin, USA).

#### 112 **Results and Discussion**

The objective was to measure the impact of chlorine-based disinfectant and copper-containing water on the detection of *P. aeruginosa* under environmental conditions and to document its culturability recovery after those stressors were removed. Suspensions of *P. aeruginosa* cells were monitored for up to 8 days, with free chlorine and copper ions present only during the first 24h.

# 117 Effect of chlorine stress on *P. aeruginosa* culturability

118 A representative concentration of free chlorine found in drinking water distribution systems was selected to reach a target concentration of  $< 0.1 \text{ mg Cl}_2 \text{ L}^{-1}$  after 24 h. Figure 2 shows the loss of 119 culturability (final to initial CFU mL<sup>-1</sup>, N/N<sub>0</sub>) of *P. aeruginosa* as a function of exposure to free 120 121 chlorine expressed as the product of concentration and contact time (also expressed as Ct in the 122 literature) observed during the first 24 hours. Similar data at lower exposure to chlorine values 123 reported by Xue et al., 2013 are also presented. Elevated initial rates of apparent inactivation of 124 culturable *P. aeruginosa* by chlorine have been documented in batch and chemostat experiments 125 (Behnke et al., 2011, Xue et al., 2013) showing large reductions (3.5 to 6 log) at initial free chlorine dosage of  $> 1 \text{ mg Cl}_2 \text{ L}^{-1}$ . Results presented in Fig. 2 show a trend of inactivation similar to the one 126 127 obtained by Xue *et al*. The loss of culturability observed in this study increased with exposure to free 128 chlorine (product of concentration and contact time) resulting from low chlorine concentrations 129 maintained over long periods of time (24h). These chlorination conditions are representative of those 130 found in the internal plumbing of buildings of drinking water systems. 131 Cell inactivation (final to initial measured cell count ratio, N/N<sub>0</sub>) as a function of time is shown for 132 the various detection methods in Figure 3a. Despite complete loss of culturability during the 133 exposure to free chlorine and a poor nutrient environment (phosphate-buffered water), recovery of

134 culturability after an additional delay of 24 hours following stress interruption was observed with

135 both CFU-based and enzyme-based detection methods. A decrease in viable counts was also 136 observed during exposure to chlorine (Fig 3a), indicating membrane injury for a large portion of 137 cells. After the onset of chlorination, the majority of cells labelled with LIVE/DEAD stain (total and 138 viable) showed poor fluorescence in the presence of free chlorine, an observation in agreement with the documented loss of DAPI fluorescence after chlorination at 5 mg Cl<sub>2</sub>  $L^{-1}$  (Saby *et al.*, 1997). 139 140 Poor fluorescence was attributed to the inability of the dye to bind to chlorine-modified DNA or to 141 physical damage to the DNA. However, as chlorine concentrations declined over time, a transition in 142 cell marking was observed, from typical red-stained associated with membrane permeabilization to 143 orange and light yellow before reverting to light green (Fig. 1). The dye combination of SYTO9 and 144 PI can detect both inner and outer membrane permeabilization in Gram negative bacteria as detected 145 by flow cytometry, and outer membrane damage can be reversible (Berney et al., 2007). According 146 to Xue et al. 2013, similar intermediate states of binding after chlorination are an indication of 147 reversible cell injury (i.e. enzyme activity or functional group deformation) as opposed to lethal 148 membrane damage. Although it is not possible to confirm the state of the cells showing intermediate 149 staining, the observed trends in viable and cultivable cells provide evidence that most cells can 150 survive and regrow rapidly after the dissipation of free chlorine. This is clearly observed for VBNC 151 cells after 24 hours, corresponding to the loss of significant concentration in free chlorine (Fig. 3a). 152 qPCR results show a decrease within the first hours of contact time with free chlorine, but revert to 153 levels comparable to total cell counts obtained by LIVE/DEAD staining after 24 h.

These results are highly relevant to conditions prevailing in drinking water distribution systems. The levelling off of the inactivation curves observed in disinfection studies show that a significant fraction of suspended bacteria can breakthrough primary disinfection and enter the distribution system (Behnke *et al.*, 2011, Xue *et al.*, 2013). Secondary disinfection conditions are not sufficient

8

158 to completely inactivate suspended or clustered cells as free chlorine concentrations decline

159 progressively with water age (Rossman *et al.*, 1994). Internal plumbing in large buildings offer

160 highly favorable conditions for biofilm development because of the large surface area provided by

161 small diameter pipes and corrosion, long residence times including dead-end sections and

162 disinfectant consumption (Prévost et al., 1997). A significant fraction of chlorine-injured cells in the

163 present study are still viable but unlikely to be detected by standard culture methods.

# 164 Effect of copper ions stress on *P. aeruginosa* culturability

165 The current World Health Organization guideline value for copper concentrations in drinking water is set at 2 mg Cu<sup>2+</sup> L<sup>-1</sup> (World Health Organization, 2008). In the United States, the Environmental 166 Protection Agency fixed the maximum contaminant level goal for copper at 1.3 mg Cu<sup>2+</sup> L<sup>-1</sup> (United 167 168 States Environmental Protection Agency, 2009). California has the lowest recommended level with an established public health goal of 0.3 mg  $L^{-1}$  (California Environmental Protection Agency *et al.*, 169 2008). In the present study, copper stress was evaluated by adding 0.25 mg  $Cu^{2+}L^{-1}$ , representative 170 171 of concentrations found in internal plumbing of large buildings in the study area (data not shown) and meeting recommended levels in drinking water. P. aeruginosa counts dropped from  $3 \times 10^7$  to 172  $2.3 \times 10^{1}$  CFU mL<sup>-1</sup> (6.1 log) in culture and from  $2.9 \times 10^{7}$  to  $1.6 \times 10^{2}$  MPN mL<sup>-1</sup> (4.7 log) as measured 173 174 by the enzyme-based method within 2 hours of exposure to copper ions (Fig. 3b). These results agree 175 with prior reports of steep decline in culturable P. aeruginosa and persistence of a resistant sub-176 population at lower copper ions levels (Teitzel & Parsek, 2003, Huang et al., 2008, Dwidjosiswojo et 177 al., 2011). Unlike free chlorine, ionic copper did not affect viability and no transition period was 178 observed with fluorescent staining (suggesting the absence of significant membrane 179 permeabilization, data not shown). Results obtained by qPCR were constant throughout the 180 experiment and comparable with total cell count. Copper ions were neutralized after 24 hours of

contact time by adding a chelating agent (100 µM diethyldithiocarbamate) that was demonstrated to 181 182 have no inhibitory impact (data not shown). The quenching resulted in recovery of culturability 183 within 3 days, with cell densities approaching initial concentrations. No measurable changes in total 184 or viable cell counts were noted, minimizing the importance of cell multiplication in the apparent 185 recovery of culturability of *P. aeruginosa* although some contribution from surviving cells is 186 possible. These results are in agreement with a previous study documenting the reversible inhibition 187 of *P. aeruginosa* culturability by copper ions (Dwidjosiswojo *et al.*, 2011). Slightly higher losses of culturable cells (from  $10^6$  CFU mL<sup>-1</sup> to below detection limit) than those observed here (were 188 reported following exposure of an environmental strain of *P. aeruginosa* to 0.635 mg  $Cu^{2+}L^{-1}$ 189 190 copper, with complete recovery in 14 days (Dwidjosiswojo et al., 2011). 191 These results have significant implications for monitoring *P. aeruginosa* in drinking water of health 192 care establishments because of the presence of copper in internal plumbing. While newer copper 193 piping might inhibit *P. aeruginosa* attachment initially, passivation of the material results in biofilm 194 colonization after 1 or 2 years of utilization (Critchley et al., 2001, van der Kooij et al., 2005). 195 Although the main source of copper in water is piping, brass present in valves, faucets, meters, and 196 fittings can also leach copper in water during stagnation. In spite of the impact of brass elements, 197 environmental conditions in the volume of water contained in the tap and its connecting pipe (< 50198 mL) are most favorable to culturable state. Indeed, copper concentrations will be lower than in the 199 connecting copper piping and free chlorine will be depleted. Therefore, the selection of sampling 200 volumes carries direct implications for culturability and the interpretation of monitoring results. 201 Recommended and typical sampling volumes vary between 50 mL and 500 mL (Ferroni et al., 1998, 202 Trautmann et al., 2001, Chaberny & Gastmeier, 2004, Department of Health (DH), 2013), large 203 enough to include water from the connecting pipe containing potentially high copper concentration.

204 Cells from the initial stagnant volume would then be exposed to enough copper to enter a VBNC

state, potentially leading to cell count underestimation when using standard culture methods.

206 Bacteria collected in copper-rich water continue to be exposed to this inhibitor until processing for

207 detection (up to 24 h), unless sufficient quencher or chelating agent are added.

# Impact of free chlorine and copper ions stresses on enzyme-based detection compared to culture method

210 Pseudalert is a new enzyme-based assay used to provide a quick response detection of *P. aeruginosa* 211 currently applied to pools, spas and bottled water. It is based on the same platform as Colilert, a US 212 Environmental Protection Agency-approved kit used for the detection of *Escherichia coli*. The 213 enzyme-based assay for *P. aeruginosa* offers an attractive alternative to culture and is currently 214 undergoing validation for monitoring of P. aeruginosa at water points of use in healthcare 215 establishments. Technical data from the manufacturer and recent publications provide information 216 on the positive correlation with culture enumerations in pool samples and bottled water (Idexx 217 Laboratories, 2010 a, b, Mannisto 2012, Semproni et al. 2014). However, the influence of direct 218 exposure to free chlorine or copper ions stress on the performance of the test has not been 219 documented in drinking water on a wide range of cell concentrations. 220 Figure 4 shows that paired measurements for a control culture in early exponential phase using direct

culturing and the enzyme-based methods are highly correlated ( $R^2 = 0.99$ , n = 24) as confirmed by

the 95% prediction interval (Fig. S1a). This correlation is observed over a wide range of

223 concentrations and remains in agreement with the previously published dataset on pool and spa

water samples ( $R^2 = 0.95$ , n = 14) established with lower detected concentrations of *P. aeruginosa* 

225 (Idexx Laboratories, 2010 a). Overall, results obtained by the enzyme-based assay led to slightly

higher estimates than direct culturing with a positive bias of 7% (Fig. 4).

227 Figure 5 presents paired measurements by enzyme-based assay and culture methods on stressed cells. Exposure to free chlorine did not modify the correlation observed in the absence of stress ( $R^2 =$ 228 229 0.99) (Fig 5). The 95% prediction intervals on the log transformed data without a forced intercept 230 confirms that chlorine exposure does not modify the correlation between the enzyme-based and the 231 culture results (Fig. S1a and b). However, for copper ion induced stress conditions, an apparent 232 scatter from the regression line is noted (Fig. 5) and the 95% prediction interval on the log 233 transformed data without a forced intercept clearly shows the poor correlation in the presence of 0.25 mg  $Cu^{2+} mL^{-1}$  (Fig. S1c). As no interference with the reagent was observed (data not shown), the 234 235 increased response of the enzymatic assay may be attributed to the interference of copper ions with 236 the enzymatic hydrolysis of the substrate, possibly because of the enhanced production of the 237 targeted enzyme (Teitzel et al., 2006).

#### 238 Implications for environmental monitoring

239 Culture-based methods are most commonly prescribed to monitor P. aeruginosa, and standards and 240 guidelines in drinking water and clinical settings are still almost entirely expressed in CFU mL<sup>-1</sup>. 241 Results obtained in this study demonstrate the presence of viable *P. aeruginosa* cells in some water 242 samples that would not be detected by standard plate count culturing or by an enzyme-based assay 243 due to prior exposure to free chlorine or copper ion stress, a common situation within internal 244 plumbing. Residual chlorine is often detected in municipal cold water and standard sampling 245 protocols recommend the addition of sodium thiosulfate to neutralize residual chlorine upon sample 246 collection (American Public Health Association (APHA) et al., 2012). Even with neutralization, 247 bacteria previously exposed to free chlorine may not fully recover culturability before the start of 248 culture, as samples are processed within 24h of sampling. Resulting counts may then be an 249 underestimation, providing a false sense of security. The comparison of results from culture and the

250 enzymatic assay suggest a greater sensitivity of the enzymatic assay that, coupled with the quicker 251 response time (< 26 hours), may provide additional surveillance value and contribute to prevention. 252 Results of this study reveal the presence of a large proportion of VBNC cells in the presence of 253 common environmental stressors such as free chlorine and copper ions. It was shown that P. 254 *aeruginosa* exposed to chlorine and copper ions are unlikely to be measured by standard culture 255 methods, or even newer quicker response methods based on enzymatic reactions. This raises the 256 question of the sanitary significance of the presence of *P. aeruginosa* in a VBNC state. Although 257 some cells in the VBNC state are avirulent, the potential for VBNC cells to become infectious once 258 resuscitated has been clearly documented (Oliver, 2010, Dwidjosiswojo et al., 2011). Conditions and 259 time lag for such resuscitation vary greatly, and the time of recovery in nutrient-rich environments 260 such as a sink drain or susceptible host is poorly documented. As disinfectant residuals are not stable 261 or are often absent in internal plumbing, VBNC cells could regain culturability and infectivity 262 between sampling events. Copper ion concentrations in large building drinking water systems can 263 reach and surpass 0.25 mg L<sup>-1</sup>. This is especially the case in large buildings such as hospitals, where 264 copper is a commonly used pipe material and stagnation between uses can lead to elevated copper 265 concentrations. These results also highlight the need to revisit the evaluation of Cu-Ag based-266 disinfection methods efficacy. Moreover, they highlight the importance of using an appropriate 267 monitoring protocol, including sampling volume, sample treatment and analytical method to assess 268 the risks to which patients are directly or indirectly exposed.

269 On the other hand, the use of qPCR as routine monitoring in hospitals is still infrequent. The main 270 drawback cited against its wide use is its inability to distinguish between viable and dead cells, as all 271 intact DNA can be amplified. Nevertheless, qPCR can still be used as a monitoring tool, especially 272 to interpret changes to the baseline values in a drinking water system. Clearly, an increase in the

13

qPCR signal indicates cell multiplication and proactive action could be taken to resolve the issue before it is detected by culture methods. In critical situation, this approach could complement culture and enzymatic methods and help reduce the risk associated with the presence of *P. aeruginosa* in water. Viability PCR is being developed, where an intercalating dye prevents the amplification of DNA in membrane compromised dead cells, but it still suffers from practical limitations. Given the demonstration of the potential of VBNC cells to regain virulence, viability PCR holds great promise for future monitoring improvements.

# 280 Acknowledgements

- Authors would like to thank Jacinthe Mailly, Julie Philibert and Mélanie Rivard for their technical
- support. This work was funded by the NSERC Industrial Drinking Water Chair of Ecole
- 283 Polytechnique and industrial partners. ED holds a Canada Research Chair.

# 284 **References**

- 285 American Public Health Association (APHA), American Water Works Association (AWWA) &
- 286 Water Environment Federation (WEF) (2012) Standard methods for the examination of water and
- 287 *wastewater*. American Public Health Association, Washington, D.C.
- 288 Behnke S, Parker AE, Woodall D & Camper AK (2011) Comparing the chlorine disinfection of
- 289 detached biofilm clusters with sessile biofilms and planktonic cells in single and dual species
- 290 cultures. *Appl Environ Microbiol.* **77**: 7176-7184.

- 291 Boulos L, Prévost M, Barbeau B, Coallier J & Desjardins R (1999) LIVE/DEAD<sup>®</sup> BacLight<sup>TM</sup>:
- application of a new rapid staining method for direct enumeration of viable and total bacteria in
- 293 drinking water. J Microbiol Meth 37: 77-86.
- California Environmental Protection Agency, Pesticide and Environmental Toxicology Branch &
  Office of Environmental Health Hazard Assessment (2008) Public health goals for copper in
  drinking water. California.
- 297 Chaberny IF & Gastmeier P (2004) Should electronic faucets be recommended in hospitals? *Infect*298 *Contr Hosp Ep* 25: 997-1000.
- 299 Critchley MM, Cromar NJ, McClure N & Fallowfield HJ (2001) Biofilms and microbially
- 300 influenced cuprosolvency in domestic copper plumbing systems. *J Appl Microbiol* **91**: 646-651.
- 301 Department of Health (DH), Government of Great Britain (2013) Water systems : HTM 04-01:
- 302 Addendum. *Pseudomonas aeruginosa* advice for augmented care units.
- 303 Durojaiye OC, Carbarns N, Murray S & Majumdar S (2011) Outbreak of multidrug-resistant
- 304 *Pseudomonas aeruginosa* in an intensive care unit. *J Hosp Infect* **78**: 154-155.
- 305 Dwidjosiswojo Z, Richard J, Moritz MM, Dopp E, Flemming H-C & Wingender J (2011) Influence
- 306 of copper ions on the viability and cytotoxicity of *Pseudomonas aeruginosa* under conditions
- 307 relevant to drinking water environments. *Int J Hyg Environ Health* **214**: 485-492.
- 308 Ehrhardt D, Terashita D & English T (2006) An outbreak of Pseudomonas aeruginosa in neonatal
- 309 intensive care unit, Los Angeles County, 2006. Acute communicable disease control program,
- 310 Special Studies Report 2006.

- Elguindi J, Wagner J & Rensing C (2009) Genes involved in copper resistance influence survival of *Pseudomonas aeruginosa* on copper surfaces. *J Appl Microbiol* 106: 1448-1455.
- 313 Emerson J, Rosenfeld M, McNamara S, Ramsey BW & Gibson RL (2002) Pseudomonas aeruginosa
- and other predictors of mortality and morbidity in young children with cystic fibrosis. *Pediatr Pulm*315 34: 91-100.
- 316 Exner M (2012) Wasser als Infektionsquelle : Leitungswasser: Klar und sauber? *Heilberufe* 64: 24317 27.
- 318 Ferroni A, Nguyen L, Pron B, Quesne G, Brusset M-C & Berche P (1998) Outbreak of nosocomial
- 319 urinary tract infections due to *Pseudomonas aeruginosa* in a paediatric surgical unit associated with
- 320 tap-water contamination. J Hosp Infect **39**: 301-307.
- 321 Harrison JJ, Turner RJ & Ceri H (2005) Persister cells, the biofilm matrix and tolerance to metal
- 322 cations in biofilm and planktonic *Pseudomonas aeruginosa*. Environ Microbiol 7: 981-994.
- 323 Hota S, Hirji Z, Stockton K, Lemieux C, Dedier H, Wolfaardt G & Gardam MA (2009) Outbreak of
- 324 multidrug-resistant *Pseudomonas aeruginosa* colonization and infection secondary to imperfect
- intensive care unit room design. *Infect Contr Hosp Ep* **30**: 25-33.
- 326 Huang H-I, Shih H-Y, Lee C-M, Yang TC, Lay J-J & Lin YE (2008) In vitro efficacy of copper and
- 327 silver ions in eradicating *Pseudomonas aeruginosa*, *Stenotrophomonas maltophilia* and
- 328 Acinetobacter baumannii: implications for on-site disinfection for hospital infection control. Water

329 *Res* **42**: 73-80.

Idexx Laboratories (2010a) Comparison of the performance of the IDEXX Pseudalert\* test against
 the EN ISO 16266:2008 method at recovering confirmed *Pseudomonas aeruginosa* from pool/spa

332 water samples.

333 Idexx Laboratories (2010b) Comparison of the performance of the IDEXX Pseudalert test against

334 SM 9213E at recovering confirmed *Pseudomonas aeruginos*a from pool/spa water samples.

335 International Standard Organization (2006) ISO 16266:2006 Water quality - Detection and

an enumeration of Pseudomonas aeruginosa - Method by membrane filtration.

337 Kerr KG & Snelling AM (2009) *Pseudomonas aeruginosa*: a formidable and ever-present adversary.

338 J Hosp Infect **73**: 338-344.

Lee CS, Wetzel K, Buckley T, Wozniak D & Lee J (2011) Rapid and sensitive detection of

340 Pseudomonas aeruginosa in chlorinated water and aerosols targeting gyrB gene using real-time

341 PCR. J Appl Microbiol 111: 893-903.

Lee DG, Urbach JM, Wu G, *et al.* (2006) Genomic analysis reveals that *Pseudomonas aeruginosa*virulence is combinatorial. *Genome biol* 7: R90.

344 Mannisto A (2012) Applicability of rapid methods for controlling *Pseudomonas* and chlorine in

345 swimming pool water.Undergraduate Thesis, Satakunta University of Applied Sciences, Finland.

346 Moritz MM (2011) Integration of hygienically relevant bacteria in drinking water biofilms grown on

347 domestic plumbing materials. PhD Thesis, Universität Duisburg-Essen, Germany.

- 348 Moritz MM, Flemming HC & Wingender J (2010) Integration of Pseudomonas aeruginosa and
- 349 Legionella pneumophila in drinking water biofilms grown on domestic plumbing materials. Int J
- 350 *Hyg Environ Health* **213**: 190-197.
- 351 Oliver JD (2005) The viable but nonculturable state in bacteria. *J Microbiol* **43**: 93-100.
- Oliver JD (2010) Recent findings on the viable but nonculturable state in pathogenic bacteria. *FEMS Microbiol Rev* 34 : 415-425.
- 354 Pier GB (2012) The challenges and promises of new therapies for cystic fibrosis. *J Exp Med* 209:
  355 1235-1239.
- Prévost M, Rompré A, Baribeau H, Coallier J & Lafrance P (1997) Service lines: their effect on
  microbiological quality. *J Am Water Works Assoc* 89: 78-91.
- Rossman LA, Clark RM & Grayman WM (1994) Modeling chlorine residuals in drinking-water
  distribution systems. *J Environ Eng* 120: 803-820.
- Saby S, Sibille I, Mathieu L, Paquin JL & Block J-C (1997) Influence of water chlorination on the
  counting of bacteria with DAPI (4',6-diamidino-2-pheny lindole). *Appl Environ Microbiol* 63: 15641569.
- 363 Schneider H, Geginat G, Hogardt M, Kramer A, Durken M, Schroten H & Tenenbaum T (2012)
- 364 *Pseudomonas aeruginosa* outbreak in a pediatric oncology care unit caused by an errant water jet
- into contaminated siphons. *Pediatr Infect Dis J* **31**: 648-650.
- 366 Semproni M, Briancesco R, Giampaoli S, Gianfranceschi G, Paradiso R, Romano Spica V, Valeriani
- 367 F & Bonadonna, L (2014) Confronto di metodi colturali per il rilevamento di Pseudomonas

- *aeruginosa* : il metodo di reiferimento UNI EN ISO 16266 e il metodo alternativo Pseudalert ®, *Annali di igiene*, 26, 110-118.
- 370 Teitzel GM & Parsek MR (2003) Heavy metal resistance of biofilm and planktonic *Pseudomonas*371 *aeruginosa. Appl Environ Microbiol* 69: 2313-2320.
- 372 Teitzel GM, Geddie A, De Long SK, Kirisits MJ, Whiteley M & Parsek MR (2006) Survival and

373 growth in the presence of elevated copper: transcriptional profiling of copper-stressed *Pseudomonas*374 *aeruginosa. J Bacteriol* 188: 7242-7256.

Trautmann M, Lepper PM & Haller M (2005) Ecology of *Pseudomonas aeruginosa* in the intensive
care unit and the evolving role of water outlets as a reservoir of the organism. *Am J Infect Control* **33**: S41-S49.

378 Trautmann M, Michalsky T, Wiedeck H, Radosavljevic V & Ruhnke M (2001) Tap water

379 colonization with *Pseudomonas aeruginosa* in a surgical intensive care unit (ICU) and relation to

380 *Pseudomonas* infections of ICU patients. *Infect Cont and Hosp Ep* 22: 49-52.

- 381 United States Environmental Protection Agency (USEPA) (2009) National recommended water
- 382 quality criteria. Office of Water, Office of Science and Technology (4304T), Washington, DC, USA.
- 383 van der Kooij D, Veenendaal HR & Scheffer WJH (2005) Biofilm formation and multiplication of
- 384 Legionella in a model warm water system with pipes of copper, stainless steel and cross-linked
- 385 polyethylene. *Water Res* **39**: 2789-2798.
- 386 Vianelli N, Giannini MB, Quarti C, et al. (2006) Resolution of a Pseudomonas aeruginosa outbreak
- in a hematology unit with the use of disposable sterile water filters. *Haematologica* **91**: 983-985.

- Weinstein RA, Gaynes R, Edwards JR & System NNIS (2005) Overview of Nosocomial Infections
  Caused by Gram-Negative Bacilli. *Clin Infect Dis* 41: 848-854.
- 390 World Health Organization (WHO) (2008) Guidelines for drinking water-quality. Third Edition
- 391 incorporating the First and Second addenda Edition (Volume 1). Recommendations. Geneva,
- 392 Switzerland.
- 393 Xu H-S, Roberts N, Singleton FL, Attwell RW, Grimes DJ & Colwell RR (1982) Survival and
- 394 viability of Nonculturable *Escherichia coli* and *Vibrio cholerae* in the estuarine and marine
- and the second s
- 396 Xue Z, Hessler CM, Panmanee W, Hassett DJ & Seo Y (2013) Pseudomonas aeruginosa
- 397 inactivation mechanism is affected by capsular extracellular polymeric substances reactivity with
- 398 chlorine and monochloramine. *FEMS Microbiol Ecol* **83**: 101-111.
- 399 Yapicioglu H, Gokmen TG, Yildizdas D, et al. (2011) Pseudomonas aeruginosa infections due to
- 400 electronic faucets in a neonatal intensive care unit. *J Paediatr Child H* **57**: 157-164.
- 401 Yu Z & Mohn WW (1999) Killing two birds with one stone: simultaneous extraction of DNA and
- 402 RNA from activated sludge biomass. *Can J of Microbiol* **45**: 269-272.
- 403

#### 404 **Figure legends**

Fig. 1. LIVE/DEAD stained *P. aeruginosa* PA14 in buffered sterile water (pH = 7.3) for various contact times after chlorination illustrating the transient cell marking observed: green prior to

407 chlorination (a), red at t = 0.5 h (b), faded yellow at t = 48 h (c), light green t = 96 h (d) and green at 408 t = 192 h (e). Green cells represent viable cells and red cells represent dead cells.

409 Fig. 2. Loss of culturability for *P. aeruginosa* PAO1 (Xue *et al.* 2013) and PA14 (this study)

410 assessed by culture method (final to initial CFU mL<sup>-1</sup> ratio, N/N<sub>0</sub>) as a function of free chlorine

411 concentration (mg  $Cl_2 \cdot L^{-1}$ ) and contact time (min) product expressed as Ct. Error bars for this study

412 indicate standard deviation.

413 Fig. 3. Cell survival of *P. aeruginosa* PA14 in buffered sterile water (pH = 7.3) as a function of time elapsed after application of 2.0 mg  $Cl_2 L^{-1}$  of free chlorine (a) and 4  $\mu$ M copper ions (b). Cell 414 415 survival is expressed as the logarithm of  $N/N_0$ , where  $N_0$  is the initial cell count and N is the cell count at sampling time. Enumeration was done by culture ( $\blacktriangle$ , CFU·ml<sup>-1</sup>), enzyme-based assay ( $\triangle$ , 416 MPN·ml<sup>-1</sup>), qPCR (X, genomic units·L<sup>-1</sup>) and LIVE/DEAD staining ( $\Diamond$ , viable cells and  $\blacklozenge$ , total 417 418 cells). Viable cells are defined as cells with membrane integrity and total cells as the sum of viable 419 and dead cells. Error bars indicate standard deviation (n = 3). Free chlorine concentration decay ( $\bullet$ ) and copper ion concentration (°) are presented on the secondary y axis. Copper ions were chelated 420 with diethyldithiocarbamate at t = 24 h (b). 421

422 **Fig. 4.** *P. aeruginosa* PA14 cells concentrations suspended in buffered sterile water measured by 423 enzyme-based assay in Most Probable Number (MPN)  $\cdot$ mL<sup>-1</sup> and standard culture methods in 424 CFU $\cdot$ mL<sup>-1</sup> (n = 24; y = 1.07 x; R<sup>2</sup> = 0.995). Error bars indicate 95% confidence range for MPN and 425 standard deviation for culture.

426 **Fig. 5.** *P. aeruginosa* PA14 cells concentrations measured by the enzyme-based assay in Most

427 Probable Number (MPN)  $\cdot mL^{-1}$  and standard culture methods in CFU $\cdot mL^{-1}$  in presence of 2 mg L<sup>-1</sup>

428 initial chlorine concentration (•, n = 7; y = 0.99 x; R<sup>2</sup> = 0.99) and 4  $\mu$ M copper ( $\circ$ , n = 7).